

Welsh Athletics Track Field Championships
U13 / U15 Age Groups
Swansea University Track
Saturday 14th June

CBP 12.2 / 12.2w 1:50 PM
Welsh Record 12.0s

Event	T22	100m	FINAL	Wind	-1.3
Position	Bib	Athlete	Club	Perf	Remarks
1	68	Rachel JOHNCOCK	Colwyn Bay	12.36	
2	59	Jamie-Leigh BOWEN	Cardiff	12.96	
3	78	Sara OTUNG	Cardiff	13.05	
4	84	Eleanor ROWLAND	Pembrokeshire	13.13	
5	66	Rhiannon JEFFREYS	Neath	13.28	
6	77	Rachel O'CONNOR	Bridgend	13.33	
7	80	Nia PALLA	Swansea	13.36	
8	71	Jessica MacDONALD	Aberdare	13.53	

CBP 12.2 / 12.2w 3:00 PM
Welsh Record 12.0s

Event	T9	100m	Semi Final 1	Wind	-0.7
Position	Bib	Athlete	Club	Perf	Remarks
1	84	Eleanor ROWLAND	Pembrokeshire	13.08	Q
2	77	Rachel O'CONNOR	Bridgend	13.20	Q
3	71	Jessica MacDONALD	Aberdare	13.27	Q
4	69	Chloe JONES	Wrexham	13.39	
5	85	Alison SINGLETON	Cardiff	13.71	
6	89	Abi WILLIAMS	Deeside	13.94	
7	82	Catrin REES	Carmarthen	13.96	
8	60	Emily DACEY	Swansea	14.10	

CBP 12.2 / 12.2w 3:00 PM
Welsh Record 12.0s

Event	T9	100m	Semi Final 2	Wind	-0.9
Position	Bib	Athlete	Club	Perf	Remarks
1	68	Rachel JOHNCOCK	Colwyn Bay	12.80	Q
2	59	Jamie-Leigh BOWEN	Cardiff	12.86	Q
3	78	Sara OTUNG	Cardiff	13.05	Q
4	80	Nia PALLA	Swansea	13.23	q
5	66	Rhiannon JEFFREYS	Neath	13.25	q
6	86	Catrin THOMAS	Maldwyn	13.55	
7	64	Catherine JAMES	Bridgend	13.67	
DNS	74	Eleanor MORGAN	Rhymney Valley		

CBP 12.2 / 12.2w 2:45 PM
Welsh Record 12.0s

Event	T3	100m	Heat 1	Wind	+0.4
Position	Bib	Athlete	Club	Perf	Remarks
1	77	Rachel O'CONNOR	Bridgend	13.02	Q
2	71	Jessica MacDONALD	Aberdare	13.22	Q
3	82	Catrin REES	Carmarthen	13.53	Q
4	60	Emily DACEY	Swansea	13.62	q
5	74	Eleanor MORGAN	Rhymney Valley	13.88	q
6	88	Limarah THOMAS	Rhymney Valley	14.60	
7	72	Bethan MANSFIELD	Rhymney Valley	14.67	

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CBP 12.2 / 12.2w 2:45 PM
Welsh Record 12.0s

Event	T3	100m	Heat 2	Wind	-0.6
Position	Bib	Athlete	Club	Perf	Remarks
1	84	Eleanor ROWLAND	Pembrokeshire	13.15	Q
2	69	Chloe JONES	Wrexham	13.35	Q
3	85	Alison SINGLETON	Cardiff	13.65	Q
4	89	Abi WILLIAMS	Deeside	13.71	q
5	63	Grace HARWOOD	Swansea	14.10	
6	73	Maisie MATTHEWS	Cardiff	14.29	
7	79	Nikita OWENS	Cardiff	14.65	
8	70	Nicola JONES	Swansea	15.22	

CBP 12.2 / 12.2w 2:45 PM
Welsh Record 12.0s

Event	T3	100m	Heat 3	Wind	-2.6
Position	Bib	Athlete	Club	Perf	Remarks
1	68	Rachel JOHNCOCK	Colwyn Bay	13.16	Q
2	80	Nia PALLA	Swansea	13.59	Q
3	64	Catherine JAMES	Bridgend	13.91	Q
4	75	Emily MORRIS	Swansea	14.39	
5	57	Maria BATLEY	Swansea	14.61	
6	76	Toyah NEWMAN	Barry & Vale	14.69	
7	67	Nina JOHN	Swansea	15.25	

CBP 12.2 / 12.2w 2:45 PM
Welsh Record 12.0s

Event	T3	100m	Heat 4	Wind	-0.6
Position	Bib	Athlete	Club	Perf	Remarks
1	59	Jamie-Leigh BOWEN	Cardiff	12.46	Q
2	66	Rhiannon JEFFREYS	Neath	12.84	Q
3	78	Sara OTUNG	Cardiff	12.84	Q
4	86	Catrin THOMAS	Maldwyn	13.16	q
5	87	Emma THOMAS	Swansea	13.90	
6	65	Mali JAMES	Swansea	13.96	
7	62	Milly GATLEY	Swansea	14.20	

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CBP	25.28s w	New CBP		2:40 PM
Welsh Record	24.9s			
Event	T28	200m	FINAL	<i>Wind</i> -1.3
Position	Bib	Athlete	Club	Perf Remarks
1	68	Rachel JOHNCOCK	Colwyn Bay	25.12
2	69	Chloe JONES	Wrexham	26.70
3	66	Rhiannon JEFFREYS	Neath	26.90
4	77	Rachel O'CONNOR	Bridgend	27.09
5	59	Jamie-Leigh BOWEN	Cardiff	27.64
6	71	Jessica MacDONALD	Aberdare	27.80
7	132	Laura THOMAS	Swansea	29.23
8	133	Hannah MORRIS	Cardiff	29.97

CBP	25.28s w			10:30 AM
Welsh Record	24.9s			
Event	T14	200m	Heat 1	<i>Wind</i> -1.0
Position	Bib	Athlete	Club	Perf Remarks
1	69	Chloe JONES	Wrexham	26.75 Q
2	59	Jamie-Leigh BOWEN	Cardiff	27.02 Q
3	132	Laura THOMAS	Swansea	29.03 Q
4	133	Hannah MORRIS	Cardiff	29.04 q
5	74	Eleanor MORGAN	Rhymney Valley	29.19
6	131	Lucy TAYLOR	Bridgend	29.50
7	65	Mali JAMES	Swansea	29.96
8	359	Laura WOODS	Cardiff	31.34

CBP	25.28s w			10:30 AM
Welsh Record	24.9s			
Event	T14	200m	Heat 2	<i>Wind</i> -1.0
Position	Bib	Athlete	Club	Perf Remarks
1	68	Rachel JOHNCOCK	Colwyn Bay	26.30 Q
2	77	Rachel O'CONNOR	Bridgend	27.02 Q
3	66	Rhiannon JEFFREYS	Neath	27.05 Q
4	71	Jessica MacDONALD	Aberdare	27.59 q
5	123	Chelsea CHRISTOPHER	Swansea	29.66
6	127	Chelsie-Leigh KILNER	Swansea	29.90
DNS	88	Limarah THOMAS	Rhymney Valley	

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CBP 41.18s 3:00 PM
Welsh Record 40.54s

Event	T32	300m	FINAL	Wind	-0.8
Position	Bib	Athlete	Club	Perf	Remarks
1	86	Catrin THOMAS	Maldwyn	41.85	
2	161	Katie LEWIS	Bridgend	42.56	
3	122	Leah BITCHELL	Carmarthen	42.58	
4	173	Lora ROBERTS	Bridgend	43.70	
5	125	Meghan GOOD	Pembrokeshire	44.36	
6	174	Lauren ARCHER	Newport	44.54	
7	82	Catrin REES	Carmarthen	45.05	
8	175	Anna LEWIS	Cardiff	45.76	

CBP 41.18s 12:50 PM
Welsh Record 40.54s

Event	T17	300m	Heat 1	Wind	-0.7
Position	Bib	Athlete	Club	Perf	Remarks
1	173	Lora ROBERTS	Bridgend	43.77	Q
2	161	Katie LEWIS	Bridgend	44.07	Q
3	174	Lauren ARCHER	Newport	44.30	Q
4	63	Grace HARWOOD	Swansea	45.79	
DNS	127	Chelsie-Leigh KILNER	Swansea		

CBP 41.18s 12:50 PM
Welsh Record 40.54s

Event	T17	300m	Heat 2	Wind	-1.7
Position	Bib	Athlete	Club	Perf	Remarks
1	86	Catrin THOMAS	Maldwyn	43.02	Q
2	122	Leah BITCHELL	Carmarthen	44.03	Q
3	125	Meghan GOOD	Pembrokeshire	44.75	Q
4	175	Anna LEWIS	Cardiff	45.01	q
5	82	Catrin REES	Carmarthen	45.76	q
6	172	Catrin GRIFFITHS	Cardiff	47.98	

CBP 4 min 35.60s 10:30 AM
Welsh Record 4 min 34.24s

Event	T10	1500m	FINAL	Wind	-1.7
Position	Bib	Athlete	Club	Perf	Remarks
1	221	Lauren BELL	Pembrokeshire	4:37.39	
2	236	Hywelis THOMAS-HOWELLS	Swansea	4:37.85	
3	173	Lora ROBERTS	Bridgend	4:54.96	
4	232	Elysia PEARSON	Swansea	4:58.87	
5	228	Ffion LEWIS	Bridgend	4:59.34	
6	231	Jemima OSBORN	Swansea	5:01.84	
7	234	Ffion PRICE	Brecon	5:02.77	
8	162	Josie LEWIS	Pembrokeshire	5:12.04	
9	233	Rhianwedd PRICE	Brecon	5:15.56	
10	227	Ellie LEEK	Cwmbran	5:22.69	
11	230	Sian MESSUM	Deeside	5:26.11	
12	222	Carys EDWARDS	Deeside	5:28.34	
13	226	Hannah JONES	Barry & Vale	6:10.39	

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CBP 10.86s 2:10 PM
Welsh Record 10.86s

Event	T25	75m Hurdles	FINAL	Wind	-1.3
Position	Bib	Athlete	Club	Perf	Remarks
1	78	Sara OTUNG	Cardiff	11.49	
2	156	Stacey COLLINS	Neath	11.58	
3	161	Katie LEWIS	Bridgend	11.99	
4	89	Abi WILLIAMS	Deeside	12.25	
5	165	Megan THOMAS	Cardiff	12.40	
6	160	Olivia JONES	Pembrokeshire	12.45	
7	164	Gemma SEAMAN	Swansea	12.66	
8	167	Atlanta WILLIAMS	Swansea	12.77	

CBP 10.86s 3:00 PM
Welsh Record 10.86s

Event	T7	75m Hurdles	Heat 1	Wind	-0.6
Position	Bib	Athlete	Club	Perf	Remarks
1	156	Stacey COLLINS	Neath	11.79	Q
2	161	Katie LEWIS	Bridgend	12.18	Q
3	160	Olivia JONES	Pembrokeshire	12.53	Q
4	158	Kimberley DAVIES	Swansea	12.85	
5	157	Lydia DAVID	Wrexham	13.12	
6	159	Elisha ELLIOTT	Cardiff	13.19	
7	166	Amy TIDBALL	Bridgend	13.34	
8	62	Milly GATLEY	Swansea	14.91	

CBP 10.86s 3:00 PM
Welsh Record 10.86s

Event	T7	75m Hurdles	Heat 2	Wind	-1.3
Position	Bib	Athlete	Club	Perf	Remarks
1	78	Sara OTUNG	Cardiff	11.93	Q
2	89	Abi WILLIAMS	Deeside	12.34	Q
3	165	Megan THOMAS	Cardiff	12.49	Q
4	164	Gemma SEAMAN	Swansea	12.77	q
5	167	Atlanta WILLIAMS	Swansea	12.80	q
6	163	Katie REYNOLDS	Swansea	13.57	
7	60	Emily DACEY	Swansea	13.69	

CBP 50.58s 3:00 PM
Welsh Record 50.58s

Event	T36	4 x 100m Club Relays	FINAL	Wind
Position	Bib	Club	Perf	Remarks
1	D	BRIDGEND	51.98	
2	B	SWANSEA	53.74	
3	C	CARDIFF	54.50	
4	A	CARMARTHEN	54.66	
5	E	PEMBROKE	54.94	

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CBP		1m 75cm		12:30 PM
Welsh Record		1m 81cm		
Event	F10	High Jump		
Position	Bib	Athlete	Club	Perf
1	156	Stacey COLLINS	Neath	1.55
2	167	Atlanta WILLIAMS	Swansea	1.55
3	126	Alysha JONES	Bridgend	1.50
4	81	Rhiannon PLANT	Carmarthen	1.50
5	75	Emily MORRIS	Swansea	1.45
6	158	Kimberley DAVIES	Swansea	1.45
7	163	Katie REYNOLDS	Swansea	1.45
8	274	Olivia PERRY	Cwmbran	1.40
9	12	Helena MADAN	Helena MADAN	1.20

CBP		3m 00cm	New CBP	1:00 PM
Welsh Record		3m 15cm p		
Event	F14	Pole Vault		
Position	Bib	Athlete	Club	Perf
1	283	Rhianydd LLEWELLYN	Bridgend	3.10
2	285	Lucy ROULSTON	Deeside	2.90
3	280	Lucy HOPKINS	Cardiff	2.50
4	284	Nina PRELLS	Swansea	2.30
5	279	Lucy DALY	Cardiff	2.20
6	281	Enfys JONES	Carmarthen	1.90
7	282	Neven KORASHI	Swansea	1.60

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CBP		5m 34cm	3:00 PM		
Welsh Record		5m 57cm			
Event	F24	Long Jump			
Position	Bib	Athlete	Club	Perf	Remarks
1	69	Chloe JONES	Wrexham	4.89	+0.5
2	78	Sara OTUNG	Cardiff	4.69	-1.7
3	80	Nia PALLA	Swansea	4.64	-0.7
4	161	Katie LEWIS	Bridgend	4.63	+2.4
5	300	Natasha LEWIS	Cwmbran	4.57	-1.8
6	164	Gemma SEAMAN	Swansea	4.52	-0.8
7	131	Lucy TAYLOR	Bridgend	4.50	-0.3
8	60	Emily DACEY	Swansea	4.45	+0.5
9	75	Emily MORRIS	Swansea	4.34	-1.0
10	70	Nicola JONES	Swansea	4.16	-1.8
11	76	Toyah NEWMAN	Barry & Vale	3.98	+2.3
12	163	Katie REYNOLDS	Swansea	3.95	-0.4
13	73	Maisie MATTHEWS	Cardiff	3.91	+2.0
14	302	Martha WATERS	Swansea	3.88	-0.3
15	83	Amelia ROBERTS	Carmarthen	3.87	-0.8
16	175	Anna LEWIS	Cardiff	3.81	+0.2
17	133	Hannah MORRIS	Cardiff	3.78	-1.7
18	274	Olivia PERRY	Cwmbran	3.70	-0.2
19	72	Bethan MANSFIELD	Rhymney Valley	3.67	-0.4
20	159	Elisha ELLIOTT	Cardiff	3.56	-0.4
21	85	Alison SINGLETON	Cardiff	3.51	-0.5
22	298	Megan EYNON	Swansea	3.50	-2.1
23	301	Caroline REES	Swansea	3.48	+0.0
24	359	Laura WOODS	Cardiff	3.15	-2.1
25	297	Arti DAVE	Swansea	2.92	-0.7

CBP		12m 43cm	2:00 PM		
Welsh Record		13m 22cm			
Event	F18	Shot (3.25kg)			
Position	Bib	Athlete	Club	Perf	Remarks
1	284	Nina PRELLS	Swansea	10.13	
2	319	Lucy GRIFFITHS	Pembrokeshire	9.89	
3	320	Elliw JAMES	Carmarthen	9.47	
4	273	Helena MADAN	Pembrokeshire	8.92	
5	318	Hannah GREENSLADE	Bridgend	8.91	
6	157	Lydia DAVID	Wrexham	8.72	
7	282	Neven KORASHI	Swansea	7.94	

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CBP 40m 66cm 11:30 AM

Welsh Record 44m 12cm

Event F7 Discus (1.0kg)

Position	Bib	Athlete	Club	Perf	Remarks
1	358	Trudy WILLIAMS	Bridgend	31.88	
2	284	Nina PRELLS	Swansea	26.37	
3	318	Hannah GREENSLADE	Bridgend	26.02	
4	319	Lucy GRIFFITHS	Pembrokeshire	23.67	
5	157	Lydia DAVID	Wrexham	21.80	
6	331	Megan VARLEY	Maldwyn	19.64	
7	320	Elliw JAMES	Carmarthen	19.48	
8	330	Melissa ARTHUR	Newport	17.48	

CBP 40m 29cm 10:30 AM

Welsh Record 41m 90cm

Event F2 Hammer (3.0kg)

Position	Bib	Athlete	Club	Perf	Remarks
1	358	Trudy WILLIAMS	Bridgend	37.51	
2	335	Nia HODNETT	Cardiff	28.84	
3	318	Hannah GREENSLADE	Bridgend	28.34	
4	282	Neven KORASHI	Swansea	26.69	
5	336	Chloe PHILLIPS	Cardiff	15.51	

CBP 36m 18cm 1:30 PM

Welsh Record 38m 15cm

Event F17 Javelin (600g)

Position	Bib	Athlete	Club	Perf	Remarks
1	351	Carys MANSFIELD	Carmarthen	29.38	
2	330	Melissa ARTHUR	Newport	25.67	
3	166	Amy TIDBALL	Bridgend	24.04	
4	353	Elin PHILLIPS	Neath	24.03	
5	354	Eleanor VAN KLAVEREN	Kingston & Poly	23.35	
6	320	Elliw JAMES	Carmarthen	23.35	
7	76	Toyah NEWMAN	Barry & Vale	22.42	
8	352	Kathryn PHILLIPS	Swansea	21.02	
9	63	Grace HARWOOD	Swansea	19.46	
10	331	Megan VARLEY	Maldwyn	19.03	
11	350	Bethan JONES	Swansea	14.88	

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CBP 11.0w 1:55 PM
Welsh Record 10.99s

Event	T23	100m	FINAL	Wind	-1.1
Position	Bib	Athlete	Club	Perf	Remarks
1	102	Joe MCLEAN	Cardiff	11.97	
2	99	Evan JENKINS	Swansea	12.10	
3	106	Jake RANDALL	Carmarthen	12.21	
4	103	James MORGAN	Newport	12.31	
5	109	Daniel WILLIAMS	Wrexham	12.32	
6	107	Matthew RICHARDS	Pembrokeshire	12.39	
7	95	Mathew DAVIES	Carmarthen	12.46	
8	100	Lewis JONES	Bridgend	12.56	

CBP 11.0w 3:00 PM
Welsh Record 10.99s

Event	T4	100m	Heat 1	Wind	-1.4
Position	Bib	Athlete	Club	Perf	Remarks
1	106	Jake RANDALL	Carmarthen	12.04	Q
2	99	Evan JENKINS	Swansea	12.06	Q
3	95	Mathew DAVIES	Carmarthen	12.42	Q
4	100	Lewis JONES	Bridgend	12.61	q
5	91	Sean BERGIERS	Carmarthen	12.62	
6	94	William DAVIES	Cwmbran	12.92	
7	93	Daniel BROOKS	Swansea	13.95	
8	108	Paul TOBIN	Swansea	14.62	
9	92	Darren BEYNON	Swansea	14.89	

CBP 11.0w 3:00 PM
Welsh Record 10.99s

Event	T4	100m	Heat 2	Wind	-1.1
Position	Bib	Athlete	Club	Perf	Remarks
1	102	Joe MCLEAN	Cardiff	12.04	Q
2	103	James MORGAN	Newport	12.20	Q
3	107	Matthew RICHARDS	Pembrokeshire	12.27	Q
4	109	Daniel WILLIAMS	Wrexham	12.30	q
5	98	Daniel HOWELLS	Carmarthen	12.72	
6	101	Kieron MARTIN	Swansea	12.82	
7	105	Declan O'BRIEN	Newport	13.25	
8	90	Jonathon BAILEY	Cardiff	14.58	

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CBP 22.61w 2:45 PM
Welsh Record 22.13s

Event	T29	200m	FINAL	Wind	-1.4
Position	Bib	Athlete	Club	Perf	Remarks
1	99	Evan JENKINS	Swansea	24.27	
2	102	Joe MCLEAN	Cardiff	24.34	
3	106	Jake RANDALL	Carmarthen	24.53	
4	103	James MORGAN	Newport	24.78	
5	107	Matthew RICHARDS	Pembrokeshire	24.82	
6	95	Mathew DAVIES	Carmarthen	25.44	
7	100	Lewis JONES	Bridgend	25.53	
8	109	Daniel WILLIAMS	Wrexham	26.19	

CBP 22.61w 12:30 PM
Welsh Record 22.13s

Event	T15	200m	Heat 1	Wind	-0.7
Position	Bib	Athlete	Club	Perf	Remarks
1	99	Evan JENKINS	Swansea	24.07	Q
2	107	Matthew RICHARDS	Pembrokeshire	24.68	Q
3	100	Lewis JONES	Bridgend	25.08	Q
4	95	Mathew DAVIES	Carmarthen	25.22	q
5	93	Daniel BROOKS	Swansea	28.12	
6	136	Taylor JONES	Newport	29.77	

CBP 22.61w 12:30 PM
Welsh Record 22.13s

Event	T15	200m	Heat 2	Wind	-0.9
Position	Bib	Athlete	Club	Perf	Remarks
1	106	Jake RANDALL	Carmarthen	24.23	Q
2	103	James MORGAN	Newport	24.27	Q
3	102	Joe MCLEAN	Cardiff	24.31	Q
4	109	Daniel WILLIAMS	Wrexham	25.42	q
5	94	William DAVIES	Cwmbran	26.07	
6	134	Osian HUGHES	Cardiff	26.59	
7	108	Paul TOBIN	Swansea	29.22	

CBP 52.51s 3:00 PM
Welsh Record 50.3s

Event	T33	400m	FINAL	WIND	-1.7
Position	Bib	Athlete	Club	Perf	Remarks
1	135	Liam JONES	Carmarthen	53.32	
2	183	Michael PAYNE	Newport	54.26	
3	178	Scott EDWARDS	Derby	54.93	
4	176	David BLOWER	Wrexham	58.42	
5	181	Christopher MARKS	Carmarthen	59.83	
6	182	Jack McDONALD	Colwyn Bay	60.42	
7	179	Matthew HUGHES	Swansea	61.30	
8	185	Joseph ROBERTS	Aberdare	65.14	

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CBP	4 min 16.81s				1:30 PM
Welsh Record	4 min 07.75s				
Event	T19	1500m	Timetrial		-1.5
Position	Bib	Athlete	Club	Perf	Remarks
1	243	Elliott HARDEE	Newport	4:16.84	
2	239	Daniel CHESWORTH	Newport	4:16.94	
3	237	Matthew ANTONIAZZI	Cwmbran	4:26.14	
4	255	Matthew O'LEARY	Neath	4:29.82	
5	223	Llewelyn EDWARDS	Unattached	4:38.75	
6	256	Marcus PRICE	Cwmbran	4:39.09	
7	244	Lloyd HECKLER	Carmarthen	4:39.80	
8	241	Carwyn EVANS	Swansea	4:44.53	
9	260	Grant WESTCOTT	Llanelli	4:45.15	
10	249	Daniel LEWIS	Neath	4:45.15	
11	252	Ronan LLYR	Carmarthen	4:50.57	
12	257	Stephen REYNOLDS	Swansea	4:53.10	
13	242	Curtis GOODGER	Newport	4:58.25	
14	253	Samuel LONGVILLE	Bridgend	4:59.72	
15	250	Davy LEWIS	Carmarthen	5:02.19	
16	248	Gareth JONES	Cardiff	5:04.24	
17	262	Ryan WILLIAMS	Ceredigion	5:06.58	
DNS	261	Sean WHITE	Swansea		

CBP	11.6s				3:10 PM
Welsh Record	11.16s				
Event	T31	80m Hurdles	FINAL	<i>Wind</i>	-1.9
Position	Bib	Athlete	Club	Perf	Remarks
1	170	Joshua SANSOM	Swansea	12.82	
2	168	Tyron BLAKE	Cwmbran	13.24	
3	169	Ben PEARSE	Cardiff	13.24	
4	171	Elliot WILLIAMS	Swansea	16.23	

CBP	49.18s		New CBP		3:00 PM
Welsh Record	49.18s		New Welsh Record		
Event	T37	4 x 100m Club Relays	FINAL	<i>Wind</i>	
Position	Bib	Club		Perf	Remarks
1	B	CARMARTHEN		48.53	
2	A	SWANSEA		49.67	

Welsh Athletics Track Field Championships
U13 / U15 Age Groups
Swansea University Track
Saturday 14th June

CBP 1m 82cm 2:00 PM

Welsh Record 1m 96cm

Event F19 High Jump

Position	Bib	Athlete	Club	Perf	Remarks
1	277	Stephen GUEST	Bridgend	1.75	
2	247	Ben JENKINS	Swansea	1.69	
3	91	Sean BERGIERS	Carmarthen	1.60	
4	276	Jordan BARRY	Cwmbran	1.45	
5	182	Jack McDONALD	Colwyn Bay	1.35	
6	278	William SPENCER	Swansea	1.35	
7	262	Ryan WILLIAMS	Ceredigion	1.30	

CBP 3m 40cm

Equal CBP

1:00 PM

Welsh Record 4m 40cm

Event F15 Pole Vault

Position	Bib	Athlete	Club	Perf	Remarks
1	277	Stephen GUEST	Bridgend	3.40	
2	286	Morgan ATKINS	Swansea	2.30	

CBP 6m 52cm

10:00 AM

Welsh Record 6m 63cm w

Event F1 Long Jump

Wind

Position	Bib	Athlete	Club	Perf	Remarks
1	183	Michael PAYNE	Newport	5.73	
2	103	James MORGAN	Newport	5.72	
3	98	Daniel HOWELLS	Carmarthen	5.26	
4	100	Lewis JONES	Bridgend	5.19	
5	101	Kieron MARTIN	Swansea	5.16	
6	182	Jack McDONALD	Colwyn Bay	5.13	
7	303	Ryan JONES	Swansea	4.57	
8	304	Samuel NORMAN	Barry & Vale	4.52	
9	136	Taylor JONES	Newport	4.29	
10	90	Jonathon BAILEY	Cardiff	3.76	
11	171	Elliot WILLIAMS	Swansea	3.46	

CBP 15m 59cm

1:00 PM

Welsh Record 17m 36cm

Event F13 Shot (4.00kg)

Position	Bib	Athlete	Club	Perf	Remarks
1	327	Johnathon STOWELL	Pembrokeshire	11.63	
2	325	Matthew FIELD	Aberdare	11.30	
3	304	Samuel NORMAN	Barry & Vale	10.95	
4	180	Adam JONES	Brecon	10.82	
5	326	Tomos JONES	Carmarthen	10.37	
6	181	Christopher MARKS	Carmarthen	9.55	
7	324	William CLARKE	Swansea	8.88	

Welsh Athletics Track Field Championships
U13 / U15 Age Groups
Swansea University Track
Saturday 14th June

CBP 43m 18cm 12:30 PM

Welsh Record 48m 66cm

Event F12 Discus (1.25kg)

Position	Bib	Athlete	Club	Perf	Remarks
1	327	Johnathon STOWELL	Pembrokeshire	32.76	
2	325	Matthew FIELD	Aberdare	29.53	
3	326	Tomos JONES	Carmarthen	23.01	
4	324	William CLARKE	Swansea	21.64	
5	104	Tom NORTON	Cwmbran	21.13	
6	334	Kieran QUIRKE	Bridgend	19.74	
7	333	Matt ARNOLD	Newport	10.96	

CBP 53m 70cm 10:30 AM

Welsh Record 55m 26cm

Event F3 Hammer (4.0kg)

Position	Bib	Athlete	Club	Perf	Remarks
1	327	Johnathon STOWELL	Pembrokeshire	32.01	
2	326	Tomos JONES	Carmarthen	26.23	
3	286	Morgan ATKINS	Swansea	14.86	
4	333	Matt ARNOLD	Newport	14.39	

CBP 52m 42cm 3:00 PM

Welsh Record 58m 58cm

Event F21 Javelin (600g)

Position	Bib	Athlete	Club	Perf	Remarks
1	104	Tom NORTON	Cwmbran	41.85	
2	357	James STEVENSON	Carmarthen	36.48	
3	356	Gethin LONG	Carmarthen	33.38	
4	95	Mathew DAVIES	Carmarthen	33.26	
5	168	Tyron BLAKE	Cwmbran	26.40	
6	334	Kieran QUIRKE	Bridgend	23.52	

Welsh Athletics - Height Card

Meeting		Welsh U13/U15 Track & Field Championships			Time		Venue		Swansea		Date		Saturday 14th June								
Event		U15B High Jump			2:00 PM		Record		Chuka ENIH-SNELL, Swansea, 1m 96cm, 1998												
							CBP		Jamie DALTON, Preseli, 1m 82cm, 1994												
							2007 Welsh Champion		Ashley JONES, Newport, 1m 60cm												
Order	Number	NAME	CLUB	Start Height	1.20	1.25	1.30	1.35	1.40	1.45	1.50	1.55	1.60	1.65	1.67	1.69	Best of All	Trials at Height Cleared	Total Failures	Total Trials	Position
					Mtrs	Mtrs	Mtrs	Mtrs	Mtrs	Mtrs	Mtrs	Mtrs	Mtrs	Mtrs	Mtrs	Mtrs	Mtrs				
1	91	Sean BERGIERS	Carmarthen	1.45						o	o	o	xxo	xxx			1.60				3
2	182	Jack McDONALD	Colwyn Bay	1.30			o	xo	xxx								1.35				5
3	247	Ben JENKINS	Swansea	1.50	xxx						o		xo	xo	xo	xo	1.69				2
4	262	Ryan WILLIAMS	Ceredigion	1.20	o	xo	o	xxx									1.30				7
5	276	Jordan BARRY	Cwmbran	1.30			o	o	o	xo	xxx						1.45				4
6	277	Stephen GUEST	Bridgend	1.40	o	xo	xxx		o			o		o		o	1.75				1
7	278	William SPENCER	Swansea	1.20	o	o	o	xxo	xxx								1.35				6
8																					
9																					
10																					
11																					
12																					
13																					
14																					
15																					
16																					

RESULTS										JUDGES' SIGNATURES									
No.	NAME	CLUB	PERF	No.	NAME	CLUB	PERF												
1	277	Stephen GUEST	Bridgend	1.75	9														
2	247	Ben JENKINS	Swansea	1.69	10														
3	91	Sean BERGIERS	Carmarthen	1.60	11														
4	276	Jordan BARRY	Cwmbran	1.45	12														
5	182	Jack McDONALD	Colwyn Bay	1.35	13														
6	278	William SPENCER	Swansea	1.35	14														
7	262	Ryan WILLIAMS	Ceredigion	1.30	15														
8					16														

Welsh Athletics - Height Card

Meeting		Welsh U13/U15 Track & Field Championships			Time		Venue		Swansea		Date		Saturday 14th June							
Event		U15G High Jump			12:30 PM		Record		Lea HAGGETT, Herne Hill, 1m 81cm, 1986		CBP		Julia CHARLTON, Carmarthen, 1m 75cm, 1980							
							2007 Welsh Champion		Hannah THOMAS, Wrexham, 1m 61cm											
Order	Number	NAME	CLUB	Start Height	1.10	1.15	1.20	1.25	1.30	1.35	1.40	1.45	1.50	1.55	1.60	Best of All	Trials at Height Cleared	Total Failures	Total Trials	Position
					Mtrs	Mtrs	Mtrs	Mtrs	Mtrs	Mtrs	Mtrs	Mtrs	Mtrs	Mtrs	Mtrs					
1	75	Emily MORRIS	Swansea	1.40							xxo	o	xxx			1.45				5
2	81	Rhiannon PLANT	Carmarthen	1.40							o	o	xxo	xxx		1.50				4
3	126	Alysha JONES	Bridgend	1.40							o	o	xo	xxx		1.50				3
4	129	Kate MATHIAS	Aberdare																	
5	156	Stacey COLLINS	Neath	1.45								o	o	o	xxx	1.55				1
6	157	Lydia DAVID	Wrexham																	
7	158	Kimberley DAVIES	Swansea	1.35						o	o	xo	xxx			1.45				6
8	163	Katie REYNOLDS	Swansea	1.35						xo	xxo	xxo	xxx			1.45				7
9	167	Atlanta WILLIAMS	Swansea	1.40							o	xo	o	xo	xxx	1.55				2
10	271	Ffion HARRIS	Swansea	1.10	o	o	xo	xxx								1.20				12
11	272	Rachel LISCOMBE	Maldwyn	1.10	o	o	o	o	xxx							1.25				10
12	273	Helena MADAN	Pembrokeshire	1.30					o	o	xo	xxx				1.40				9
13	274	Olivia PERRY	Cwmbran	1.30					o	xo	o	xxx				1.40				8
14	275	Rhiannon THOMAS	Swansea	1.10	o	o	xo	xxo	xxx							1.25				11
15																				
16																				

RESULTS										JUDGES' SIGNATURES											
No.	NAME	CLUB	PERF	No.	NAME	CLUB	PERF														
1	156	Stacey COLLINS	Neath	1.55	9	12	Helena MADAN	Helena MADAN	1.20												
2	167	Atlanta WILLIAMS	Swansea	1.55	10																
3	126	Alysha JONES	Bridgend	1.50	11																
4	81	Rhiannon PLANT	Carmarthen	1.50	12																
5	75	Emily MORRIS	Swansea	1.45	13																
6	158	Kimberley DAVIES	Swansea	1.45	14																
7	163	Katie REYNOLDS	Swansea	1.45	15																
8	274	Olivia PERRY	Cwmbran	1.40	16																

Welsh Athletics - Height Card

Meeting		Welsh U13/U15 Track & Field Championships			Time		Venue		Swansea		Date		Saturday 14th June								
Event		U15B Pole Vault			1:00 PM		Record		Neil WINTER, Shaftesbury, 4m 40cm, 1988					CBP							
							2007 Welsh Champion		Robert McGREGOR, Bridgend, 3m 20cm												
Order	Number	NAME	CLUB	Start Height	1.40	1.90	2.00	2.10	2.20	2.30	2.40	2.90	3.00	3.10	3.20	3.40	Best of All	Trials at Height Cleared	Total Failures	Total Trials	Position
					Mtrs	Mtrs	Mtrs	Mtrs	Mtrs	Mtrs	Mtrs	Mtrs	Mtrs	Mtrs	Mtrs	Mtrs					
1	277	Stephen GUEST	Bridgend	2.90	xxx							o			o	o	3.40				1
2	286	Morgan ATKINS	Swansea	1.40	o	o	o	o	xo	xxo	x						2.30				2
3																					
4																					
5																					
6																					
7																					
8																					
9																					
10																					
11																					
12																					
13																					
14																					
15																					
16																					
Equal Championship Best Performance																					
RESULTS																	JUDGES' SIGNATURES				
	No.	NAME	CLUB	PERF		No.	NAME	CLUB	PERF												
1	277	Stephen GUEST	Bridgend	3.40	9																
2	286	Morgan ATKINS	Swansea	2.30	10																
3					11																
4					12																
5					13																
6					14																
7					15																
8					16																
																	REFEREE'S SIGNATURE				

Welsh Athletics - Height Card

Meeting		Welsh U13/U15 Track & Field Championships			Time		Venue		Swansea		Date		Saturday 14th June								
Event		U15G Pole Vault			1:00 PM		Record		Rhianydd LLEWELLYN, Bridgend, 3m 15cm p, 2008												
							CBP		Jessica ABRAHAM, Cardiff, 3m 00cm, 2003												
							2007 Welsh Champion		Emma JONES, Swansea, 2m 91cm												
Order	Number	NAME	CLUB	Start Height	1.40	1.50	1.60	1.70	1.80	1.90	2.00	2.10	2.20	2.30	2.40	2.50	Best of All	Trials at Height Cleared	Total Failures	Total Trials	Position
					Mtrs	Mtrs	Mtrs	Mtrs	Mtrs	Mtrs	Mtrs	Mtrs	Mtrs	Mtrs	Mtrs	Mtrs					
1	279	Lucy DALY	Cardiff	2.00							o	o	o	xxx			2.20				5
2	280	Lucy HOPKINS	Cardiff	2.30										o	o	o	2.50				3
3	281	Enfys JONES	Carmarthen	1.50		o		o	o	o	xxx						1.90				6
4	282	Neven KORASHI	Swansea	1.40	o	o	o	xxx									1.60				7
5	283	Rhianydd LLEWELLYN	Bridgend	2.90				o	xo	o	xxx						3.10				1
6	284	Nina PRELLS	Swansea	2.00							o	o	o	o	xxx		2.30				4
7	285	Lucy ROULSTON	Deeside	2.70		xo	o	xxx									2.90				2
8																					
9																					
10																					
11																					
12																					
13																					
14																					
15																					
16																					
New Championship Best Performance																					
RESULTS																	JUDGES' SIGNATURES				
	No.	NAME	CLUB	PERF		No.	NAME	CLUB	PERF												
1	283	Rhianydd LLEWELLYN	Bridgend	3.10	9																
2	285	Lucy ROULSTON	Deeside	2.90	10																
3	280	Lucy HOPKINS	Cardiff	2.50	11																
4	284	Nina PRELLS	Swansea	2.30	12																
5	279	Lucy DALY	Cardiff	2.20	13																
6	281	Enfys JONES	Carmarthen	1.90	14																
7	282	Neven KORASHI	Swansea	1.60	15																
8					16																
																	REFEREE'S SIGNATURE				

Welsh Athletics : Distance Card

CARD 1 OF 2

Meeting		Welsh Junior Track & Field Championships		Venue	Swansea				Date	Saturday 14th June				
Event		U15G Long Jump		Time	Outdoor			Ceri JENKINS Cleddau, 5m 57cm, 1972						
					WCBP			Elinor LAMERTON Cardiff, 5m 34cm, 1992						
				3:00 PM	2007 Welsh Champion			Hannah THOMAS Wrexham, 5m 28cm						
Order	Number	Name	Club	1st Trial	2nd Trial	3rd Trial	Best of 3	Pos aft 3	WIND SPEED			Best Perf w/s	Best of All Metres	Final Position
				Metres	Metres	Metres	Metres		1st Trial	2nd Trial	3rd Trial			
1	60	Emily DACEY	Swansea	4.34	4.10	4.45	4.45	8	+0.3	-0.5	+0.5	+0.5	4.45	8
2	69	Chloe JONES	Wrexham	4.71	4.89	4.76	4.89	1	+1.8	+0.5	-1.1	+0.5	4.89	1
3	70	Nicola JONES	Swansea	3.70	NJ	4.16	4.16	10	+3.8	+0.5	-1.1	-1.1	4.16	10
4	72	Bethan MANSFIELD	Rhymney Valley	3.49	3.23	3.67	3.67	19	+0.5	-0.0	-0.4	-0.4	3.67	19
5	73	Maisie MATTHEWS	Cardiff	3.76	3.91	3.57	3.91	13	+1.5	+2.0	-0.5	+2.0	3.91	13
6	75	Emily MORRIS	Swansea	4.17	4.34	4.30	4.34	9	+2.9	-1.0	-1.8	-1.0	4.34	9
7	76	Toyah NEWMAN	Barry & Vale	3.98	3.83	3.72	3.98	11	+2.3	-0.8	-1.5	+2.3	3.98	11
8	78	Sara OTUNG	Cardiff	4.30	4.62	4.69	4.69	2	+0.7	-2.1	-0.7	-0.7	4.69	2
9	80	Nia PALLA	Swansea	4.64	4.52	4.32	4.64	3	-0.6	-0.8	-0.5	-0.6	4.64	3
10	83	Amelia ROBERTS	Carmarthen	3.74	3.87	3.74	3.87	15	-0.6	-0.8	-0.5	-0.8	3.87	15
11	85	Alison SINGLETON	Cardiff	2.97	2.92	3.51	3.51	21	+2.3	-0.4	-0.5	-0.5	3.51	21
12	133	Hannah MORRIS	Cardiff	3.51	3.78	3.65	3.78	17	-0.4	-1.7	-0.2	-1.7	3.78	17
13	131	Lucy TAYLOR	Bridgend	4.50	NJ	3.67	4.50	7	-0.3	-1.2	-0.3	-0.3	4.50	7
14	359	Laura WOODS	Cardiff	2.92	NJ	3.15	3.15	24	-0.3	-1.3	-2.1	-2.1	3.15	24
15	155	Laura BRADY	Maldwyn											
16	159	Elisha ELLIOTT	Cardiff	3.56	2.97	3.11	3.56	20	-0.4	-2.6	-0.3	-0.4	3.56	20

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FULL RESULTS										JUDGES' SIGNATURES						
No.	NAME	CLUB	Distance	No.	NAME	CLUB	Distance									
1	69	Chloe JONES	Wrexham	4.89	9	75	Emily MORRIS	Swansea	4.34							
2	78	Sara OTUNG	Cardiff	4.69	10	70	Nicola JONES	Swansea	4.16							
3	80	Nia PALLA	Swansea	4.64	11	76	Toyah NEWMAN	Barry & Vale	3.98							
4	161	Katie LEWIS	Bridgend	4.63	12	163	Katie REYNOLDS	Swansea	3.95							
5	300	Natasha LEWIS	Cwmbbran	4.57	13	73	Maisie MATTHEWS	Cardiff	3.91							
6	164	Gemma SEAMAN	Swansea	4.52	14	302	Martha WATERS	Swansea	3.88	REFeree SIGNATURE						
7	131	Lucy TAYLOR	Bridgend	4.50	15	83	Amelia ROBERTS	Carmarthen	3.87							
8	60	Emily DACEY	Swansea	4.45	16	175	Anna LEWIS	Cardiff	3.81							

Welsh Athletics : Distance Card

Meeting		Welsh Junior Track & Field Championships		Venue	Swansea				Date	Saturday 14th June				
Event		U15G Long Jump		Time	Outdoor			Ceri JENKINS Cleddau, 5m 57cm, 1972						
					WCBP			Elinor LAMERTON Cardiff, 5m 34cm, 1992						
				3:00 PM	2007 Welsh Champion			Hannah THOMAS Wrexham, 5m 28cm						
Order	Number	Name	Club	1st Trial	2nd Trial	3rd Trial	Best of 3	Pos aft 3	WIND SPEED			Best Perf	Best of All Metres	Final Position
				Metres	Metres	Metres	Metres		1st Trial	2nd Trial	3rd Trial			
17	161	Katie LEWIS	Bridgend	4.63			4.63	4	+2.4			+2.4	4.63	4
18	163	Katie REYNOLDS	Swansea	3.95	3.93	NJ	3.95	12	-0.4	-0.8	-0.1	-0.4	3.95	12
19	164	Gemma SEAMAN	Swansea	4.41	4.45	4.52	4.52	6	-3.0	-0.8	-0.2	-0.2	4.52	6
20	175	Anna LEWIS	Cardiff	3.81		3.61	3.81	16	+0.2		-0.7	+0.2	3.81	16
21	274	Olivia PERRY	Cwmbran	3.53	3.70	3.60	3.70	18	-0.6	-0.2	-1.7	-0.2	3.70	18
22	297	Arti DAVE	Swansea	2.92	NJ	NJ	2.92	25	-0.7	-0.0	-0.3	-0.7	2.92	25
23	298	Megan EYNON	Swansea	NJ	3.22	3.50	3.50	22	+0.0	-0.2	-2.1	-2.1	3.50	22
24	299	Jessica HARRIES	Pembrokeshire											
25	300	Natasha LEWIS	Cwmbran	4.14	4.57	4.40	4.57	5	-0.3	-1.8	-2.0	-1.8	4.57	5
26	301	Caroline REES	Swansea	NJ	NJ	3.48	3.48	23	-0.1	-1.3	+0.0	+0.0	3.48	23
27	302	Martha WATERS	Swansea	3.88	3.88	3.85	3.88	14	-0.3	-3.6	+0.9	-0.3	3.88	14

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FULL RESULTS										JUDGES' SIGNATURES						
No.	NAME	CLUB	Distance	No.	NAME	CLUB	Distance									
17	133	Hannah MORRIS	Cardiff	3.78	25	297	Arti DAVE	Swansea	2.92							
18	274	Olivia PERRY	Cwmbran	3.70												
19	72	Bethan MANSFIELD	Rhymney Valley	3.67												
20	159	Elisha ELLIOTT	Cardiff	3.56												
21	85	Alison SINGLETON	Cardiff	3.51												
22	298	Megan EYNON	Swansea	3.50												
23	301	Caroline REES	Swansea	3.48												
24	359	Laura WOODS	Cardiff	3.15												

Welsh Athletics : Distance Card

Meeting		Welsh Junior Track & Field Championships		Venue	Swansea			Date	Saturday 14th June				
Event		U15G Shot (3.25kg)		Time	Outdoor			Emily STEELE Shrewsbury, 13m 22cm, 1989					
					WCBP			Phillippa ROLES Swansea, 12m 43cm, 1992					
				2:00 PM	2007 Welsh Champion			Nina PRELLS Swansea, 8m 73cm					
Order	Number	Name	Club	1st Trial	2nd Trial	3rd Trial	Best of 3	Pos aft 3		Best of All	Final		
				Metres	Metres	Metres	Metres			Metres	Metres	Position	A
1	61	Lauren DREW	Barry & Vale										
2	157	Lydia DAVID	Wrexham	7.98	8.72	8.45	8.72	6		8.72	6		
3	273	Helena MADAN	Pembrokeshire	8.92	8.45	8.48	8.92	4		8.92	4		
4	282	Neven KORASHI	Swansea	NT	NT	7.94	7.94	7		7.94	7		
5	284	Nina PRELLS	Swansea	8.92	9.89	10.13	10.13	1		10.13	1		
6	318	Hannah GREENSLADE	Bridgend	8.71	8.91	NT	8.91	5		8.91	5		
7	319	Lucy GRIFFITHS	Pembrokeshire	9.55	9.89	9.68	9.89	2		9.89	2		
8	320	Elliw JAMES	Carmarthen	8.84	9.47	NT	9.47	3		9.47	3		
9	321	Hayley NUTTALL	Deeside										
10	322	Jasmin SEALE	Unattached										
11													
12													
13													
14													
15													
16													
FULL RESULTS										JUDGES' SIGNATURES			
	No.	NAME	CLUB	Distance		No.	NAME	CLUB	Distance				
1	284	Nina PRELLS	Swansea	10.13		9							
2	319	Lucy GRIFFITHS	Pembrokeshire	9.89		10							
3	320	Elliw JAMES	Carmarthen	9.47		11							
4	273	Helena MADAN	Pembrokeshire	8.92		12							
5	318	Hannah GREENSLADE	Bridgend	8.91		13							
6	157	Lydia DAVID	Wrexham	8.72		14							
7	282	Neven KORASHI	Swansea	7.94		15							
8						16							
										REFEREE SIGNATURE			

Welsh Athletics : Distance Card

Meeting		Welsh Junior Track & Field Championships		Venue	Swansea			Date	Saturday 14th June				
Event		U15G Discus (1.0kg)		Time	Outdoor			Philippa ROLES Swansea, 44m 12cm, 1992					
				11:30 AM	2007 Welsh Champion			Trudy WILLIAMS Bridgend, 27m 47cm					
Order	Number	Name	Club	1st Trial	2nd Trial	3rd Trial	Best of 3	Pos aft 3		Best of All	Final		
				Metres	Metres	Metres	Metres			Metres	Metres	Position	A
1	157	Lydia DAVID	Wrexham	15.90	NT	21.80	21.80	5		21.80	5		
2	284	Nina PRELLS	Swansea	18.33	19.90	26.37	26.37	2		26.37	2		
3	318	Hannah GREENSLADE	Bridgend	18.85	19.02	26.02	26.02	3		26.02	3		
4	319	Lucy GRIFFITHS	Pembrokeshire	22.78	21.81	23.67	23.67	4		23.67	4		
5	320	Elliw JAMES	Carmarthen	19.48	NT	NT	19.48	7		19.48	7		
6	321	Hayley NUTTALL	Deeside										
7	330	Melissa ARTHUR	Newport	15.89	17.48	16.84	17.48	8		17.48	8		
8	331	Megan VARLEY	Maldwyn	18.62	19.64	16.55	19.64	6		19.64	6		
9	358	Trudy WILLIAMS	Bridgend	28.79	31.88	29.93	31.88	1		31.88	1		
10													
11													
12													
13													
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16													
FULL RESULTS										JUDGES' SIGNATURES			
	No.	NAME	CLUB	Distance		No.	NAME	CLUB	Distance				
1	358	Trudy WILLIAMS	Bridgend	31.88	9								
2	284	Nina PRELLS	Swansea	26.37	10								
3	318	Hannah GREENSLADE	Bridgend	26.02	11								
4	319	Lucy GRIFFITHS	Pembrokeshire	23.67	12								
5	157	Lydia DAVID	Wrexham	21.80	13								
6	331	Megan VARLEY	Maldwyn	19.64	14								
7	320	Elliw JAMES	Carmarthen	19.48	15								
8	330	Melissa ARTHUR	Newport	17.48	16								
										REFEREE SIGNATURE			

Welsh Athletics : Distance Card

Meeting		Welsh Junior Track & Field Championships			Venue	Swansea			Date		Saturday 14th June			
Event		U15G Hammer (3.0kg)			Time	Outdoor		Charlotte MURRAY Swansea, 41m 90cm, 2004						
					10:30 AM	WCBP		Charlotte MURRAY Swansea, 40m 29cm, 2004						
						2007 Welsh Champion		Nia HODNETT Cardiff, 27m 69cm						
Order	Number	Name	Club	1st Trial	2nd Trial	3rd Trial	Best of 3	Pos aft 3		Best of All	Final			
				Metres	Metres	Metres	Metres			Metres	Position	A	B	
1	282	Neven KORASHI	Swansea	26.69	26.22	NT	26.69	4		26.69	4			
2	318	Hannah GREENSLADE	Bridgend	28.23	28.34	26.76	28.34	3		28.34	3			
3	358	Trudy WILLIAMS	Bridgend	37.51	37.03	34.60	37.51	1		37.51	1			
4	335	Nia HODNETT	Cardiff	27.77	28.84	28.37	28.84	2		28.84	2			
5	336	Chloe PHILLIPS	Cardiff	14.76	14.45	15.51	15.51	5		15.51	5			
6														
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16														
FULL RESULTS										JUDGES' SIGNATURES				
	No.	NAME	CLUB	Distance		No.	NAME	CLUB	Distance					
1	358	Trudy WILLIAMS	Bridgend	37.51	9									
2	335	Nia HODNETT	Cardiff	28.84	10									
3	318	Hannah GREENSLADE	Bridgend	28.34	11									
4	282	Neven KORASHI	Swansea	26.69	12									
5	336	Chloe PHILLIPS	Cardiff	15.51	13									
6					14									
7					15									
8					16									
										REFEREE SIGNATURE				

Welsh Athletics : Distance Card

Meeting		Welsh Junior Track & Field Championships		Venue	Swansea			Date	Saturday 14th June						
Event		U15G Javelin (600g)		Time	Outdoor			Danielle HAMER Carmarthen, 38m 15cm, 2005							
				1:30 PM	WCBP			Robyn PURCHASE Wrexham , 36m 18cm, 2005							
					2007 Welsh Champion			Christie WILLIAMS Aberdare, 27m 66cm							
Order	Number	Name	Club	1st Trial	2nd Trial	3rd Trial	Best of 3	Pos aft 3		Best of All	Final				
				Metres	Metres	Metres	Metres			Metres	Metres	Position	A	B	
1	63	Grace HARWOOD	Swansea	19.46	19.02	NT	19.46	9		19.46	9				
2	76	Toyah NEWMAN	Barry & Vale	20.47	NT	22.42	22.42	7		22.42	7				
3	166	Amy TIDBALL	Bridgend	NT	19.08	24.04	24.04	3		24.04	3				
4	272	Rachel LISCOMBE	Maldwyn	NT	NT	NT									
5	320	Eliw JAMES	Carmarthen	22.54	20.67	NT	22.54	6		22.54	6				
6	321	Hayley NUTTALL	Deeside												
7	330	Melissa ARTHUR	Newport	22.80	24.48	25.67	25.67	2		25.67	2				
8	331	Megan VARLEY	Maldwyn	16.40	16.18	19.03	19.03	10		19.03	10				
9	349	Ellise HAMER	Carmarthen												
10	350	Bethan JONES	Swansea	14.88	14.29	14.39	14.88	11		14.88	11				
11	351	Carys MANSFIELD	Carmarthen	NT	29.38	NT	29.38	1		29.38	1				
12	352	Kathryn PHILLIPS	Swansea	16.43	21.02	18.62	21.02	8		21.02	8				
13	353	Elin PHILLIPS	Neath	24.03	NT	23.15	24.03	4		24.03	4				
14	354	Eleanor VAN KLAVEREN	Kingston & Poly	23.35	19.10	21.92	23.35	5		23.35	5				
15															
16															
FULL RESULTS										JUDGES' SIGNATURES					
No.	NAME	CLUB	Distance	No.	NAME	CLUB	Distance								
1	351	Carys MANSFIELD	Carmarthen	29.38	9	63	Grace HARWOOD	Swansea	19.46						
2	330	Melissa ARTHUR	Newport	25.67	10	331	Megan VARLEY	Maldwyn	19.03						
3	166	Amy TIDBALL	Bridgend	24.04	11	350	Bethan JONES	Swansea	14.88						
4	353	Elin PHILLIPS	Neath	24.03	12										
5	354	Eleanor VAN KLAVEREN	Kingston & Poly	23.35	13										
6	320	Eliw JAMES	Carmarthen	23.35	14					REFEREE SIGNATURE					
7	76	Toyah NEWMAN	Barry & Vale	22.42	15										
8	352	Kathryn PHILLIPS	Swansea	21.02	16										

Welsh Athletics : Distance Card

Meeting		Welsh Junior Track & Field Championships		Venue	Swansea				Date	Saturday 14th June				
Event		U15B Long Jump		Time	Outdoor				Ian STRANGE Newport, 6m 63cm w, 1977					
				10:00 AM	2007 Welsh Champion				Ian STRANGE Newbridge HSc, 6m 52cm, 1977					
								Dominic COLMAN Pembrokeshire H, 5m 70cm						
Order	Number	Name	Club	1st Trial	2nd Trial	3rd Trial	Best of 3	Pos aft 3	WIND SPEED			Best Perf w/s	Best of All Metres	Final Position
				Metres	Metres	Metres	Metres		1st Trial	2nd Trial	3rd Trial			
1	90	Jonathon BAILEY	Cardiff	3.76	3.38	2.96	3.76	10					3.76	10
2	97	Dewi HAMMOND	Bromsgrove & Redditch											
3	98	Daniel HOWELLS	Carmarthen	5.26	NJ	NJ	5.26	3					5.26	3
4	100	Lewis JONES	Bridgend	5.08	5.04	5.19	5.19	4					5.19	4
5	101	Kieron MARTIN	Swansea	4.91	5.16	5.06	5.16	5					5.16	5
6	103	James MORGAN	Newport	4.84	5.70	5.72	5.72	2					5.72	2
7	136	Taylor JONES	Newport	4.14	4.29	4.15	4.29	9					4.29	9
8	171	Elliot WILLIAMS	Swansea	3.25	3.41	3.46	3.46	11					3.46	11
9	177	Alex COOMBER	Cardiff											
10	182	Jack McDONALD	Colwyn Bay	5.13	NJ	4.72	5.13	6					5.13	6
11	183	Michael PAYNE	Newport	5.58	5.73	4.41	5.73	1					5.73	1
12	245	James HUNT	Cardiff											
13	303	Ryan JONES	Swansea	4.31	NJ	4.57	4.57	7					4.57	7
14	304	Samuel NORMAN	Barry & Vale			4.52	4.52	8					4.52	8
15														
16														

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FULL RESULTS										JUDGES' SIGNATURES				
No.	NAME	CLUB	Distance	No.	NAME	CLUB	Distance							
1	183	Michael PAYNE	Newport	5.73	9	136	Taylor JONES	Newport	4.29					
2	103	James MORGAN	Newport	5.72	10	90	Jonathon BAILEY	Cardiff	3.76					
3	98	Daniel HOWELLS	Carmarthen	5.26	11	171	Elliot WILLIAMS	Swansea	3.46					
4	100	Lewis JONES	Bridgend	5.19	12									
5	101	Kieron MARTIN	Swansea	5.16	13					REFEREE SIGNATURE				
6	182	Jack McDONALD	Colwyn Bay	5.13	14									
7	303	Ryan JONES	Swansea	4.57	15									
8	304	Samuel NORMAN	Barry & Vale	4.52	16									

Welsh Athletics : Distance Card

Meeting		Welsh Junior Track & Field Championships		Venue	Swansea			Date	Saturday 14th June				
Event		U15B Shot (4.00kg)		Time	Outdoor			Mathew EVANS Carmarthen, 17m 36cm, 2003					
					WCBP			David BUNCE Seaford GSc, 15m 59cm, 1958					
				1:00 PM	2007 Welsh Champion			Rheon JAMES Carmarthen, 13m 84cm					
Order	Number	Name	Club	1st Trial	2nd Trial	3rd Trial	Best of 3	Pos aft 3		Best of All	Final		
				Metres	Metres	Metres	Metres			Metres	Metres	Position	A
1	180	Adam JONES	Brecon	10.21	10.82	NT	10.82	4		10.82	4		
2	181	Christopher MARKS	Carmarthen	8.60	9.34	9.55	9.55	6		9.55	6		
3	276	Jordan BARRY	Cwmbran										
4	304	Samuel NORMAN	Barry & Vale	10.02	8.27	10.95	10.95	3		10.95	3		
5	323	Robson BLAKE	Brecon										
6	324	William CLARKE	Swansea	8.55	8.67	8.88	8.88	7		8.88	7		
7	325	Matthew FIELD	Aberdare	11.30	NT	11.08	11.30	2		11.30	2		
8	326	Tomos JONES	Carmarthen	10.37	10.37	10.17	10.37	5		10.37	5		
9	327	Johnathon STOWELL	Pembrokeshire	11.61	11.63	11.11	11.63	1		11.63	1		
10													
11													
12													
13													
14													
15													
16													
FULL RESULTS										JUDGES' SIGNATURES			
	No.	NAME	CLUB	Distance		No.	NAME	CLUB	Distance				
1	327	Johnathon STOWELL	Pembrokeshire	11.63	9								
2	325	Matthew FIELD	Aberdare	11.30	10								
3	304	Samuel NORMAN	Barry & Vale	10.95	11								
4	180	Adam JONES	Brecon	10.82	12								
5	326	Tomos JONES	Carmarthen	10.37	13								
6	181	Christopher MARKS	Carmarthen	9.55	14								
7	324	William CLARKE	Swansea	8.88	15								
8					16					REFEREE SIGNATURE			

Welsh Athletics : Distance Card

Meeting		Welsh Junior Track & Field Championships		Venue	Swansea			Date	Saturday 14th June				
Event		U15B Discus (1.25kg)		Time	Outdoor			Liam WALSH Deeside, 48m 66cm, 1995					
					WCBP			Liam WALSH Deeside, 43m 18cm, 1996					
				12:30 PM	2007 Welsh Champion			Rheon JAMES Carmarthen, 39m 91cm					
Order	Number	Name	Club	1st Trial	2nd Trial	3rd Trial	Best of 3	Pos aft 3		Best of All	Final		
				Metres	Metres	Metres	Metres			Metres	Metres	Position	A
1	104	Tom NORTON	Cwmbbran	NT	NT	21.13	21.13	5		21.13	5		
2	137	Tomas PERRY	Barry & Vale										
3	323	Robson BLAKE	Brecon										
4	324	William CLARKE	Swansea	21.45	21.64	20.38	21.64	4		21.64	4		
5	325	Matthew FIELD	Aberdare	29.53	NT	NT	29.53	2		29.53	2		
6	326	Tomos JONES	Carmarthen	NT	21.89	23.01	23.01	3		23.01	3		
7	327	Johnathon STOWELL	Pembrokeshire	22.38	32.76	NT	32.76	1		32.76	1		
8	333	Matt ARNOLD	Newport	8.57	10.18	10.96	10.96	7		10.96	7		
9	334	Kieran QUIRKE	Bridgend	19.64	17.94	19.74	19.74	6		19.74	6		
10													
11													
12													
13													
14													
15													
16													
FULL RESULTS										JUDGES' SIGNATURES			
	No.	NAME	CLUB	Distance		No.	NAME	CLUB	Distance				
1	327	Johnathon STOWELL	Pembrokeshire	32.76	9								
2	325	Matthew FIELD	Aberdare	29.53	10								
3	326	Tomos JONES	Carmarthen	23.01	11								
4	324	William CLARKE	Swansea	21.64	12								
5	104	Tom NORTON	Cwmbbran	21.13	13								
6	334	Kieran QUIRKE	Bridgend	19.74	14								
7	333	Matt ARNOLD	Newport	10.96	15								
8					16					REFEREE SIGNATURE			

Welsh Athletics : Distance Card

Meeting		Welsh Junior Track & Field Championships		Venue	Swansea			Date	Saturday 14th June			
Event		U15B Hammer (4.0kg)		Time	Outdoor		Rhys HODNETT Cardiff 55m 26cm, 2006					
				10:30 AM	2007 Welsh Champion		Osian JONES Menai 38m 66cm					
Order	Number	Name	Club	1st Trial	2nd Trial	3rd Trial	Best of 3	Pos aft 3	Best of All	Final Position		
				Metres	Metres	Metres	Metres				Metres	A
1	286	Morgan ATKINS	Swansea	NT	14.86	NT	14.86	3	14.86	3		
2	326	Tomos JONES	Carmarthen	25.16	23.40	26.23	26.23	2	26.23	2		
3	327	Johnathon STOWELL	Pembrokeshire	32.01	31.40	28.37	32.01	1	32.01	1		
4	333	Matt ARNOLD	Newport	NT	14.39	14.05	14.39	4	14.39	4		
5												
6												
7												
8												
9												
10												
11												
12												
13												
14												
15												
16												
FULL RESULTS											JUDGES' SIGNATURES	
No.	NAME	CLUB	Distance	No.	NAME	CLUB	Distance					
1	327	Johnathon STOWELL	Pembrokeshire	32.01	9							
2	326	Tomos JONES	Carmarthen	26.23	10							
3	286	Morgan ATKINS	Swansea	14.86	11							
4	333	Matt ARNOLD	Newport	14.39	12							
5					13							
6					14							
7					15							
8					16							
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Welsh Athletics : Distance Card

Meeting		Welsh Junior Track & Field Championships		Venue	Swansea			Date	Saturday 14th June			
Event		U15B Javelin (600g)		Time	Outdoor		Rhys WILLIAMS Swansea 58m 58cm, 1996					
					WCBP		Richard LEWIS Llanelli 52m 42cm 1959					
				3:00 PM	2007 Welsh Champion		Jon LLEWELLYN Carmarthen 45m 68cm					
Order	Number	Name	Club	1st Trial	2nd Trial	3rd Trial	Best of 3	Pos aft 3	Best of All	Final Position		
				Metres	Metres	Metres	Metres				Metres	A
1	95	Mathew DAVIES	Carmarthen	33.26	27.41	31.49	33.26	4	33.26	4		
2	104	Tom NORTON	Cwmbran	41.85	38.06	41.80	41.85	1	41.85	1		
3	168	Tyron BLAKE	Cwmbran	NT	25.67	26.40	26.40	5	26.40	5		
4	323	Robson BLAKE	Brecon									
5	326	Tomos JONES	Carmarthen									
6	334	Kieran QUIRKE	Bridgend	NT	22.16	23.52	23.52	6	23.52	6		
7	355	David GOLDSMITH	Swansea	NT	NT	NT						
8	356	Gethin LONG	Carmarthen	33.38	32.83	NT	33.38	3	33.38	3		
9	357	James STEVENSON	Carmarthen	33.73	36.48	36.04	36.48	2	36.48	2		
10												
11												
12												
13												
14												
15												
16												
FULL RESULTS										JUDGES' SIGNATURES		
	No.	NAME	CLUB	Distance		No.	NAME	CLUB	Distance			
1	104	Tom NORTON	Cwmbran	41.85	9							
2	357	James STEVENSON	Carmarthen	36.48	10							
3	356	Gethin LONG	Carmarthen	33.38	11							
4	95	Mathew DAVIES	Carmarthen	33.26	12							
5	168	Tyron BLAKE	Cwmbran	26.40	13							
6	334	Kieran QUIRKE	Bridgend	23.52	14							
7					15							
8					16							
										REFEREE SIGNATURE		