

Northern 1 - West DEESIDE COLLEGE STADIUM
Sunday 31 May 2009

FINAL MATCH SCORES AND POSITIONS



Posn	Points after	81 event(s)
1	Team North Cumbria	363.0
2	Wigan & District H & AC	328.0
3	Deeside AAC	233.0
4	St Helens Sutton AC	184.0

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Northern 1 - West DEESIDE COLLEGE STADIUM

		Perf	Wind	Reco	ds	Grade			Perf	Grades	
							Sunday, May 31 2009				
T32 U17M 100m 'A'		Wind=					U17M 100m 'B'		Wind=		
1	21 Tom Green	St Helens Sutton AC	11.70	G4*			1	25 Ryan Thomason	Team North Cumbria	12.30	
2	5 Mark Thomas	Deeside AAC	12.10				2	6 Daniel Burton	Deeside AAC	12.60	
3	26 Oliver Lithgow	Team North Cumbria	12.30				3				
4	30 Shae Lyon Frazer	Wigan & District H &	13.20				4				
T8 U17M 200m 'A'		Wind=					U17M 200m 'B'		Wind=		
1	21 Tom Green	St Helens Sutton AC	23.90	G4*			1	6 Mark Thomas	Deeside AAC	24.50	
2	5 Connor LECKENBY	Deeside AAC	24.30				2	26 Matthew Hilton	Team North Cumbria	25.90	
3	29 Sam Strong	Wigan & District H &	24.90				3	30 Shae Lyon Frazer	Wigan & District H &	26.20	
4	25 Ryan Thomason	Team North Cumbria	25.90				4	22 Jamie White	St Helens Sutton AC	26.40	
T25 U17M 400m 'A'							U17M 400m 'B'				
1	25 Luke Scott	Team North Cumbria	52.40	G2*			1	26 Joe Aris	Team North Cumbria	56.80	
2	29 Kier Lyon Fraser	Wigan & District H &	52.80	G2*			2	30 Robin Chan	Wigan & District H &	58.80	
3	5 Connor LECKENBY	Deeside AAC	54.90	G4			3	22 Jamie Webb	St Helens Sutton AC	76.50	
4	21 -	St Helens Sutton AC	62.50				4				
T14 U17M 800m 'A'							U17M 800m 'B'				
1	21 John Ashcroft	St Helens Sutton AC	2:03.6m				1	22 Jamie Webb	St Helens Sutton AC	2:17.3m	
2	25 Luke Scott	Team North Cumbria	2:14.7m				2	26 Lee Savage	Team North Cumbria	2:28.9m	
3	5 Padraig Goggin	Deeside AAC	2:42.5m				3				
4							4				
T37 U17M 1500m 'A'							U17M 1500m 'B'				
1	21 Jamie White	St Helens Sutton AC	4:34.0m	00			1	22 Nathan Brown	St Helens Sutton AC	4:56.8m 00	
2	26 Sam Cummins	Team North Cumbria	4:46.9m	00			2				
3	5 Padraig Goggin	Deeside AAC	4:49.0m	00			3				
4	30 Sam Robinson	Wigan & District H &	5:42.9m	00			4				
T16 U17M 3000m 'A'							U17M 3000m 'B'				
1	25 -	Team North Cumbria	0:09.5m	00			1	29 Oliver Blackmore	Wigan & District H &	2:25.2m 00	
2	21 Nathan Brown	St Helens Sutton AC	0:26.7m	00			2				
3	30 Sam Robinson	Wigan & District H &	1:47.8m	00			3				
4							4				
T2 U17M 400mH 'A'							U17M 400mH 'B'				
1	29 Kier Lyon Fraser	Wigan & District H &	60.20	G3*			1	6 Gareth Thomas	Deeside AAC	79.00	
2	5 Daniel Burton	Deeside AAC	65.30				2				
3							3				
4							4				
T23 U17M 100mH 'A'		Wind=					U17M 100mH 'B'		Wind=		
1	25 Matthew Hilton	Team North Cumbria	14.70	G3*			1	6 Gareth Thomas	Deeside AAC	18.60	
2	5 Daniel Burton	Deeside AAC	16.50				2				
3							3				
4							4				
T44 U17M 1500m S/Chase 'A'							U17M 1500m S/Chase 'B'				
1	29 L.Hughes	Wigan & District H &	5:14.6m	00			1				
2	5 Padraig Goggin	Deeside AAC	5:49.7m	00			2				
3							3				
4							4				
F2 U17M 5k Hammer 'A'							U17M 5k Hammer 'B'				
1	25 David Armstrong	Team North Cumbria	28.49				1	26 Alex Taylor	Team North Cumbria	20.52	
2	21 John Ashcroft	St Helens Sutton AC	18.20				2				
3							3				
4							4				
F9 U17M 1.5k Discus 'A'							U17M 1.5k Discus 'B'				
= AW Standards											

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Perf
Grades

Northern 1 - West DEESIDE COLLEGE STADIUM

		Perf	Wind	Records	Grades			Perf	Grades
						<u>Sunday, May 31 2009</u>			
1	25 -	Team North Cumbria	24.61			1			
2	5 -	Deeside AAC	17.50			2			
3	29 Sam Strong	Wigan & District H &	11.76			3			
4						4			
F22 U17M 5k Shot 'A'						U17M 5k Shot 'B'			
1	25 Matthew Parker	Team North Cumbria	12.04	G3*		1	26 David Armstrong	Team North Cumbria	8.91
2	5 Padraig Goggin	Deeside AAC	8.69			2			
3	30 Robin Chan	Wigan & District H &	7.39			3			
4	21 Tom Green	St Helens Sutton AC	6.58			4			
F32 U17M 700g Javelin 'A'						U17M 700g Javelin 'B'			
1	25 Matthew Parker	Team North Cumbria	39.55	G4		1	26 Alex Taylor	Team North Cumbria	37.86
2	5 -	Deeside AAC	33.58			2			
3						3			
4						4			
F13 U17M Pole Vault 'A'						U17M Pole Vault 'B'			
F29 U17M High Jump 'A'						U17M High Jump 'B'			
1	25 Matthew Parker	Team North Cumbria	1.85	G1*		1	26 Luke Scott	Team North Cumbria	1.60
2	29 L.Hughes	Wigan & District H &	1.80	G2*					
3	21 John Ashcroft	St Helens Sutton AC	1.55						
F17 U17M Long Jump 'A'						U17M Long Jump 'B'			
1	25 Matthew Hilton	Team North Cumbria	5.24			1	26 Alex Taylor	Team North Cumbria	4.52
2	29 L.Hughes	Wigan & District H &	5.16			2	22 Jamie Webb	St Helens Sutton AC	3.58
3	21 Jamie White	St Helens Sutton AC	4.29			3	30 Oliver Blackmore	Wigan & District H &	2.08
4						4			
F34 U17M Triple Jump 'A'						U17M Triple Jump 'B'			
1	5 Connor LECKENBY	Deeside AAC	11.28			1	26 Paul Van Ittersson	Team North Cumbria	9.79
2	29 Kier Lyon Fraser	Wigan & District H &	10.97			2			
3	25 William Barnes	Team North Cumbria	9.95			3			
4						4			
T30 U15B 100m 'A'						U15B 100m 'B'			
			Wind=						Wind=
1	21 Michael Causer	St Helens Sutton AC	12.20	G4*		1	30 Ryan Schofield	Wigan & District H &	13.50 *
2	5 Luke Ward	Deeside AAC	12.30	G4*		2	6 Brad Thomas	Deeside AAC	13.50 *
3	29 Mike Evans	Wigan & District H &	12.70	*		3	22 Eliot Handler	St Helens Sutton AC	13.50 *
4	25 Matthew Golden	Team North Cumbria	13.40	*		4			
T6 U15B 200m 'A'						U15B 200m 'B'			
			Wind=						Wind=
1	5 Lloyd Robbins	Deeside AAC	24.90	G4*		1	30 Ryan Schofield	Wigan & District H &	26.40
2	29 Mike Evans	Wigan & District H &	25.10	G4*		2	6 Alex Peters	Deeside AAC	27.10
3	21 Eliot Handler	St Helens Sutton AC	27.10			3	26 Matthew Bradley	Team North Cumbria	29.60
4	25 Alistair Weymouth	Team North Cumbria	27.10			4			
T24 U15B 400m 'A'						U15B 400m 'B'			
1	5 Lloyd Robbins	Deeside AAC	55.60	G2*		1	6 Alex Peters	Deeside AAC	61.70
2	26 Joseph Bradley	Team North Cumbria	67.80			2	25 Matthew Bradley	Team North Cumbria	69.60
3	21 Chris Garrity	St Helens Sutton AC	74.70			3			
4						4			
T12 U15B 800m 'A'						U15B 800m 'B'			
1	29 George Foster	Wigan & District H &	2:36.1m			1			
	= AW Standards								

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Wind
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GradeSunday, May 31 2009

		Perf	Wind	Recor ds	Grade			Perf	Grades	
2	25 Matthew Golden	Team North Cumbria	2:39.6m			2				
3	21 Chris Garrity	St Helens Sutton AC	2:39.9m			3				
4						4				
T35 U15B 1500m 'A'						U15B 1500m 'B'				
1	25 Alistair Weymouth	Team North Cumbria	4:39.5m	00		1	26 Simon Little	Team North Cumbria	5:08.4m 00	
2	5 Andrew Williams	Deeside AAC	4:53.1m	00		2	6 Matthew Blackwell	Deeside AAC	5:09.9m 00	
3	29 Archie McCluskey	Wigan & District H &	5:35.9m	00		3				
4						4				
T21 U15B 80mh 'A'					Wind=	U15B 80mh 'B'				
1	29 Harry Coppel	Wigan & District H &	14.30			1				
2	25 Simon Little	Team North Cumbria	16.60			2				
3						3				
4						4				
F1 U15B 4k Hammer 'A'						U15B 4k Hammer 'B'				
1	98 No Valid Performances					1				
2						2				
3						3				
4						4				
F8 U15B 1.25k Discus 'A'						U15B 1.25k Discus 'B'				
1	29 Scot Jones	Wigan & District H &	25.86			1	25 Matthew Bradley	Team North Cumbria	14.09	
2	26 Simon Little	Team North Cumbria	15.91			2				
3						3				
4						4				
F23 U15B 4.00k Shot 'A'						U15B 4.00k Shot 'B'				
1	25 David Foster	Team North Cumbria	9.82			1	26 Joseph Bradley	Team North Cumbria	7.16	
2	29 Scot Jones	Wigan & District H &	8.69			2	30 Chris Horrocks	Wigan & District H &	5.89	
3	5 Brad Thomas	Deeside AAC	6.51			3				
4						4				
F33 U15B 600g Javelin 'A'						U15B 600g Javelin 'B'				
1	25 David Foster	Team North Cumbria	36.70	G3		1	26 Joseph Bradley	Team North Cumbria	27.78	
2	21 Michael Causer	St Helens Sutton AC	25.49			2				
3						3				
4						4				
F16 U15B Long Jump 'A'						U15B Long Jump 'B'				
1	21 Michael Causer	St Helens Sutton AC	5.56	G2*		1	22 Eliot Handler	St Helens Sutton AC	4.31	
2	5 Lloyd Robbins	Deeside AAC	5.07	G4		2	25 Alistair Weymouth	Team North Cumbria	4.20	
3	26 Matthew Golden	Team North Cumbria	4.40			3	6 Alex Peters	Deeside AAC	3.86	
4	30 Chris Horrocks	Wigan & District H &	3.97			4				
F28 U15B High Jump 'A'						U15B High Jump 'B'				
1	29 Harry Coppel	Wigan & District H &	1.50							
2	25 David Foster	Team North Cumbria	1.50							
3	5 Luke Ward	Deeside AAC	1.45							
F12 U15B Pole Vault 'A'						U15B Pole Vault 'B'				
1	29 Harry Coppel	Wigan & District H &	2.75	G2*						
2	5 Evan Cook	Deeside AAC	2.50	G3*						
T28 U13B 100m 'A'					Wind=	U13B 100m 'B'				
1	25 Daniel Van Lierop	Team North Cumbria	14.60			1	26 Cameron Bell	Team North Cumbria	15.10	
2	30 Patrick Taberner	Wigan & District H &	15.20			2	29 Jack Daxon	Wigan & District H &	15.20	

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Grades

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		Perf	Wind	Records	Grades			Perf	Grades	
3	22 Ben Walsh	St Helens Sutton AC	17.60			3	21 Ben Hayburn	St Helens Sutton AC	19.90	
4						4				
T4 U13B 200m 'A'					Wind=	U13B 200m 'B'				
1	25 DanielVan Lierop	Team North Cumbria	29.50			1	26 Cameron Bell	Team North Cumbria	30.10	
2	29 Jack Daxon	Wigan & District H &	30.10			2	22 Ben Hayburn	St Helens Sutton AC	38.30	
3	21 Jonathan Causer	St Helens Sutton AC	30.80			3				
4	5 Oliver Thomas	Deeside AAC	33.70			4				
T10 U13B 800m 'A'						U13B 800m 'B'				
1	5 Grant Leach	Deeside AAC	2:39.6m			1				
2	29 Sam Halliwell	Wigan & District H &	3:7.2m			2				
3						3				
4						4				
T33 U13B 1500m 'A'						U13B 1500m 'B'				
1	25 Joshua Usher	Team North Cumbria	5:19.3m	00		1				
2	30 -	Wigan & District H &	5:33.3m	00		2				
3	5 Oliver Thomas	Deeside AAC	5:50.1m	00		3				
4	21 -	St Helens Sutton AC	5:50.9m	00		4				
T17 U13B 75mh 'A'					Wind=	U13B 75mh 'B'				
1	98 No Valid Performances					1				
2						2				
3						3				
4						4				
F15 U13B 3.25k Shot 'A'						U13B 3.25k Shot 'B'				
1	25 James Norwood	Team North Cumbria	5.99			1	26 DanielVan Lierop	Team North Cumbria	4.73	
2	29 Sam Halliwell	Wigan & District H &	4.59			2	30 -	Wigan & District H &	3.42	
3	21 Ben Walsh	St Helens Sutton AC	4.48			3	22 Ben Hayburn	St Helens Sutton AC	2.40	
4						4				
F25 U13B Long Jump 'A'						U13B Long Jump 'B'				
1	25 James Norwood	Team North Cumbria	4.55	G2*		1	29 Patrick Tabbener	Wigan & District H &	3.63	
2	30 Cory Booth	Wigan & District H &	3.80			2	26 Cameron Bell	Team North Cumbria	3.50	
3	22 Jonathan Causer	St Helens Sutton AC	3.39			3	21 Ben Walsh	St Helens Sutton AC	2.55	
4						4				
F6 U13B High Jump 'A'						U13B High Jump 'B'				
1	25 James Norwood	Team North Cumbria	1.25							
T31 U17W 100m 'A'					Wind=	U17W 100m 'B'				
1	29 Chelsea Brobank	Wigan & District H &	12.8	G3*		1	30 Micaela Brindle	Wigan & District H &	12.9 G3*	
2	25 Carmen Friel	Team North Cumbria	13.7			2	26 Bethany Wise	Team North Cumbria	13.7	
3	22 -	St Helens Sutton AC	14.4			3				
4						4				
T7 U17W 200m 'A'					Wind=	U17W 200m 'B'				
1	29 Chelsea Brobank	Wigan & District H &	26.6	G4*		1	30 Jamie Foster	Wigan & District H &	26.7 G4*	
2	25 Bethany Wise	Team North Cumbria	28.6			2				
3	22 -	St Helens Sutton AC	29.1			3				
4						4				
T26 U17W 300m 'A'						U17W 300m 'B'				
1	29 Jamie Foster	Wigan & District H &	41.9	G2*		1	30 Lydia Williams	Wigan & District H &	44.5 *	
2	5 Alice Fraser	Deeside AAC	44.2	G4*		2				
3						3				

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Perf Grades

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	Perf	Wind	Records	Grades		Perf	Grades	
4					4			
T13 U17W 800m 'A'					U17W 800m 'B'			
1	26 Rianna Crampton	Team North Cumbria	2:36.5m		1	25 Carmen Friel	Team North Cumbria	2:38.2m
2	29 Jessics Foster	Wigan & District H &	2:40.3m		2			
3	5 Sian Messum	Deeside AAC	2:41.6m		3			
4					4			
T36 U17W 1500m 'A'					U17W 1500m 'B'			
1	29 Cherrisse Walley	Wigan & District H &	5:01.2m	00	1	30 Jessics Foster	Wigan & District H &	5:41.6m 00
2					2			
3					3			
4					4			
T19 U17W 3000m 'A'					U17W 3000m 'B'			
1	98 No Valid Performances				1			
2					2			
3					3			
4					4			
T20 U17W 80mh 'A'				Wind=	U17W 80mh 'B'			
1	29 Micaela Brindle	Wigan & District H &	12.3	G2*	1	30 Jade Bramhall	Wigan & District H &	12.8 G3*
2	21 Natalie Bannister	St Helens Sutton AC	13.9		2			
3					3			
4					4			
T1 U17W 300mH 'A'					U17W 300mH 'B'			
1	21 Natalie Bannister	St Helens Sutton AC	52.9		1			
2					2			
3					3			
4					4			
F3 U17W 4k Hammer 'A'					U17W 4k Hammer 'B'			
1	98 No Valid Performances				1			
2					2			
3					3			
4					4			
F20 U17W 1.0k Discus 'A'					U17W 1.0k Discus 'B'			
1	5 Rachel Williams	Deeside AAC	13.75		1			
2					2			
3					3			
4					4			
F31 U17W 4k Shot 'A'					U17W 4k Shot 'B'			
1	29 Samantha Fraser	Wigan & District H &	10.31	G1*	1			
2	25 Kirsty Norwood	Team North Cumbria	6.39		2			
3	21 Sophie Rigby	St Helens Sutton AC	5.88		3			
4	5 Rachel Williams	Deeside AAC	5.05		4			
F26 U17W 600g Javelin 'A'					U17W 600g Javelin 'B'			
1	30 Samantha Fraser	Wigan & District H &	25.22		1			
2					2			
3					3			
4					4			
F5 U17W Long Jump 'A'					U17W Long Jump 'B'			
1	29 Micaela Brindle	Wigan & District H &	4.95	G3*	1	30 Jade Bramhall	Wigan & District H &	4.73 G4
2	26 Kirsty Norwood	Team North Cumbria	4.53		2	25 Bethany Wise	Team North Cumbria	3.79
3	21 Amy Hughes	St Helens Sutton AC	4.12		3			
4					4			

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F35 U17W Triple Jump 'A'

1	29	Lydia Williams	Wigan & District H &	9.40	G4*
2					
3					
4					

U17W Triple Jump 'B'

1
2
3
4

F19 U17W High Jump 'A'

1	21	Sophie Rigby	St Helens Sutton AC	1.63	G1*
2	29	Samanther Fraser	Wigan & District H &	1.63	G1*
3	25	Kirsty Norwood	Team North Cumbriz	1.55	G3*

U17W High Jump 'B'

1	30	Jade Bramhall	Wigan & District H &	1.55	G3*
2	26	Carmen Friel	Team North Cumbriz	1.45	
3	22	Amy Hughes	St Helens Sutton AC	1.35	

F11 U17W Pole Vault 'A'

1	5	Rebecca Davies	Deeside AAC	3.00	G2*
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U17W Pole Vault 'B'

T29 U15G 100m 'A'

Wind=

1	30	Danielle mCGiffern	Wigan & District H &	13.0	G2*
2	5	Gabrielle Maloney	Deeside AAC	13.0	G2*
3	25	Emily Cummings	Team North Cumbriz	13.2	G3*
4	21	Rachel Wilcock	St Helens Sutton AC	15.3	

U15G 100m 'B'

Wind=

1	29	Faye Horrocks	Wigan & District H &	13.0	G2*
2	26	Kayleigh Longstaff	Team North Cumbriz	13.7	
3	6	Georgia Bates	Deeside AAC	14.1	
4					

T5 U15G 200m 'A'

Wind=

1	29	Faye Horrocks	Wigan & District H &	26.5	G2*
2	21	Chelsea Jarvis	St Helens Sutton AC	26.5	G2*
3	25	Natasha Wilson	Team North Cumbriz	27.4	G4*
4	6	Georgia Bates	Deeside AAC	27.8	G4

U15G 200m 'B'

Wind=

1	5	Rhian Williams	Deeside AAC	27.8	G4
2	26	Kayleigh Longstaff	Team North Cumbriz	28.5	
3	22	Tricia Spark	St Helens Sutton AC	28.8	
4	30	Mollie Watters	Wigan & District H &	28.8	

T11 U15G 800m 'A'

1	25	Abbie Hetherington	Team North Cumbriz	2:20.1m
2	6	Jenny Lampkin	Deeside AAC	2:33.9m
3	29	Jessica Brookwell	Wigan & District H &	2:35.1m
4	22	Louise Hayes	St Helens Sutton AC	2:53.6m

U15G 800m 'B'

1	5	Laura Blackwell	Deeside AAC	2:39.0m
2	30	Louise Chan	Wigan & District H &	2:43.7m
3	26	Georgia Burley	Team North Cumbriz	2:54.3m
4	21	Rachel Wilcock	St Helens Sutton AC	2:57.1m

T34 U15G 1500m 'A'

1	21	Chelsea Jarvis	St Helens Sutton AC	4:52.4m	00
2	25	Matilda Lowther	Team North Cumbriz	4:58.3m	00
3	5	Kathryn Roberts	Deeside AAC	5:13.5m	00
4	29	Natalie Thompson	Wigan & District H &	5:27.5m	00

U15G 1500m 'B'

1	26	Sally Addison	Team North Cumbriz	5:31.7m	00
2	30	Mollie Watters	Wigan & District H &	5:57.3m	00
3	22	Vicky Lamb	St Helens Sutton AC	6:09.2m	00
4	6	Chloe Bacon	Deeside AAC	6:28.9m	00

T18 U15G 75mh 'A'

Wind=

1	29	Danielle mCGiffern	Wigan & District H &	11.7	G1*
2	5	Eleanor Badhams	Deeside AAC	12.0	G1*
3	25	Megan Wise	Team North Cumbriz	15.3	
4	21	Louise Hayes	St Helens Sutton AC	15.7	

U15G 75mh 'B'

Wind=

1	30	Gabrielle Large	Wigan & District H &	12.8	G3*
2	6	Rhian Williams	Deeside AAC	12.8	G3*
3	26	Rachel King	Team North Cumbriz	17.2	
4					

F4 U15G Long Jump 'A'

1	30	Gabrielle Large	Wigan & District H &	4.49	G4
2	5	Eleanor Badhams	Deeside AAC	4.19	
3	21	Rachel Wilcock	St Helens Sutton AC	3.82	
4	26	Georgia Burley	Team North Cumbriz	3.70	

U15G Long Jump 'B'

1	29	Danielle mCGiffern	Wigan & District H &	4.41	G4
2	6	Amy Crocombe	Deeside AAC	4.10	
3	25	Natasha Barnes	Team North Cumbriz	3.26	
4	22	Vicky Lamb	St Helens Sutton AC	2.83	

F18 U15G High Jump 'A'

1	5	Eleanor Badhams	Deeside AAC	1.55	G1*
2	25	Emily Cummings	Team North Cumbriz	1.50	G2*
3	30	Anna Knowles	Wigan & District H &	1.50	G2*

U15G High Jump 'B'

1	26	Matilda Lowther	Team North Cumbriz	1.50	G2*
2	6	Georgia Bates	Deeside AAC	1.50	G2*
3	29	Katie Farrimond	Wigan & District H &	1.45	G3*

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				Perf	Wind	Reco ds	Grade	<u>Sunday, May 31 2009</u>				
F10 U15G Pole Vault 'A'						LR MR		U15G Pole Vault 'B'				
1	5	Laura Williams	Deeside AAC	2.30		FALSE						
2	29	Anna Knowles	Wigan & District H &	1.80		FALSE						
F21 U15G 1.00k Discus 'A'								U15G 1.00k Discus 'B'				
1	5	Hayley Nuttall	Deeside AAC	20.83		G4		1	6	Amy Crocombe	Deeside AAC	19.15
2	25	Megan Wise	Team North Cumbria	18.15				2	26	Natasha Barnes	Team North Cumbria	17.05
3	21	Tricia Spark	St Helens Sutton AC	18.08				3	30	Dayna Clarke	Wigan & District H &	13.83
4	29	Alexis Clarke	Wigan & District H &	13.96				4				
F27 U15G 600g Javelin 'A'								U15G 600g Javelin 'B'				
1	25	Natasha Wilson	Team North Cumbria	31.55		G1*		1	5	Hayley Nuttall	Deeside AAC	22.02
2	6	Lauren Doyle	Deeside AAC	23.59		G4		2	29	Dayna Clarke	Wigan & District H &	16.81
3	30	Alexis Clarke	Wigan & District H &	20.36				3	26	Natasha Barnes	Team North Cumbria	15.30
4	21	Louise Hayes	St Helens Sutton AC	12.31				4				
F30 U15G 3.25k Shot 'A'								U15G 3.25k Shot 'B'				
1	21	Tricia Spark	St Helens Sutton AC	9.09		G3*		1	30	Dayna Clarke	Wigan & District H &	7.00
2	25	Natasha Wilson	Team North Cumbria	8.39		G4		2	26	Elizabeth Humes	Team North Cumbria	6.38
3	5	Amy Crocombe	Deeside AAC	8.21		G4		3	6	Bryony Burton	Deeside AAC	5.51
4	29	Jessica Brookwell	Wigan & District H &	7.55				4				
T27 U13G 75m 'A'				Wind=				U13G 75m 'B'				Wind=
1	22	Chloe Rigby	St Helens Sutton AC	10.6		G2*		1	21	Shelby Jack	St Helens Sutton AC	10.6
2	5	Laura Turley	Deeside AAC	10.6		G2*		2	25	Molly Giles	Team North Cumbria	11.1
3	26	Katy Johnson	Team North Cumbria	10.7		G3*		3	6	Hannah Piercy	Deeside AAC	11.5
4	29	Zoe Hughes	Wigan & District H &	11.6				4	30	Hannah Lupton	Wigan & District H &	11.8
T3 U13G 150m 'A'				Wind=				U13G 150m 'B'				Wind=
1	5	Laura Turley	Deeside AAC	20.2		G1*		1	25	Megan Bates	Team North Cumbria	21.0
2	26	Katy Johnson	Team North Cumbria	20.9		G2*		2	22	Rachel Woosey	St Helens Sutton AC	22.0
3	29	Emily Borthwick	Wigan & District H &	21.5		G3*		3	30	Hayley OhagenWilliams	Wigan & District H &	22.1
4	21	Shelby Jack	St Helens Sutton AC	21.6		G4*		4				
T9 U13G 800m 'A'								U13G 800m 'B'				
1	25	Lauren Glencross	Team North Cumbria					1	26	Rebecca Buchanan	Team North Cumbria	
2	29	Emily Borthwick	Wigan & District H & AC					2	30	Hayley OhagenWilliams	Wigan & District H & AC	
3	21	Amie Potter	St Helens Sutton AC					3				
4	5	-	Deeside AAC					4				
T22 U13G 1200m 'A'								U13G 1200m 'B'				
1	25	Megan Bates	Team North Cumbria	3:58.0m		00		1	26	Tania Wilson	Team North Cumbria	4:11.7m
2	21	Rachel Woosey	St Helens Sutton AC	4:11.5m		00		2	30	-	Wigan & District H &	4:37.6m
3	29	Alice Bowye	Wigan & District H &	4:24.9m		00		3	22	-	St Helens Sutton AC	4:39.7m
4	5	Hannah Griffiths	Deeside AAC	4:41.1m		00		4				
T15 U13G 70mh 'A'				Wind=				U13G 70mh 'B'				Wind=
1	5	Rowan Antrobus	Deeside AAC	12.5		G2*		1	25	Alice McKillop	Team North Cumbria	15.0
2	21	Chloe Rigby	St Helens Sutton AC	12.6		G2*		2	30	Katie McGifford	Wigan & District H &	16.6
3	26	Molly Giles	Team North Cumbria	14.8				3				
4	29	Zoe Hughes	Wigan & District H &	15.1				4				
F7 U13G High Jump 'A'								U13G High Jump 'B'				
1	21	Chloe Rigby	St Helens Sutton AC	1.40		G1*		1	25	Molly Giles	Team North Cumbria	1.20
2	26	Alice McKillop	Team North Cumbria	1.25		G4		2	29	Emma Taylor	Wigan & District H &	1.05
3	30	Zoe Hughes	Wigan & District H &	1.15								
F24 U13G Long Jump 'A'								U13G Long Jump 'B'				

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Northern 1 - West DEESIDE COLLEGE STADIUM

				Wind	Records	Sunday, May 31 2009					
								Perf	Grades		
1	29	Emily Borthwick	Wigan & District H &		G4	1	6	Rowan Antrobus	Deeside AAC	3.63	
2	5	Laura Turley	Deeside AAC		G4	2	30	Hannah Young	Wigan & District H &	3.52	
3	26	Rebecca Buchanan	Team North Cumbria			3	25	Alice McKillop	Team North Cumbria	3.24	
4	22	Danielle Webb	St Helens Sutton AC			4					
F14 U13G 2.72k Shot 'A'						U13G 2.72k Shot 'B'					
1	5	Sabrina Fortune	Deeside AAC		G1*	1	26	Tania Wilson	Team North Cumbria	6.18 G4	
2	25	Katy Johnson	Team North Cumbria		G3	2	22	Danielle Webb	St Helens Sutton AC	2.99	
3	29	Emma Taylor	Wigan & District H &		G4	3					
4	21	Shelby Jack	St Helens Sutton AC			4					

*= AW Standards

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Perf Grades

Northern Northern 1 - West DEESIDE COLLEGE STADIUM

Sunday, May 31 2009

T43 17M 4x100m

	Perf	Wind	Records	Grade	Perf	Grades	
1	5	Deeside AAC	Daniel Burton	Gareth Thomas	Mark Thomas	Connor LECKENBY	49.30
2	29	Wigan & District H & AC	Shae Lyon Frazer	Sam Strong	Robin Chan	Nathan Profitt	52.90
3	25	Team North Cumbria	William Barnes	David Armstrong	Nathan Thomson	Alex Taylor	54.00
4							

T47 17M 4x400m

1	21	St Helens Sutton AC	-	-	-	-	3:51.0m
2	25	Team North Cumbria	Paul Van Itterson	Nathan Thomson	Oliver Lithgow	Matthew Hilton	3:57.0m
3	29	Wigan & District H & AC	Oliver Blackmore	L.Hughes	Kier Lyon Fraser	Sam Robinson	4:23.1m
4							

T41 15B 4x100m

1	5	Deeside AAC	Evan Cook	Brad Thomas	Luke Ward	Lloyd Robbins	52.20
2	29	Wigan & District H & AC	Mike Evans	Chris Horrocks	Ryan Schofield	Scot Jones	54.50
3							
4							

T46 15B 4x400m

1	29	Wigan & District H & AC	Charlie Hopper	Ryan Schofield	Archie McCluskey	George Foster	4:25.8m
2	25	Team North Cumbria	-	-	-	-	4:38.1m
3							
4							

T39 13B 4x100m

1	25	Team North Cumbria	Joshua Usher	James Norwood	Cameron Bell	Daniel Van Lierop	59.50
2	29	Wigan & District H & AC	Jack Daxon	Patrick Tabbener	Jake Melling	Cory Booth	62.90
3							
4							

T42 17W 4x100m

1	29	Wigan & District H & AC	Jessics Foster	Lydia Williams	Cherisse Walley	Jamie Foster	50.60 *
2	25	Team North Cumbria	Rianna Crampton	Bethany Wise	Kirsty Norwood	Carmen Friel	56.30
3							
4							

T45 17W 4x300m

1	29	Wigan & District H & AC	Jade Bramhall	Micaela Brindle	Chelsea Brobank	Jamie Foster	3:09.0m
2							
3							
4							

T40 15G 4x100m

1	29	Wigan & District H & AC	Jessica Brookwell	Faye Horrocks	Gabrielle Large	Danielle mCGiffern	53.10 *
2	5	Deeside AAC	Gabrielle Maloney	Georgia Bates	Eleanor Badhams	Lauren Doyle	53.70
3	25	Team North Cumbria	Elizabeth Humes	Emily Cummings	Kayleigh Longstaff	Natasha Wilson	53.80
4	21	St Helens Sutton AC	Louise Hayes	Tricia Spark	Rachel Wilcock	Vicky Lamb	56.30

T38 13G 4x100m

1	25	Team North Cumbria	Megan Bates	Alice McKillop	Molly Giles	Katy Johnson	58.10
2	21	St Helens Sutton AC	Chloe Rigby	Shelby Jack	Rachel Woosey	Amie Potter	58.80
3	29	Wigan & District H & AC	Hannah Lupton	Hayley OhagenWilliams	Zoe Hughes	Emily Borthwick	62.00
4							

* = AW Standards

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Northern Northern 1 - West DEESIDE COLLEGE STADIUM

Sunday, 31 May 2009

Events	Dees		SHS		TNC		Wig D						Unused	T	
	5		21		25		29								
17M 100m	3.0	3.0	4.0		2.0	4.0	1.0						3	20	
17M 200m	3.0	4.0	4.0	1.0	1.0	3.0	2.0	2.0						20	
17M 400m	2.0		1.0	2.0	4.0	4.0	3.0	3.0					1	20	
17M 800m	2.0		4.0	4.0	3.0	3.0							1	3	20
17M 1500m	2.0		4.0	4.0	3.0		1.0						6	20	
17M 3000m			3.0		4.0		2.0	4.0					1	6	20
17M 400mH	3.0	4.0					4.0						3	6	20
17M 100mh	3.0	4.0			4.0								3	6	20
17M 1500m S	3.0						4.0						3	10	20
17M 5k Hamm			3.0		4.0	4.0							3	6	20
17M 1.5k Disc	3.0				4.0		2.0						1	10	20
17M 5k Shot	3.0		1.0		4.0	4.0	2.0						6	6	20
17M 700g Jav	3.0				4.0	4.0							3	6	20
17M Pole Vau													0	0	
17M High Jurr			2.0		4.0	4.0	3.0						1	6	20
17M Long Jurr			2.0	3.0	4.0	4.0	3.0	2.0					1	1	20
17M Triple Jurr	4.0				2.0	4.0	3.0						1	6	20
17M 4x100m	4.0				2.0		3.0						1		10
17M 4x400m			4.0		3.0		2.0						1		10
	38.0	15.0	32.0	14.0	52.0	38.0	35.0	11.0					23	82	340

15B 100m	3.0	3.0	4.0	2.0	1.0		2.0	4.0						1	20
15B 200m	4.0	3.0	2.0		1.0	2.0	3.0	4.0						1	20
15B 400m	4.0	4.0	2.0		3.0	3.0							1	3	20
15B 800m			2.0		3.0		4.0						1	10	20
15B 1500m	3.0	3.0			4.0	4.0	2.0						1	3	20
15B 80mh					3.0		4.0						3	10	20
15B 4k Hamm													10	10	20
15B 1.25k Disc					3.0	4.0	4.0						3	6	20
15B 4.00k Sh	2.0				4.0	4.0	3.0	3.0					1	3	20
15B 600g Jav			3.0		4.0	4.0							3	6	20
15B Long Jurr	3.0	2.0	4.0	4.0	2.0	3.0	1.0							1	20
15B High Jurr	2.0				3.0		4.0						1	10	20
15B Pole Vau	3.0						4.0						3	10	20
15B 4x100m	4.0						3.0						3		10
15B 4x400m					3.0		4.0						3		10
	28.0	15.0	17.0	6.0	34.0	24.0	38.0	11.0					33	74	280

13B 100m			2.0	2.0	4.0	4.0	3.0	3.0						1	1	20
13B 200m	1.0		2.0	3.0	4.0	4.0	3.0							3		20
13B 800m	4.0						3.0						3	10	20	
13B 1500m	2.0		1.0		4.0		3.0							10	20	
13B 75mh													10	10	20	
13B 3.25k Sh			2.0	2.0	4.0	4.0	3.0	3.0					1	1	20	
13B Long Jurr			2.0	2.0	4.0	3.0	3.0	4.0					1	1	20	
13B High Jurr					4.0								6	10	20	
13B 4x100m					4.0		3.0						3		10	
	7.0		9.0	9.0	28.0	15.0	21.0	10.0					25	46	170	

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Northern Northern 1 - West DEESIDE COLLEGE STADIUM

Sunday, 31 May 2009

Events	Dees		SHS		TNC		Wig D						Unused	T	
	5		21		25		29								
17W 100m			2.0		3.0	3.0	4.0	4.0					1	3	20
17W 200m			2.0		3.0		4.0	4.0					1	6	20
17W 300m	3.0						4.0	4.0					3	6	20
17W 800m	2.0				4.0	4.0	3.0						1	6	20
17W 1500m							4.0	4.0					6	6	20
17W 3000m													10	10	20
17W 80mh			3.0				4.0	4.0					3	6	20
17W 300mH			4.0										6	10	20
17W 4k Hamn													10	10	20
17W 1.0k Disc	4.0												6	10	20
17W 4k Shot	1.0		2.0		3.0		4.0							10	20
17W 600g Jav							4.0						6	10	20
17W Long Jun			2.0		3.0	3.0	4.0	4.0					1	3	20
17W Triple Jun							4.0						6	10	20
17W High Jun			4.0	2.0	2.0	3.0	3.0	4.0					1	1	20
17W Pole Vau	4.0												6	10	20
17W 4x100m					3.0		4.0						3		10
17W 4x300m							4.0						6		10
	14.0		19.0	2.0	21.0	13.0	50.0	28.0					76	117	340
15G 100m	3.0	2.0	1.0		2.0	3.0	4.0	4.0						1	20
15G 200m	1.0	4.0	3.0	2.0	2.0	3.0	4.0	1.0							20
15G 800m	3.0	4.0	1.0	1.0	4.0	2.0	2.0	3.0							20
15G 1500m	2.0	1.0	4.0	2.0	3.0	4.0	1.0	3.0							20
15G 75mh	3.0	3.0	1.0		2.0	2.0	4.0	4.0						1	20
15G Long Jun	3.0	3.0	2.0	1.0	1.0	2.0	4.0	4.0							20
15G High Jun	4.0	3.0			3.0	4.0	2.0	2.0					1	1	20
15G Pole Vau	4.0						3.0						3	10	20
15G 1.00k Disc	4.0	4.0	2.0		3.0	3.0	1.0	2.0						1	20
15G 600g Jav	3.0	4.0	1.0		4.0	2.0	2.0	3.0						1	20
15G 3.25k Sh	2.0	2.0	4.0		3.0	3.0	1.0	4.0						1	20
15G 4x100m	3.0		1.0		2.0		4.0								10
	35.0	30.0	20.0	6.0	29.0	28.0	32.0	30.0					4	16	230

13G 75m	3.0	2.0	4.0	4.0	2.0	3.0	1.0	1.0							20
13G 150m	4.0		1.0	3.0	3.0	4.0	2.0	2.0						1	20
13G 800m	1.0		2.0		4.0	4.0	3.0	3.0						3	20
13G 1200m	1.0		3.0	2.0	4.0	4.0	2.0	3.0						1	20
13G 70mh	4.0		3.0		2.0	4.0	1.0	3.0						3	20
13G High Jun			4.0		3.0	4.0	2.0	3.0					1	3	20
13G Long Jun	3.0	4.0	1.0		2.0	2.0	4.0	3.0						1	20
13G 2.72k Sh	4.0		1.0	3.0	3.0	4.0	2.0							3	20
13G 4x100m			3.0		4.0		2.0						1		10
	20.0	6.0	22.0	12.0	27.0	29.0	19.0	18.0					2	15	170

FINAL MATCH SCORES AND POSITIONS

	3	4	1	2	5	5	5	5		
Points Summa	Dees	SHS	TNC	Wig D					UNUSED	TOTAL
Boys	103.0	87.0	191.0	126.0					283.0	790.0
Girls	105.0	81.0	147.0	177.0					230.0	740.0
Officials	25.0	16.0	25.0	25.0					9.0	100.0
Total	233.0	184.0	363.0	328.0					522.0	####
Position	3	4	1	2	5	5	5	5		