

Welsh Athletics

Senior League 2008 Female Results

1:20 PM League Record

Sallyanne Short, Torfaen AC, 11.9s, 1987 / Welsh Record Sallyanne Short, Torfaen, 11.39s, 1992

17.2 Lge Standard for scoring

Letter	100m	Perf	Pts	Gr	AW	Letter	Perf	Pts	Gr	AW
1A	G Emma REYNOLDS (U20)	Cwmbran	13.5	16		1B WW Alice LITTLER	Wrexham	13.8	8	
2A	W Nia BREEZE (U17)	Wrexham	13.8	14		2B DD Rebecca DAVIES U17	Deeside	13.8	7	
3A	D Rebecca NUTTALL (U20)	Deeside	14.9	12		3B GG Vikki WEBB (U17)	Cwmbran	14.6	6	

3:55 PM League Record

Sallyanne Short, Torfaen AC, 24.4s, 1987 / Welsh Record Michelle Scutt, Sale, 22.80s, 1982

36.4 Lge Standard for scoring

Letter	200m	Perf	Pts	Gr	AW	Letter	Perf	Pts	Gr	AW
1A	W Megan ROGERS (U17)	Wrexham	25.9	16	☑	1B GG Jessica DICKSON (U20)	Cwmbran	29.0	8	
2A	D Alex ELLIOTT (U20)	Deeside	27.5	14		2B WW Nia BREEZE (U17)	Wrexham	29.1	7	
3A	G Emma REYNOLDS (U20)	Cwmbran	28.4	12		3B DD Rebecca DAVIES U17	Deeside	29.1	6	

3:00 PM League Record

Anne Middle, , 55.2s, 1991 / Welsh Record Michelle Scutt, Sale, 50.63s, 1982

82.3 Lge Standard for scoring

Letter	400m	Perf	Pts	Gr	AW	Letter	Perf	Pts	Gr	AW
1A	G Jessica DICKSON (U20)	Cwmbran	62.6	16		1B WW Alice LITTLER	Wrexham	63.6	8	
2A	W Amy CSIZMADIA	Wrexham	67.5	14		2B GG Claire THOMPSON (U17)	Cwmbran	67.7	7	

1:40 PM League Record

Samantha Porter, , 2 min 11.1s, 1989 / Welsh Record Kirsty MaDermott, Bristol, 1 min 57.42, 1985

2:58.0 Lge Standard for scoring

Letter	800m	Perf	Pts	Gr	AW	Letter	Perf	Pts	Gr	AW
1A	G Jessica DICKSON (U20)	Cwmbran	2:25.1	16		1B GG Claire THOMPSON (U17)	Cwmbran	2:34.9	8	
2A	V Emily DOWNEY (U17)	Llanelli	2:27.1	14						
3A	D Alice FRASER (U17)	Deeside	2:49.0	12						

3:20 PM League Record

Hayley Nash, Swansea Harriers, 4 min 24.4s, 1987 / Welsh Record Hayley Tullett, Swansea , 3 min 59.95s, 2000

6:19.0 Lge Standard for scoring

Letter	1500m	Perf	Pts	Gr	AW	Letter	Perf	Pts	Gr	AW
1A	V Emily DOWNEY (U17)	Llanelli	5:06.9	16		1B GG Aysha DOMAN (U20)	Cwmbran	5:40.7	8	
2A	B Leigh BARKER (U20)	Brecon	5:07.4	14						
3A	G Jenna ROBETS (U20)	Cwmbran	5:12.4	12						
4A	U Ann FOLAN	Rhondda	6:00.4	10						

12:35 PM League Record

Angela Tooby, Cardiff AAC, 9 min 35.0s, 1983 / Welsh Record Hayley Tullett, Swansea , 8 min 45.39s, 2000

13:50.0 Lge Standard for scoring

Letter	3000m	Perf	Pts	Gr	AW	Letter	Perf	Pts	Gr	AW
1A	G Jenna ROBETS (U20)	Cwmbran	11:07.0	16		1B 99				
2A	D Donna WELSH	Deeside	11:09.3	14						
3A	V No Athlete Declared	Llanelli	12:40.9	12						

2:25 PM League Record

Catrin Lewis, Carmarthen Harriers, 8min 32.04s, 2008 / Welsh Record Clare Martin, Newport, 6 min 40.3s, 2005

9:43.8 Lge Standard for scoring

Letter	2000m S/C	Perf	Pts	Gr	AW	Letter	Perf	Pts	Gr	AW
						1B		99		

2:50 PM League Record

Heather Jones, Carmarthen Harriers, 13.6s, 2005 / Welsh Record Kay Morley, Cardiff, 12.91s, 1990

21.3 Lge Standard for scoring

Letter	100m hurdles	Perf	Pts	Gr	AW	Letter	Perf	Pts	Gr	AW
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1:05 PM League Record

Michelle Cook, , 59.9s, 1988 / Welsh Record Alyson Layzell, Cheltenham, 56.43s, 1996

92.4 Lge Standard for scoring

Letter	400m Hurdles	Perf	Pts	Gr	AW	Letter	Perf	Pts	Gr	AW
1A	W Amy CSIZMADIA	Wrexham	74.1	16		1B		99		
2A	D Patricia BYRNE (U17)	Deeside	76.7	14						
3A	B Leigh BARKER (U20)	Brecon	78.4	12						
4A	V Donna JONES (U20)	Llanelli	78.7	10						

League Record

, Torfaen AC, 49.1s

Perf Pts

No Lge Standard for scoring

4:45 PM	4 x 100m Relay	Perf	Pts
1A	W Wrexham	Nia BREEZE (U17), Alice LITTLER, Laura EDWARDS, Megan ROGERS (U17)	52.8 16
2A	G Cwmbran	Emma REYNOLDS (U20), Claire THOMPSON (U17), Aysha DOMAN (U20), Vikki WEBB (U17)	57.9 14

League Record

, Cardiff AAC, 4 min 00.5s

No Lge Standard for scoring

5:15 PM	4 x 400m Relay	Perf	Pts
1A	G Cwmbran	Emma REYNOLDS (U20), Claire THOMPSON (U17), Aysha DOMAN (U20), Vikki WEBB (U17)	4.59.8 16

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Senior League 2008 Female Results

1:00 PM League Record

Rebecca Jones, Wrexham AC, 1m 73cm, 1999 / Welsh Record Julie Crane, Sale, 1m 89cm, 2004

1.20 Lge Standard for scoring

Letter	High Jump	Perf	Pts	Gr	AW	Letter	Perf	Pts	Gr	AW
1A	D Alex ELLIOTT (U20)	Deeside	1.50	16		1B DD	Emma GARSTANG (U20)	Deeside	1.50	8
2A	W Laura EDWARDS	Wrexham	1.45	14						

12:00 PM League Record

Lyndsey Maund, Swansea Harriers, 3m 40cm, 2003 / Welsh Record Rhian Clarke, Essex Ladies, 4m 15cm, 2002

2.10 Lge Standard for scoring

New Senior League Record New Welsh Record

Letter	Pole Vault	Perf	Pts	Gr	AW	Letter	Perf	Pts	Gr	AW
			16	G1	<input checked="" type="checkbox"/>					

12:00 PM League Record

Gillian Regan, , 6m 18cm, 1981 / Welsh Record Gill Regan, Cardiff, 6m 52cm, 1982

3.29 Lge Standard for scoring

Letter	Long Jump	Perf	Pts	Gr	AW	Letter	Perf	Pts	Gr	AW
1A	W Megan ROGERS (U17)	Wrexham	5.28	16	<input checked="" type="checkbox"/>	1B D	Emma GARSTANG (U20)	Deeside	4.81	8
2A	DD Alex ELLIOTT (U20)	Deeside	5.09	14	<input checked="" type="checkbox"/>	2B VV	Kara STEDMAN (U17)	Llanelli	4.35	7
3A	V Donna JONES (U20)	Llanelli	4.94	12		3B WW	Nia BREEZE (U17)	Wrexham	3.99	6
4A	G Vikki WEBB (U17)	Cwmbran	4.59	10		4B GG	Claire THOMPSON (U17)	Cwmbran	3.55	5
5A	B Leigh BARKER (U20)	Brecon	3.96	8						

2:15 PM League Record

Jayne Ludlow, , 11m 76cm, 1994 / Welsh Record Sally Peake, Liverpool, 12m 24cm, 2005

7.19 Lge Standard for scoring

Letter	Triple Jump	Perf	Pts	Gr	AW	Letter	Perf	Pts	Gr	AW
1A	WW Laura EDWARDS	Wrexham	10.69	16	G3 <input checked="" type="checkbox"/>	1B VV	Kara STEDMAN (U17)	Llanelli	9.32	8
2A	V Donna JONES (U20)	Llanelli	10.60	14	G3 <input checked="" type="checkbox"/>	2B W	Amy CSIZMADIA	Wrexham	8.89	7
3A	B Leigh BARKER (U20)	Brecon	9.41	12						

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2:00 PM League Record

Vanissa Head, , 18m 93cm, 1984 / Welsh Record Vanissa Head, Cardiff, 18m 93cm, 1984

6.90 Lge Standard for scoring

Letter	Shot Putt (4.0kg)	Perf	Pts	Gr	AW	Letter	Perf	Pts	Gr	AW
1A	D Faye CALVERT	Deeside	10.82	16	<input checked="" type="checkbox"/>	1B DD Jenna SHERRATT	Deeside	10.15	8	<input checked="" type="checkbox"/>
2A	U Catherine ALFORD	Rhondda	8.69	14		2B WW Lindsey CHEERS	Wrexham	8.42	7	
3A	W Megan ROGERS (U17)	Wrexham	8.48	12						
4A	B Julie DRISCOLL	Brecon	6.81	DNS						

3:30 PM League Record

Vanissa Head, , 62m 02cm, 1984 / Welsh Record Vanissa Head, Cardiff, 64m 68cm, 1983

22.80 Lge Standard for scoring

Letter	Discus (1.0kg)	Perf	Pts	Gr	AW	Letter	Perf	Pts	Gr	AW
1A	D Faye CALVERT	Deeside	37.03	16	G3 <input checked="" type="checkbox"/>	1B DD Beverley JONES	Deeside	25.30	8	
2A	W Lindsey CHEERS	Wrexham	26.25	14						
3A	U Catherine ALFORD	Rhondda	25.15	12						

1:00 PM League Record

Carys Parry, Rhondda AC, 56m 96cm, 2005 / Welsh Record Carys Parry, Rhondda , 64m 34cm, 2007

23.00 Lge Standard for scoring

Letter	Hammer (4.0kg)	Perf	Pts	Gr	AW	Letter	Perf	Pts	Gr	AW
1A	D Faye CALVERT	Deeside	38.78	16	G3 <input checked="" type="checkbox"/>	1B 99				
2A	B Julie DRISCOLL	Brecon	23.91	14						
3A	U Catherine ALFORD	Rhondda	21.32	DNS						

2:15 PM League Record

Karen Hough, , 47m 94cm, 1984 / Welsh Record Lianne Clarke, Cardiff, 52m 68cm, 2007

23.33 Lge Standard for scoring

Letter	Javelin (600g)	Perf	Pts	Gr	AW	Letter	Perf	Pts	Gr	AW
1A	W Lindsey CHEERS	Wrexham	21.90	DNS		1B 99				
2A	D Faye CALVERT	Deeside	18.51	DNS						