

12:00 PM Race 1 Record 10.5, Amelia Reynolds, Newport, 2009

Pos	Bib	T2 - 75m U11G	Club	Perf.
1	560	Chloe Hughes	Deeside AAC	10.7
2	558	Neve Evans	Wrexham AC	11.1
3	506	Fern Davies	Colwyn Bay AC	12.1
4	513	Tesni Roberts	Menai T&F	13.1

12:00 PM Race 2 Record 10.5, Amelia Reynolds, Newport, 2009

Pos	Bib	T2A - 75m U11G	Club	Perf.
1	517	Cari Hughes	Menai T&F	11.6
2	508	Bethan Yates	Colwyn Bay AC	12.0
3	566	Millie Williams	Deeside AAC	12.0
4	556	Lisa Davies	Wrexham AC	12.1

12:00 PM Race 3 Record 10.5, Amelia Reynolds, Newport, 2009

Pos	Bib	T2B - 75m U11G	Club	Perf.
1	507	Bethan Roberts	Colwyn Bay AC	12.0
2	575	Erin Parry	Deeside AAC	12.5
3	557	Sian Williams	Wrexham AC	13.1
4	516	Tia Riddings	Menai T&F	13.1

12:00 PM Race 4 Record 10.5, Amelia Reynolds, Newport, 2009

Pos	Bib	T2C - 75m U11G	Club	Perf.
1	564	Molly Gregorious	Deeside AAC	11.9
2	570	Rachel Swash	Deeside AAC	12.6
3	576	Tia Williams	Deeside AAC	12.7
4	514	Cara Pritchard Evans	Menai T&F	13.0
5	515	Luned Williams	Menai T&F	13.2

3:00 PM Race 1 Record 21.6, Amelia Reynolds, Newport, 2009

Pos	Bib	T20 - 150m U11G	Club	Perf.
1	560	Chloe Hughes	Deeside AAC	21.8
2	558	Neve Evans	Wrexham AC	22.3
3	517	Cari Hughes	Menai T&F	23.6
4	506	Fern Davies	Colwyn Bay AC	24.8

3:00 PM Race 2 Record 21.6, Amelia Reynolds, Newport, 2009

Pos	Bib	T20A - 150m U11G	Club	Perf.
1	563	Charlotte Walters	Deeside AAC	24.1
2	507	Bethan Roberts	Colwyn Bay AC	24.4
3	556	Lisa Davies	Wrexham AC	24.5
4	515	Luned Williams	Menai T&F	27.7

3:00 PM Race 3 Record 21.6, Amelia Reynolds, Newport, 2009

Pos	Bib	T20B - 150m U11G	Club	Perf.
1	566	Millie Williams	Deeside AAC	24.3
2	508	Bethan Yates	Colwyn Bay AC	25.4
3	557	Sian Williams	Wrexham AC	26.1
4	574	Abbie Prosser	Deeside AAC	24.7
5	575	Erin Parry	Deeside AAC	25.3
6	570	Rachel Swash	Deeside AAC	25.3
7	569	Georgina Hardy	Deeside AAC	27.6

1:10 PM Race 1 Record 2.50.9, Emma Lighthart, Newport, 2009

Pos	Bib	T10 - 800m U11G	Club	Perf.
1	517	Cari Hughes	Menai T&F	2:46.00
2	574	Abbie Prosser	Deeside AAC	2:53.40
3	506	Fern Davies	Colwyn Bay AC	2:54.50
4	563	Charlotte Walters	Deeside AAC	3:00.20
5	507	Bethan Roberts	Colwyn Bay AC	3:06.90
6	573	Martha Owen	Deeside AAC	3:17.40
7	569	Georgina Hardy	Deeside AAC	3:28.80
8	564	Molly Gregorious	Deeside AAC	3:35.70

4:20 PM Record 64.3, Team, Newport, 2009

Pos	Bib	T30 - 4 x 100 relay U11G	Club	Perf.
1	605	U11G RELAY SCORING TEAM	Deeside AAC	62.3
2	607	U11G RELAY SCORING TEAM	Menai T&F	66.8

4:20 PM

Pos	Bib	T30A - 4 x 100 Guest Relay U11G	Club	Perf.
1	644	U11G RELAY NON SCORING TEAM	Wrexham AC	66.0
2	626	U11G RELAY NON SCORING TEAM	Deeside	69.2

12:05 PM Race 1 Record 11.2, Tyrone Tucker-Dixon, Newport, 2009

Pos	Bib	T3 - 75m U11B	Club	Perf.
1	518	Elis Roberts	Menai T&F	10.8
2	153	Shane Russell	Deeside AAC	11.6
3	509	Michael Roberts	Colwyn Bay AC	11.8
4	551	Alex Holden	Wrexham AC	13.1

12:05 PM Race 2 Record 11.3, Tyrone Tucker-Dixon, Newport, 2009

Pos	Bib	T3A - 75m U11B	Club	Perf.
1	519	Ryan Williams	Menai T&F	11.9
2	511	Jack Nash	Colwyn Bay AC	12.3
3	578	Oliver Matthews	Deeside AAC	12.6

12:05 PM Race 3 Record 11.3, Tyrone Tucker-Dixon, Newport, 2009

Pos	Bib	T3B - 75m U11B	Club	Perf.
1	127	Rhys Bennett	Deeside AAC	12.3
2	510	Josh Ablett	Colwyn Bay AC	12.7
3	547	Dion Tewson	Menai T&F	13.1

12:05 PM Race 4 Record 11.3, Tyrone Tucker-Dixon, Newport, 2009

Pos	Bib	T3C - 75m U11B	Club	Perf.
1	549	Osian Jones	Menai T&F	12.3
2	152	Harry Robinson	Deeside AAC	12.3
3	512	Luke Duncalf	Colwyn Bay AC	12.4

3:05 PM Race 1 Record 23.1, Tyrone Tucker-Dixon, Newport, 2009

Pos	Bib	T21 - 150m U11B	Club	Perf.
1	518	Elis Roberts	Menai T&F	21.7
2	130	Mitchel Thomas	Deeside AAC	23.5
3	509	Michael Roberts	Colwyn Bay AC	24.7
4	550	Camaran Thorold	Wrexham AC	27.7

3:05 PM Race 2 Record 23.8, Tyrone Tucker-Dixon, Newport, 2009

Pos	Bib	T21A - 150m U11B	Club	Perf.
1	519	Ryan Williams	Menai T&F	24.7
2	511	Jack Nash	Colwyn Bay AC	25.7
3	551	Alex Holden	Wrexham AC	26.2
4	152	Harry Robinson	Deeside AAC	26.6

3:05 PM Race 3 Record 23.8, Tyrone Tucker-Dixon, Newport, 2009

Pos	Bib	T21B - 150m U11B	Club	Perf.
1	548	Hari Pritchard Evans	Menai T&F	24.3
2	549	Osian Jones	Menai T&F	25.1
3	510	Josh Ablett	Colwyn Bay AC	26.3
4	579	Lewis Hardy	Deeside AAC	26.9
5	512	Luke Duncalf	Colwyn Bay AC	26.9

1:20 PM Race 1

Record 2.43.9, Carwyn Penny, Newport, 2009

Pos	Bib	T11 - 800m U11B	Club	Perf.
1	548	Hari Pritchard Evans	Menai T&F	2:40.00
2	509	Michael Roberts	Colwyn Bay AC	2:41.50
3	127	Rhys Bennett	Deeside AAC	2:44.40
4	130	Mitchel Thomas	Deeside AAC	2:46.60
5	520	Ryan Cane	Menai T&F	2:58.00
6	510	Josh Ablett	Colwyn Bay AC	3:00.00
7	512	Luke Duncalf	Colwyn Bay AC	3:00.20
8	579	Lewis Hardy	Deeside AAC	3:03.00
9	578	Oliver Matthews	Deeside AAC	3:06.30

4:35 PM

Record 68.7, , Hereford, 2009

Pos	Bib	T33 - 4 x 100 relay U11B	Club	Perf.
1	603	U11B RELAY SCORING TEAM	Menai T&F	62.4
2	601	U11B RELAY SCORING TEAM	Deeside AAC	66.5
3	602	U11B RELAY SCORING TEAM	Colwyn Bay AC	66.8

3:40 PM**Record 3.57, Amelia Reynolds, Newport, 2009**

Pos	Bib	F27 - Long Jump U11G	Club	Perf.
1	560	Chloe Hughes	Deeside AAC	3.68
2	558	Neve Evans	Wrexham AC	3.35
3	563	Charlotte Walters	Deeside AAC	3.26
4	574	Abbie Prosser	Deeside AAC	3.16
5	513	Tesni Roberts	Menai T&F	3.06
6	516	Tia Riddings	Menai T&F	3.05
7	564	Molly Gregorious	Deeside AAC	2.99
8	508	Bethan Yates	Colwyn Bay AC	2.92
9	557	Sian Williams	Wrexham AC	2.71
10	556	Lisa Davies	Wrexham AC	2.44
11	514	Cara Pritchard Evans	Menai T&F	2.31
12	515	Luned Williams	Menai T&F	1.85

1:10 PM**Record 5.39, Caitlin Scarfi, Newport, 2009**

Pos	Bib	F15 - (2.0kg) Shot U11G	Club	Perf.
1	516	Tia Riddings	Menai T&F	6.54
2	576	Tia Williams	Deeside AAC	5.83
3	514	Cara Pritchard Evans	Menai T&F	5.51
4	570	Rachel Swash	Deeside AAC	4.52
5	575	Erin Parry	Deeside AAC	4.17
6	513	Tesni Roberts	Menai T&F	4.06

2:50 PM**Record 12.74, Millie Fakande, Cwmbran, 2009**

Pos	Bib	F22 - (300g) Javelin U11G	Club	Perf.
1	569	Georgina Hardy	Deeside AAC	8.77
2	576	Tia Williams	Deeside AAC	8.00
3	566	Millie Williams	Deeside AAC	7.74

12:20 PM

Record 3.84, Carwyn Penny, Newport, 2009

Pos	Bib	F9 - Long Jump U11B	Club	Perf.
1	548	Hari Pritchard Evans	Menai T&F	3.47
2	510	Josh Ablett	Colwyn Bay AC	3.29
3	519	Ryan Williams	Menai T&F	3.27
4	578	Oliver Matthews	Deeside AAC	3.05
5	547	Dion Tewson	Menai T&F	3.02
6	520	Ryan Cane	Menai T&F	2.98
7	152	Harry Robinson	Deeside AAC	2.96
8	130	Mitchel Thomas	Deeside AAC	2.85
9	550	Camaran Thorold	Wrexham AC	2.71

2:00 PM

Record 5.66, Deio Hughes, Cardiff, 2009

Pos	Bib	F19 - (2.72kg) Shot U11B	Club	Perf.
1	127	Rhys Bennett	Deeside AAC	5.22
2	518	Elis Roberts	Menai T&F	4.93
3	151	Sam Robinson	Deeside AAC	4.87
4	577	Jaegan Fuller	Deeside AAC	4.44

3:40 PM

Record 22.08, Pasqual Barsaq, Hereford, 2009

Pos	Bib	F28 - (300g) Javelin U11B	Club	Perf.
1	547	Dion Tewson	Menai T&F	11.59
2	520	Ryan Cane	Menai T&F	11.56
3	549	Osian Jones	Menai T&F	11.31
4	579	Lewis Hardy	Deeside AAC	10.11
5	577	Jaegan Fuller	Deeside AAC	5.88

12:15 PM Race 1 Record 13.6, Katie-Jane Priest, Newport, 2009
Equal Record

Pos	Bib	T4 - 100m U13G	Club	Perf.	WS	AW	Grade
1	77	Laura Turley	Deeside AAC	13.6	0.2	*	G1
2	4	Lori Scriven	Colwyn Bay AC	13.9		*	G2
3	60	Melys Edwards	Wrexham AC	15.3			
4	30	Mollie Davies	Menai T&F	16.3			

12:15 PM Race 2 Record 13.6, Katie-Jane Priest, Newport, 2009

Pos	Bib	T4A - 100m U13G	Club	Perf.	WS	AW	Grade
1	55	Libby Phillips	Wrexham AC	14.6	2.5	*	G4
2	56	Tia Phillips	Wrexham AC	14.9			
3	5	Lauren Carsley Jones	Colwyn Bay AC	15.2			
4	48	Beth Jones	Wrexham AC	15.3			
5	49	Megan Williams	Wrexham AC	15.5			

3:30 PM Race 1 Record 29.1, Katie-Jane Priest, Newport, 2
New East Division League Record

Pos	Bib	T25 - 200m U13G	Club	Perf.	WS	AW	Grade
1	77	Laura Turley	Deeside AAC	28.4		*	G1
2	4	Lori Scriven	Colwyn Bay AC	29.4		*	G3
3	60	Melys Edwards	Wrexham AC	31.9			

3:30 PM Race 2 Record 29.1, Katie-Jane Priest, Newport, 2

Pos	Bib	T25A - 200m U13G	Club	Perf.	WS	AW	Grade
1	55	Libby Phillips	Wrexham AC	30.4		*	G4
2	56	Tia Phillips	Wrexham AC	32.1			
3	5	Lauren Carsley Jones	Colwyn Bay AC	32.9			
4	49	Megan Williams	Wrexham AC	34.1			

1:40 PM Race 1 Record 2.39.8, Chelsie Harris, Cwmbran, 2009

Pos	Bib	T13 - 800m U13G	Club	Perf.	WS	AW	Grade
1	47	Nia Jones	Wrexham AC	2:50.60			
2	78	Shannah Cole	Deeside AAC	2:58.50			
3	8	Rebecca Moorcroft	Colwyn Bay AC	3:07.40			

4:10 PM Record 5.34.46, Chelsie Harris, Cwmbran, 2009

Pos	Bib	T29 - 1500m U13G	Club	Perf.	WS	AW	Grade
1	31	Bronwen Jenkinson	Menai T&F	5:57.80			
2	82	Hannah Piercy	Deeside AAC	6:15.40			

2:40 PM Race 1 Record 12.9, Bethan Trigg, Cardiff, 2009

Pos	Bib	T19 - 70m Hurdles U13G	Club	Perf.	WS	AW	Grade
1	60	Melys Edwards	Wrexham AC	13.3		*	G4
2	84	Zoe Russell	Deeside AAC	14.3			
3	47	Nia Jones	Wrexham AC	16.5			

4:25 PM Record 59.6, Team, Newport, 2009

Pos	Bib	T31 - 4 x 100 relay U13G	Club	Perf.	WS	AW	Grade
			Deeside AAC	59.7			
			Wrexham AC	60.8			

12:20 PM Race 1**Record 13.7, James Scarfi, Newport, 2009**

Pos	Bib	T5 - 100m U13B	Club	Perf.	WS	AW	Grade
1	59	Sion Roberts	Wrexham AC	13.0		*	
2	9	Mike White	Colwyn Bay AC	14.2		*	
3	34	Nathan Harvey	Menai T&F	15.2			
4	54	Owen Jones	Wrexham AC	15.3			
5	10	Matthew Davies Jones	Colwyn Bay AC	15.4			
6	33	John Spill	Menai T&F	16.0			

3:20 PM Race 1**Record 28.7, James Scarfi, Cwmbran, 2009**

Pos	Bib	T24 - 200m U13B	Club	Perf.	WS	AW	Grade
1	35	Anthony Granton	Menai T&F	31.4			
2	10	Matthew Davies Jones	Colwyn Bay AC	32.3			
3	54	Owen Jones	Wrexham AC	32.6			

3:20 PM Race 2**Record 28.7, James Scarfi, Cwmbran, 2009**

Pos	Bib	T24A - 200m U13B	Club	Perf.	WS	AW	Grade
1	59	Sion Roberts	Wrexham AC	26.2		*	G1
2	9	Mike White	Colwyn Bay AC	29.2		*	G4
3	36	IoloHughes	Menai T&F	32.6			

1:50 PM Race 1**Record 2:33.4, Liam Bradley, Cardiff, 2009**

Pos	Bib	T14 - 800m U13B	Club	Perf.	WS	AW	Grade
1	11	Sam Davies	Colwyn Bay AC	2:30.90		*	G3
2	36	IoloHughes	Menai T&F	2:33.90		*	G4
3	70	Grant Leach	Deeside AAC	2:34.40		*	G4
4	35	Anthony Granton	Menai T&F	2:35.10		*	G4
5	57	Michael McNee	Wrexham AC	2:38.30			
6	64	Jack Parry	Deeside AAC	2:43.50			
7	53	Chris Jones	Wrexham AC	2:48.40			

Record 4:57.7, Rhys Norris, Newport, 2009

Pos	Bib	T28 - 1500m U13B	Club	Perf.	WS	AW	Grade
1	154	Richard Evans	Deeside AAC	4:57.20		*	G2
2	11	Sam Davies	Colwyn Bay AC	5:09.90		*	G4
3	33	John Spill	Menai T&F	5:15.50		*	G4
4	34	Nathan Harvey	Menai T&F	5:23.10		*	

11:45 AM Race 1

Record , No Record Set ,

Pos	Bib	T1 - 1000m walk U13B	Club	Perf.	WS	AW	Grade
1	33	John Spill	Menai T&F	6:11.40			
2	34	Nathan Harvey	Menai T&F	6:23.80			

4:40 PM

Record 58.8, Team, Newport, 2009

Pos	Bib	T34 - 4 x 100 relay U13B	Club	Perf.	WS	AW	Grade
1	612	U13B RELAY SCORING TEAM	Wrexham AC	59.7			
2	611	U13B RELAY SCORING TEAM	Menai T&F	60.8			

3:30 PM **Record** **1.32, Lucy Maton, Cardiff, 2009**

Pos	Bib	F26 - High Jump U13G	Club	Perf.	AW	Grade
1	47	Nia Jones	Wrexham AC	1.15		
2	55	Libby Phillips	Wrexham AC	1.05		

1:10 PM **Record** **3.86, Brenna Price, Aberdare, 2009**

New East Division League Record

Pos	Bib	F14 - Long Jump U13G	Club	Perf.	AW	Grade
1	77	Laura Turley	Deeside AAC	4.13	*	G3
2	4	Lori Scriven	Colwyn Bay AC	3.82	*	G4
3	5	Lauren Carsley Jones	Colwyn Bay AC	3.66		
4	80	Grace Hallows	Deeside AAC	3.53		
5	78	Shannah Cole	Deeside AAC	3.51		
6	30	Mollie Davies	Menai T&F	3.08		
7	31	Bronwen Jenkinson	Menai T&F	2.98		
8	82	Hannah Piercy	Deeside AAC	2.65		
9	56	Tia Phillips	Wrexham AC	2.25		

11:30 AM Record 7.16, Jess Williams, Hereford, 2009

New East Division League Record

Pos	Bib	F6 - (2.72kg) Shot U13G	Club	Perf.	AW	Grade
1	79	Sabrina Fortune	Deeside AAC	8.64	*	G1
2	49	Megan Williams	Wrexham AC	4.18		
3	31	Bronwen Jenkinson	Menai T&F	4.05		
4	82	Hannah Piercy	Deeside AAC	3.95		
5	30	Mollie Davies	Menai T&F	3.88		

1:20 PM Record 17.39, Jess Williams, Hereford, 2009

Pos	Bib	F16 - (0.75kg) Discus U13G	Club	Perf.	AW	Grade
1	79	Sabrina Fortune	Deeside AAC	17.18	*	G3
2	80	Grace Hallows	Deeside AAC	9.11		

2:00 PM Record 21.42, Emma Norton, Cwmbran, 2009

Pos	Bib	F17 - (400g) Javelin U13G	Club	Perf.	AW	Grade
1	78	Shannah Cole	Deeside AAC	14.60	*	G4

12:50 PM

Record

1.35, Kyle Arnold, Newport, 2009

Pos	Bib	F12 - High Jump U13B	Club	Perf.	AW	Grade
1	67	Danny Bennett	Deeside AAC	1.10		
2	12	Nathan Thomason	Colwyn Bay AC	1.05		

2:00 PM

Record

4.29, Mitchell Boswell, Newport, 2009

Pos	Bib	F18 - Long Jump U13B	Club	Perf.	AW	Grade
1	36	IoloHughes	Menai T&F	3.64		
2	10	Matthew Davies Jones	Colwyn Bay AC	3.58		
3	67	Danny Bennett	Deeside AAC	3.57		
4	64	Jack Parry	Deeside AAC	3.52		
5	57	Michael McNee	Wrexham AC	3.51		
6	54	Owen Jones	Wrexham AC	3.49		

2:50 PM **Record** **7.02, Lloyd James, Aberdare, 2009**

Pos	Bib	F24 - (3.25kg) Shot U13B	Club	Perf.	AW	Grade
1	559	Matthew Williams	Wrexham AC	8.75	*	G2
2	12	Nathan Thomason	Colwyn Bay AC	7.20	*	G4
3	32	Shaun Livett	Menai T&F	6.51	*	
4	154	Richard Evans	Deeside AAC	6.07		
5	35	Anthony Granton	Menai T&F	5.90		

2:10 PM **Record** **16.46, Heddwyn Louden, Newport, 2009**

Pos	Bib	F20 - (1.0kg) Discus U13B	Club	Perf.	AW	Grade
1	12	Nathan Thomason	Colwyn Bay AC	22.01	*	G3
2	559	Matthew Williams	Wrexham AC	20.09	*	G4
3	32	Shaun Livett	Menai T&F	17.06	*	G4

11:30 AM **Record** **27.21, Ryan Morgan, Newport, 2009**

Pos	Bib	F4 - (400g) Javelin U13B	Club	Perf.	AW	Grade
1	12	Nathan Thomason	Colwyn Bay AC	24.10	*	G4
2	32	Shaun Livett	Menai T&F	20.81	*	
3	53	Chris Jones	Wrexham AC	13.65		

12:25 PM Race 1 Record 13.0, Bethan Wakefield/Cindy Kitenge, Newport/Cardiff, 2009

Pos	Bib	T6 - 100m U15G	Club	Perf.	WS	AW	Grade
1	85	Beth Sargent	Deeside AAC	13.00	+2.1	*	G2
2	13	Chloe Jones	Colwyn Bay AC	13.80			
3	39	Robyn Baker	Menai T&F	14.30			

12:25 PM Race 2 Record 13.0, Bethan Wakefield/Cindy Kitenge, Newport/Cardiff, 2009

Pos	Bib	T6A - 100m U15G	Club	Perf.	WS	AW	Grade
1	97	Gabrielle Maloney	Deeside AAC	13.50	+1.2	*	G4
2	94	Rhian Williams	Deeside AAC	14.40			
3	14	Elin Charlton	Colwyn Bay AC	14.70			
4	37	Heledd Mullaly	Menai T&F	15.20			

3:15 PM Race 1 Record 26.4, Hannah Griffiths, Newport, 2009

Pos	Bib	T23 - 200m U15G	Club	Perf.	WS	AW	Grade
1	97	Gabrielle Maloney	Deeside AAC	27.70		*	G4
2	13	Chloe Jones	Colwyn Bay AC	29.00			
3	52	Kathryn Roberts	Wrexham AC	30.00			
4	39	Robyn Baker	Menai T&F	30.60			

3:15 PM Race 2 Record 26.4, Hannah Griffiths, Newport, 2009

Pos	Bib	T23A - 200m U15G	Club	Perf.	WS	AW	Grade
1	94	Rhian Williams	Deeside AAC	29.80			
2	15	Rhianon Jones	Colwyn Bay AC	30.80			
3	51	Emily Rowlands	Wrexham AC	31.40			
4	14	Elin Charlton	Colwyn Bay AC	32.00			

12:50 PM Race 1 Record 42.5, Hannah Griffiths, Newport, 2009

Pos	Bib	T9 - 300m U15G	Club	Perf.	WS	AW	Grade
1	85	Beth Sargent	Deeside AAC	44.80		*	G4
2	91	Kathryn Roberts	Deeside AAC	46.40		*	
3	52	Kathryn Roberts	Wrexham AC	48.30			

2:20 PM Race 1 Record 2.31.9, Isobelle Godfrey, Chepstow, 2009

Pos	Bib	T17 - 800m U15G	Club	Perf.	AW	Grade
1	92	Laura Blackwell	Deeside AAC	2:38.40		
2	17	Kate Moorcroft	Colwyn Bay AC	2:42.40		
3	51	Emily Rowlands	Wrexham AC	2:54.00		
4		Phillipa Wright	Deeside AAC	3:10.40		

3:50 PM Record 5.34.76, Ellie Leek, Cwmbran, 2009

Pos	Bib	T27 - 1500m U15G	Club	Perf.	AW	Grade
1	91	Kathryn Roberts	Deeside AAC	5:08.70	*	G4
2	17	Kate Moorcroft	Colwyn Bay AC	5:50.80		

11:45 AM Race 1

Pos	Bib	T1B - 1000m walk U15B	Club	Perf.	AW	Grade
1	43	Morgan Evans	Menai T&F	6:31.6		

2:00 PM Race 1 Record 12.6, Rebecca Foley, Cardiff, 2009

Pos	Bib	T15 - 75m Hurdles U15G	Club	Perf.	WS	AW	Grade
1	96	Georgia Bates	Deeside AAC	12.30	+0.2	*	G2
2	94	Rhian Williams	Deeside AAC	12.80		*	G3
3	61	Manon Edwards	Wrexham AC	13.50		*	G4
4	39	Robyn Baker	Menai T&F	16.20			

4:30 PM Record 53.2, Team, Cardiff, 2009

Pos	Bib	T32 - 4 x 100 relay U15G	Club	Perf.	AW	Grade
1	621	U15G RELAY SCORING TEAM	Deeside AAC	54.70		
2	622	U15G RELAY SCORING TEAM	Colwyn Bay AC	57.50		
3	624	U15G RELAY SCORING TEAM	Wrexham AC	57.70		

4:30 PM Record , , ,

Pos	Bib	T32A - 4 x 100 Guest Relay U15G	Club	Perf.	AW	Grade
			Deeside	57.50		

12:30 PM Race 1

Record 12.1, Tom Norton, Cwmbran, 2009

Pos	Bib	T7 - 100m U15B	Club	Perf.	WS	AW	Grade
1	21	Joshua Jones	Colwyn Bay AC	12.00	+1.4	*	G3
2	23	Luke Wanderless	Colwyn Bay AC	12.60		*	
3	41	Mike Bland	Menai T&F	13.00			
4	63	Brad Thomas	Deeside AAC	13.30			
5	42	Aled Thomas	Menai T&F	13.40			

3:10 PM Race 2

Record 26.5, Joe McLean, Cardiff, 2009

Pos	Bib	T22A - 200m U15B	Club	Perf.	WS	AW	Grade
1	22	Tom Kemp	Colwyn Bay AC	24.10	+0.8	*	G2
2	23	Luke Wanderless	Colwyn Bay AC	26.20		*	
3	63	Brad Thomas	Deeside AAC	27.40			

12:40 PM Race 1

Record 59.5, Curtis Goodger, Newport, 2009

Pos	Bib	T8 - 400m U15B	Club	Perf.	WS	AW	Grade
1	65	Lloyd Robbins	Deeside AAC	54.60		*	G2
2	22	Tom Kemp	Colwyn Bay AC	55.80		*	G2
3	50	David Blower	Wrexham AC	56.00		*	G3
4	43	Morgan Evans	Menai T&F	65.60			

12:40 PM Race 2

Record 59.5, Curtis Goodger, Newport, 2009

Pos	Bib	T8A - 400m U15B	Club	Perf.	WS	AW	Grade
1	40	Chris McNaught	Menai T&F	59.00		*	G4
2	66	Alex Peters	Deeside AAC	60.80		*	
3	24	Nathan Jones	Colwyn Bay AC	65.70			
4	18	Seores Bailey	Colwyn Bay AC	70.40			

2:30 PM Race 1**Record 2.23.6, Stephen Scarfi, Cwmbran, 2009**

Pos	Bib	T18 - 800m U15B	Club	Perf.	AW	Grade
1	50	David Blower	Wrexham AC	2:11.80	*	G3
2	19	Tom Earley	Colwyn Bay AC	2:19.20	*	
3	24	Nathan Jones	Colwyn Bay AC	2:32.60		
4	20	Jacob Griffith	Colwyn Bay AC	2:36.20		
5	18	Seores Bailey	Colwyn Bay AC	2:36.9		

3:40 PM**Record 5.04.5, Tomos Adler, Aberdare, 2009**

Pos	Bib	T26 - 1500m U15B	Club	Perf.	AW	Grade
1	19	Tom Earley	Colwyn Bay AC	4:50.30	*	
2	24	Nathan Jones	Colwyn Bay AC	4:57.40		
3	153	Shane Russell	Deeside AAC	4:59.30		
4	18	Seores Bailey	Colwyn Bay AC	5:17.90		
5	43	Morgan Evans	Menai T&F	5:18.20		

1:30 PM Race 1**Record 12.52, Tyron Blake, Cwmbran, 2009**

Pos	Bib	T12 - 80m Hurdles U15B	Club	Perf.	WS	AW	Grade
1	42	Aled Thomas	Menai T&F	16.20			

4:45 PM**Record 54.53, Team, Cardiff, 2009**

Pos	Bib	T35 - 4 x 100 relay U15B	Club	Perf.	WS	AW	Grade
1	618	U15B RELAY SCORING TEAM	Colwyn Bay AC	50.00		*	
2	617	U15B RELAY SCORING TEAM	Deeside AAC	53.30			
3	619	U15B RELAY SCORING TEAM	Menai T&F	54.40			

2:10 PM**Record 1.58, Ffion Bodilly, Cardiff, 2009**

Pos	Bib	F21 - High Jump U15G	Club	Perf.	WS	AW	Grade
1	96	Georgia Bates	Deeside AAC	1.45		*	G3
2	89	Amy Crocombe	Deeside AAC	1.35			
3	15	Rhianon Jones	Colwyn Bay AC	1.25			
4	37	Heledd Mullaly	Menai T&F	1.05			
5	38	Alice John	Menai T&F	1.05			

11:30 AM**Record 4.84, Bethan Wakefield, Neport, 200**

Pos	Bib	F5 - Long Jump U15G	Club	Perf.	WS	AW	Grade
1	85	Beth Sargent	Deeside AAC	4.62		*	G3
2	96	Georgia Bates	Deeside AAC	4.48		*	G4
3	89	Amy Crocombe	Deeside AAC	4.37		*	G4
4	87	Lauren Doyle	Deeside AAC	3.84			
5	15	Rhianon Jones	Colwyn Bay AC	3.80			
6	37	Heledd Mullaly	Menai T&F	3.62			
7	51	Emily Rowlands	Wrexham AC	3.47			
8	38	Alice John	Menai T&F	3.12			
9	52	Kathryn Roberts	Wrexham AC	3.06			

3:40 PM

Record 8.57, Melissa Arthur, Newport, 2009

New East Division League Record

Pos	Bib	F29 - (3.25kg) Shot U15G	Club	Perf.	WS	AW	Grade
1	86	Hayley Nuttall	Deeside AAC	8.74		*	G3
2	61	Manon Edwards	Wrexham AC	8.67		*	G3
3	90	Bryony Burton	Deeside AAC	5.51			
4	38	Alice John	Menai T&F	5.02			

3:00 PM

Record 32.49, Emma Croke, Hereford, 200

Pos	Bib	F25 - (1.0kg) Discus U15G	Club	Perf.	WS	AW	Grade
1	89	Amy Crocombe	Deeside AAC	19.60		*	
2	86	Hayley Nuttall	Deeside AAC	18.61		*	
3	90	Bryony Burton	Deeside AAC	13.35			

12:20 PM

Record 31.73, Emma Croke, Hereford, 200

Pos	Bib	F11 - (600g) Javelin U15G	Club	Perf.	WS	AW	Grade
1	86	Hayley Nuttall	Deeside AAC	21.72		*	G4
2	61	Manon Edwards	Wrexham AC	20.16		*	
3	15	Rhianon Jones	Colwyn Bay AC	19.08		*	
4	87	Lauren Doyle	Deeside AAC	16.48			
5	90	Bryony Burton	Deeside AAC	10.73			

11:30 AM

Record 1.66, Tyron Blake, Cwmbran, 2009

Pos	Bib	F3 - High Jump U15B	Club	Perf.	WS	AW	Grade
1	40	Chris McNaught	Menai T&F	1.50		*	
2	66	Alex Peters	Deeside AAC	1.35			
3	41	Mike Bland	Menai T&F	1.30			
4	20	Jacob Griffith	Colwyn Bay AC	1.10			

2:50 PM

Record 5.45, James Perry, Cwmbran, 2009

New East Division League Record

Pos	Bib	F23 - Long Jump U15B	Club	Perf.	WS	AW	Grade
1	65	Lloyd Robbins	Deeside AAC	5.83		*	G1
2	23	Luke Wanderless	Colwyn Bay AC	5.10		*	G4
3	40	Chris McNaught	Menai T&F	4.94		*	
4	41	Mike Bland	Menai T&F	4.86		*	
5	19	Tom Earley	Colwyn Bay AC	4.65			
6	66	Alex Peters	Deeside AAC	4.30			

12:20 PM**Record 12.96, Matthew Field, Aberdare, 2009**

Pos	Bib	F10 - (4.00kg) Shot U15B	Club	Perf.	WS	AW	Grade
1	27	Matthew Reece	Colwyn Bay AC	11.75		*	G2
2	63	Brad Thomas	Deeside AAC	6.99			
3	26	George Backshall	Colwyn Bay AC	6.99			
4	69	Jobe Urquhart	Deeside AAC	6.89			
5	46	Matthew Rich	Wrexham AC	6.56			
6	20	Jacob Griffith	Colwyn Bay AC	5.39			

3:50 PM**Record 39.08, Matthew Field, Aberdare, 2009**

Pos	Bib	F30 - (1.25kg) Discus U15B	Club	Perf.	WS	AW	Grade
1	27	Matthew Reece	Colwyn Bay AC	34.64		*	G2
2	44	Rory Jones	Wrexham AC	20.24			
3	26	George Backshall	Colwyn Bay AC	17.45			
4	46	Matthew Rich	Wrexham AC	13.32			

11:00 AM**Record 20.95, Thomas Fellows, Hereford, 2009**

Pos	Bib	F1 - (4.00kg) Hammer U15B	Club	Perf.	WS	AW	Grade
1	44	Rory Jones	Wrexham AC	19.22			
2	46	Matthew Rich	Wrexham AC	11.51			

1:10 PM**Record 43.84, Tom Norton, Cwmbran, 2009**

Pos	Bib	F13 - (600g) Javelin U15B	Club	Perf.	WS	AW	Grade
1	27	Matthew Reece	Colwyn Bay AC	28.93			
2	44	Rory Jones	Wrexham AC	27.82			
3	26	George Backshall	Colwyn Bay AC	24.86			
4	50	David Blower	Wrexham AC	20.47			
5	69	Jobe Urquhart	Deeside AAC	11.11			
6	153	Shane Russell	Deeside AAC	6.94			