

Welsh Athletics Track Field Championships
U17 / U20 Age Groups
Deeside College Track
Saturday 12th July

CBP	11.66				1:55 PM
Welsh Record	11.62				
Event	T18	100m	FINAL	<i>Wind</i>	+0.6
Position	Bib	Athlete	Club	Perf	Remarks
1	42	Hannah PENDLEBURY (W)	Deeside	12.45	
2	39	Zara GEORGE (W)	Cardiff	12.60	
3	40	Caryl GRANVILLE (W)	Carmarthen	12.67	
4	44	Emma REYNOLDS (W)	Cwmbran	13.12	
5	38	Llio EVANS (W)	Menai	13.14	
6	37	Kathryn DAVIES (W)	Cwmbran	13.45	
7	41	Sian JONES (W)	Neath	13.60	
8	45	Emma ROBERTS (W)	Menai	13.68	

CBP	24.20				3:00 PM
Welsh Record	23.60				
Event	T27	200m	FINAL	<i>Wind</i>	-0.7
Position	Bib	Athlete	Club	Perf	Remarks
1	36	Suzanne BEGG	Victoria Park Glasgow	25.47	
2	42	Hannah PENDLEBURY (W)	Deeside	25.68	
3	40	Caryl GRANVILLE (W)	Carmarthen	26.34	
4	38	Llio EVANS (W)	Menai	27.01	
5	44	Emma REYNOLDS (W)	Cwmbran	27.32	
6	37	Kathryn DAVIES (W)	Cwmbran	27.67	
7	45	Emma ROBERTS (W)	Menai	28.92	

CBP	55.80				3:35 PM
Welsh Record	52.80				
Event	T31	400m	FINAL	<i>Wind</i>	+2.2
Position	Bib	Athlete	Club	Perf	Remarks
1	94	Gail LIPPITT	Sale	59.16	
2	95	Rebecca NUTTALL	Deeside	60.41	
3	91	Sarah DACEY	Swansea	61.80	
4	63	Rebecca GARRETT	Cardiff	63.53	
5	93	Imogen LEWIS	Cardiff	DNS	

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Saturday 12th July

CBP 2.08.28 2:25 PM
Welsh Record 2.04.01
Event T23 800m FINAL *Wind*

Position	Bib	Athlete	Club	Perf	Remarks
1	95	Rebecca NUTTALL (W)	Deeside	2:15.97	
2	136	Sara DOBLER (W)	Swansea	2:17.77	
3	137	Jessica DICKSON (W)	Cwmbran	2:19.60	

CBP 4.38.05 1:35 PM
Welsh Record 4.23.55
Event T15 1500m FINAL *Wind*

Position	Bib	Athlete	Club	Perf	Remarks
1	164	Natalie SHARP	Kilbarchan	4:45.78	
2	158	Alaw BEYNON-THOMAS (W)	Carmarthen	4:56.15	
3	159	Gwenno BROWN (W)	Cardiff	4:57.32	
4	156	Michelle ALLEN (W)	Cardiff	5:07.90	
5	157	Natalie ALLEN (W)	Cardiff	5:18.80	

CBP 13.8 /14.46 12:35 PM
Welsh Record 13.57
Event T9 100m Hurdles FINAL *Wind* -0.7

Position	Bib	Athlete	Club	Perf	Remarks
1	40	Caryl GRANVILLE (W)	Carmarthen	14.87	
2	91	Sarah DACEY (W)	Swansea	15.43	
3	75	Rebecca GATEHOUSE (W)	Carmarthen	17.82	

CBP 59.98 11:15 AM
Welsh Record 58.37
Event T2 400m hdl FINAL *Wind* -0.4

Position	Bib	Athlete	Club	Perf	Remarks
1	107	Hannah PICK (W)	Carmarthen	71.43	
2	106	Emma GARSTANG (W)	Deeside	73.81	

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CBP	1.77			3:00 PM	
Welsh Record	1.88				
Event	F20	High Jump	FINAL	<i>Wind</i>	
Position	Bib	Athlete	Club	Perf	Remarks
1	179	Sian SWANSON	Maldwyn	1.60	
2	178	Ellie HOLTON	Brecon	1.60	
3					

CBP	3.50		New CBP	11:00 AM	
Welsh Record	3.70				
Event	F4	Pole Vault	FINAL	<i>Wind</i>	
Position	Bib	Athlete	Club	Perf	Remarks
1	203	Jessica ABRAHAM (W)	Cardiff	3.60	
2	202	Hannah ABRAHAM (W)	Cardiff	3.50	
3	205	Rhian JONES (W)	Neath	2.90	
4	206	Rachel THOMAS	UWIC	2.90	
5	204	Ruth JOHNS (W)	Deeside	2.40	

CBP	6.19			11:00 AM	
Welsh Record	6.25				
Event	F2	Long Jump	FINAL	<i>Wind</i>	
Position	Bib	Athlete	Club	Perf	Remarks
1	91	Sarah DACEY (W)	Swansea	5.74	+2.8
2	210	Fiona HUNTER JOHNSTON (W)	Forest of Dean	5.21	+3.3
3	212	Rhiannon YATES (W)	Newport	5.05	+5.1
4	209	Amy CAMPAGNE (W)	Deeside	4.91	+4.0
5	253	Rebecca GATT (W)	Bridgend	4.66	+2.9

CBP	12.02			4:00 PM	
Welsh Record	12.24				
Event	F24	Triple Jump	FINAL	<i>Wind</i>	
Position	Bib	Athlete	Club	Perf	Remarks
1	210	Fiona HUNTER JOHNSTON (W)	Forest of Dean	11.38	+4.8
2	220	Natalie DELAHUNTY	Oxford City	10.73	+3.5
3	209	Amy CAMPAGNE (W)	Deeside	10.58	+2.8
4	221	Donna JONES (W)	Llanelli	10.5	+1.2
5	107	Hannah PICK (W)	Carmarthen	9.46	+3.5

CBP	46.62			11:00 AM	
Welsh Record	51.60				
Event	F8	Discus (1.0kg)			
Position	Bib	Athlete	Club	Perf	Remarks
1	239	Katie WICKMAN	North Devon	40.56	

CBP	47.95			4:00 PM	
Welsh Record	50.95				
Event	F26	Javelin (600g)	FINAL		
Position	Bib	Athlete	Club	Perf	Remarks
1	249	Claire WILLIAMS (W)	Swansea	43.13	
2	248	Robyn PURCHASE (W)	Wrexham	37.15	

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CBP 10.54 2:00 PM
Welsh Record 10.12
Event T19 100m FINAL Wind -1.4

Position	Bib	Athlete	Club	Perf	Remarks
1	48	Gareth PRICE (W)	Team Southampton	10.99	
2	47	Chris HOWE (W)	Cardiff	11.12	
3	49	Adam JONES (W)	Barry & Vale	11.60	
4	52	Carwyn OWEN (W)	Deeside	11.76	
5	50	Carwyn MILBURN (W)	Menai T&F	12.51	

CBP 21.46 4:00 PM
Welsh Record 20.29
Event T39 200m FINAL Wind

Position	Bib	Athlete	Club	Perf	Remarks
1	48	Gareth PRICE (W)	Team Southampton	22.60	
2	47	Chris HOWE (W)	Cardiff	22.87	
3	64	Cynan EVANS (W)	Wrexham	23.27	
4	65	James McLEAN	Southend	23.63	

CBP 48.14 3:45 PM
Welsh Record 46.1
Event T32 400m FINAL Wind +1.9

Position	Bib	Athlete	Club	Perf	Remarks
1	97	Scott HUGHSON (W)	Edinburgh	49.50	
2	64	Cynan EVANS (W)	Wrexham	50.50	
3	99	Callum McCABE (W)	Trafford	52.14	
4	100	Tom ROBERTS (W)	Leeds City	52.55	
5	98	Daniel LESTER (W)	Cwmbran	53.24	
6	101	Thomas SNOWDEN (W)	Deeside	56.57	

CBP 1.52.0 2:30 PM
Welsh Record 1.48.20
Event T24 800m FINAL Wind

Position	Bib	Athlete	Club	Perf	Remarks
1	138	Jonathan BUTLER (W)	Swansea	2:02.40	
2	140	Joshua MOSS	Stevenage	2:04.26	
3	142	Craig SPROD (W)	Aberdare	2:05.40	

CBP 3.52.7 3:10 PM
Welsh Record 3.44.49
Event T28 1500m FINAL Wind -1.1

Position	Bib	Athlete	Club	Perf	Remarks
1	170	Adam BITCHELL (W)	Carmarthen	4:02.08	
2	172	Ieuan THOMAS (W)	Cwmbran	4:03.02	
3	166	Dewi GRIFFITHS (W)	Carmarthen	4:03.35	
4	138	Jonathan BUTLER (W)	Swansea	4:03.85	
5	252	Harry JONES (W)	Cardiff	4:04.38	
6	165	Johnathan MORGAN (W)	Newport	4:07.42	
7	171	Michael KERSHAW (W)	Cwmbran	4:08.49	
8	175	Nathan HARDEE (W)	Newport	4:14.26	
9	173	Jamie BUSSELL (W)	Cwmbran	4:16.88	
10	167	Gavin HANRAHAN (W)	Cwmbran	4:18.13	
11	174	Philip EDGE (W)	Deeside	4:23.79	
12	168	Gethin EDWARDS (W)	Menai	4:30.91	

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CBP		13.8			11:00 AM
Welsh Record		13.44			
Event	T13	110m Hurdles	Timetrial	Wind	+1.4
Position	Bib	Athlete	Club	Perf	Remarks
1	78	Benjamin REYNOLDS	North Down	14.63	
2	79	Dafydd WALTERS (W)	Carmarthen	14.98	

CBP		52.54			4:00 PM
Welsh Record		51.14			
Event	T3A	400m hdl	FINAL	Wind	-0.6
Position	Bib	Athlete	Club	Perf	Remarks
1	108	Luke MORGAN (W)	Cardiff	57.8*	
2	110	Gareth MORRIS (W)	Ashford	57.9*	
3	96	Jamie GUTTERIDGE (W)	Cardiff	59.1*	
4	109	Alex DEAN (W)	Deeside	64.7*	
5	111	Jamie STEDMAN (W)	Llanelli	64.7*	

*manual entered time

CBP		5.45.1			4:00 PM
Welsh Record		5.34.8			
Event	T35	2000m s/c	FINAL	Wind	-0.3
Position	Bib	Athlete	Club	Perf	Remarks
1	117	David WESTBURY	Derby	6:20.91	
2	167	Gavin HANRAHAN	Cwmbran	6:35.59	

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CBP 2.08 1:00 PM
Welsh Record 2.24
Event F13 High Jump

Position	Bib	Athlete	Club	Perf	Remarks
1	186	Mike EHLEN	Sale	2.05	
2	190	John MCCAFFERTY	Irvine AC	2.00	
3	187	Danny EVANS (W)	Deeside	1.85	
4	188	Lewis LONG (W)	Cardiff	1.85	
5	189	Josh MADDEN (W)	Carmarthen	1.80	
6	191	Gawain ROGERS (W)	Wrexham	1.80	
7	193	Daniel WILLIAMS (W)	Aberdare	1.70	

CBP 7.28 1:00 PM
Welsh Record 7.56
Event F11 Long Jump

Position	Bib	Athlete	Club	Perf	Remarks
1	215	Thomas KIVELL (W)	Newport	6.80	+3.6
2	222	James GARDNER (W)	City of Stoke	6.67	+4.2
3	50	Carwyn MILBURN (W)	Menai T&F	6.45	+4.5
4	214	Stephen JEFFREYS (W)	Brecon	5.75	+6.4/+3.1
5	216	Jonathan WORGAN (W)	Brecon	5.54	+6.1

CBP 15.47 2:30 PM
Welsh Record 15.99
Event F18 Triple Jump

Position	Bib	Athlete	Club	Perf	Remarks
1	223	Alex OBIAKO (W)	Cardiff	14.66	+0.8
2	186	Mike EHLEN	Sale	13.89	+3.0
3	224	Adam WILLIAMS (W)	Menai	13.75	+1.7
4	215	Thomas KIVELL (W)	Newport	13.54	+4.6
5	222	James GARDNER (W)	City of Stoke	12.65	+1.1
6	191	Gawain ROGERS (W)	Wrexham	12.15	+2.2
7	216	Jonathan WORGAN (W)	Brecon	11.98	+4.1
8	214	Stephen JEFFREYS (W)	Brecon	11.80	+4.3
9	111	Jamie STEDMAN (W)	Llanelli	11.19	+4.0

CBP 15.52 11:00 AM
Welsh Record 17.15
Event F6 Shot (6.0kg)

Position	Bib	Athlete	Club	Perf	Remarks
1	235	Jacob MATTHEWS (W)	Newport	13.68	
2	216	Jonathan WORGAN (W)	Brecon	9.27	

CBP 53.39 1:00 PM
Welsh Record 59.59
Event F15 Discus (1.75kg)

Position	Bib	Athlete	Club	Perf	Remarks
1	235	Jacob MATTHEWS (W)	Newport	45.35	

CBP 63.14 3:00 PM
Welsh Record 68.74
Event F22 Javelin (800g)

Position	Bib	Athlete	Club	Perf	Remarks
1	189	Josh MADDEN (W)	Carmarthen	54.70	
2	251	Joshua WILLIAMS (W)	Aberdare	45.79	

Welsh Athletics - Height Card

Meeting		Welsh U17/U20 Open Track & Field Championships		Time	Venue		Deeside		Date		Saturday 12th July									
Event		F4 - U20W Pole Vault		11:00 AM	Record		Rhian CLARKE, Essex Ladies, 3.7, 1996		CBP		Lyndsey MAUND, Swansea, 3.5, 2005									
					2007 Welsh Champion		Jessica ABRAHAM, Cardiff, 3.41													
Order	Number	NAME	CLUB	Start Height	3.60	3.71										Best of All	Trials at Height Cleared	Failures	T Trials	Position
					2.40	2.50	2.60	2.70	2.80	2.90	3.00	3.10	3.20	3.30	3.40	3.50				
1	202	Hannah ABRAHAM (W)	Cardiff	3.00	xxx						o	o	o	o	o	xxo	3.50			2
2	203	Jessica ABRAHAM (W)	Cardiff	3.20	xo	xxx							o	o	xo	xo	3.60			1
3	204	Ruth JOHNS (W)	Deeside	2.40	xo	xxx											2.40			5
4	205	Rhian JONES (W)	Neath	2.70				xxo	xo	o	xxx						2.90			3=
5	206	Rachel THOMAS	UWIC	2.60				xxo	o	o	xo	xxx					2.90			3=
6																				
7																				
8																				
9																				
10																				
11																				
12																				
13																				
14																				
15																				
16																				

New Championship Best Performance

RESULTS

JUDGES' SIGNATURES

No.	NAME	CLUB	PERF	No.	NAME	CLUB	PERF
1	203 Jessica ABRAHAM (W)	Cardiff	3.60	9			
2	202 Hannah ABRAHAM (W)	Cardiff	3.50	10			
3=	205 Rhian JONES (W)	Neath	2.90	11			
3=	206 Rachel THOMAS	UWIC	2.90	12			
5	204 Ruth JOHNS (W)	Deeside	2.40	13			
6				14			
7				15			
8				16			

REFEREE'S SIGNATURE

Welsh Athletics - Height Card

Meeting		Welsh U17/U20 Open Track & Field Championships			Time	Venue				Deeside		Date	Saturday 12th July							
Event		F13 - U20M High Jump			1:00 PM	Record				John HILL, Solihull, 2.24, 1985		CBP								
						2007 Welsh Champion				John HILL, Solihull, 2.08, 1984		Craig DAVIES, Carmarthen, 1.9								
Order	Number	NAME	CLUB	Start Height	1.60	1.65	1.70	1.75	1.80	1.85	1.90	1.95	2.00	2.05	2.10	Best of All	Trials at Height Cleared	Failures	T Trials	Position
					Mtrs	Mtrs	Mtrs	Mtrs	Mtrs	Mtrs	Mtrs	Mtrs	Mtrs	Mtrs	Mtrs					
1	78	Benjamin REYNOLDS	North Down	1.85																
2	186	Mike EHLEN	Sale	1.80					o	o	o	xo	o	xo	xx	2.05				1
3	187	Danny EVANS (W)	Deeside	1.75				o	o	xxo	xxx					1.85				3
4	188	Lewis LONG (W)	Cardiff	1.65		o	o	o	o	xxo	xxx					1.85				4
5	189	Josh MADDEN (W)	Carmarthen	1.60	o		xo	o	o	xxx						1.80				5
6	190	John MCCAFFERTY	Irvine AC	1.90							o	xo	xo	xxx		2.00				2
7	191	Gawain ROGERS (W)	Wrexham	1.65		o	o	o	xo	xxx						1.80				6
8	192	Robby WELLS (W)	Swansea	1.65		o	o	o	o	xxx						1.80				4
9	193	Daniel WILLIAMS (W)	Aberdare	1.60	o	o	o	xxx								1.70				7
10																				
11																				
12																				
13																				
14																				
15																				
16																				

RESULTS

JUDGES' SIGNATURES

No.	NAME	CLUB	PERF	No.	NAME	CLUB	PERF
1	186 Mike EHLEN	Sale	2.05	9			
2	190 John MCCAFFERTY	Irvine AC	2.00	10			
3	187 Danny EVANS (W)	Deeside	1.85	11			
4	188 Lewis LONG (W)	Cardiff	1.85	12			
5	189 Josh MADDEN (W)	Carmarthen	1.80	13			
6	191 Gawain ROGERS (W)	Wrexham	1.80	14			
7	193 Daniel WILLIAMS (W)	Aberdare	1.70	15			
8				16			

REFEREE'S SIGNATURE

Welsh Athletics - Height Card

Meeting		Welsh U17/U20 Open Track & Field Championships		Time	Venue					Deeside			Date		Saturday 12th July						
Event		F20 - U20W High Jump		3:00 PM	Record					Rebecca JONES, Wrexham, 1.88, 2002											
					CBP					Rebecca JONES, Wrexham, 1.77, 2000											
					2007 Welsh Champion					Jennifer WADE, Barry & Vale, 1.65											
Order	Number	NAME	CLUB	Start Height	1.35	1.40	1.45	1.50	1.55								Best of All	Trials at Height Cleared	Failures	T Trials	Position
					Mtrs	Mtrs	Mtrs	Mtrs	Mtrs	Mtrs	Mtrs	Mtrs	Mtrs	Mtrs	Mtrs						
1	93	Imogen LEWIS (W)	Cardiff	1.35	o	o	xo	xo	xxx								1.50				1
2	107	Hannah PICK (W)	Carmarthen	1.35	o	o	o	xxx									1.45				2
3	185	Hawys PRICE (W)	Menai																		
4																					
5																					
6																					
7																					
8																					
9																					
10																					
11																					
12																					
13																					
14																					
15																					
16																					

RESULTS

JUDGES' SIGNATURES

No.	NAME	CLUB	PERF	No.	NAME	CLUB	PERF
1	Imogen LEWIS (W)	Cardiff	1.50	9			
2	Hannah PICK (W)	Carmarthen	1.45	10			
3				11			
4				12			
5				13			
6				14			
7				15			
8				16			

REFEREE'S SIGNATURE

Welsh Athletics : Distance Card

Meeting		Welsh Junior Track & Field Championships		Time		Venue		Deeside		Date		Saturday 12th July								
Event		F2 - U20W Long Jump 3 + 3 Trials		11:00 AM		Outdoor		Lisa ARMSTRONG Torfaen, 6.25, 1992		WCBP		Lisa ARMSTRONG Torfaen, 6.19, 1992								
						2007 Welsh Champion		Zara GEORGE Cardiff, 5.63												
Order	BIB	Name	Club	1st Trial		2nd Trial		3rd Trial		Best of 3	Pos aft 3	4th Trial		5th Trial		6th Trial		Best Perf	W/s Best	Final Positio
				Metres	w/s	Metres	w/s	Metres	w/s			Metres	w/s	Metres	w/s	Metres	w/s			
1	91	Sarah DACEY (W)	Swansea	5.54	+3.2	5.64	+4.5	5.58	+4.1	5.64	1	5.74	+2.8	5.59	+3.1	NJ	+2.5	5.74	+2.8	1
2	203	Jessica ABRAHAM (W)	Cardiff																	
3	209	Amy CAMPAGNE (W)	Deeside	4.89	+3.2	4.64	+4.5	4.78	+7.0	4.89	3	4.70	+2.1	4.91	+4.0	NJ	+3.7	4.91	+4.0	4
4	210	Fiona HUNTER JOHNSTON (W)	Forest of Dean	5.02	+5.2	5.04	+2.6	5.11	+4.7	5.11	2	NJ	+2.6	5.21	+4.9	5.23	+3.3	5.21	+3.3	2
5	211	Aileen RUANE	Sligo AC																	
6	212	Rhiannon YATES (W)	Newport	NJ		3.55	+2.5	NJ	+3.0	3.55	5	4.00	+3.0	5.05	+5.1	NJ	+3.6	5.05	+5.1	3
7	253	Rebecca GATT (W)	Bridgend	4.63	+1.8	4.83	+2.5	4.80	+6.1	4.83	4	4.51	+2.3	4.66	+2.4	4.84	+2.9	4.66	+2.9	5
8																				
9																				
10																				
11																				
12																				
13																				
14																				
15																				
16																				

FULL RESULTS											JUDGES' SIGNATURES			
No.	NAME	CLUB	Perf		No.	NAME	CLUB	Perf						
1	91	Sarah DACEY (W)	Swansea	5.74	9									
2	210	Fiona HUNTER JOHNSTON (W)	Forest of Dean	5.21	10									
3	212	Rhiannon YATES (W)	Newport	5.05	11									
4	209	Amy CAMPAGNE (W)	Deeside	4.91	12									
5	253	Rebecca GATT (W)	Bridgend	4.66	13									
6					14									
7					15									
8					16									

Welsh Athletics : Distance Card

Meeting		Welsh Junior Track & Field Championships		Time	Venue			Deeside		Date	Saturday 14th July		
Event		F6 - U20M Shot (6.0kg) 3 + 3 Trials		11:00 AM	Outdoor			Brett MORSE Cardiff, 17.15, 2008					
					WCBP			Mathew EVANS Carmarthen , 15.52, 2006					
					2007 Welsh Champion			Brett MORSE Cardiff, 15.35					
Order	BIB	Name	Club	1st Trial	2nd Trial	3rd Trial	Best of 3	Pos aft 3	4th Trial	5th Trial	6th Trial	Best Perf	Final Positio
				Metres	Metres	Metres			Metres	Metres	Metres		
1	216	Jonathan WORGAN (W)	Brecon	8.59	9.27	NT	9.27	2	9.07	9.25	9.11	9.27	2
2	234	Philip BROWN	Blaydon Harriers										
3	235	Jacob MATTHEWS (W)	Newport	13.66	13.24	13.20	13.66	1	13.68	NT	13.33	13.68	1
4													
5													
6													
7													
8													
9													
10													
11													
12													
13													
14													
15													
16													

FULL RESULTS											JUDGES' SIGNATURES		
No.	NAME	CLUB	Perf		No.	NAME	CLUB	Perf					
1	235	Jacob MATTHEWS (W)	Newport	13.68	9								
2	216	Jonathan WORGAN (W)	Brecon	9.27	10								
3					11								
4					12								
5					13								
6					14								
7					15								
8					16								

REFEREE SIGNATURE

Welsh Athletics : Distance Card

Meeting		Welsh Junior Track & Field Championships				Time		Venue				Deeside		Date		Saturday 14th July				
Event		F11 - U20M Long Jump 3 + 3 Trials				1:00 PM		Outdoor				Colin JACKSON Cardiff, 7.56, 1985		WCBP		Richardo CHILDS Brecon, 7.28, 2003				
								2007 Welsh Champion				David COOK Exeter Uni, 6.94								
Order	BIB	Name	Club	1st Trial		2nd Trial		3rd Trial		Best of 3	Pos aft 3	4th Trial		5th Trial		6th Trial		Best Perf	W/s Best	Final Positio
				Metres	w/s	Metres	w/s	Metres	w/s			Metres	w/s	Metres	w/s	Metres	w/s			
1	49	Adam JONES (W)	Barry & Vale	NJ	+4.4	NJ	+4.1	5.53	+4.0	5.53	6	WD						5.53	+4.0	6
2	50	Carwyn MILBURN (W)	Menai T&F	5.64	+3.0	5.65	+3.7	6.45	+4.5	6.45	3	5.44	+4.3	5.55	+2.9	WD		6.45	+4.5	3
3	213	Kueni IGBAGIRI (W)	Carmarthen																	
4	214	Stephen JEFFREYS (W)	Brecon	5.75	+6.4	5.75	+3.1	NJ	+4.6	5.75	4	5.64	+6.9	NJ	+5.9	5.70	+2.2	5.75	+6.4/+3.1	4
5	215	Thomas KIVELL (W)	Newport	6.62	+4.7	6.69	+5.5	6.72	+4.1	6.72	1	6.80	+3.6	6.72	+4.9	NJ	+4.0	6.80	+3.6	1
6	216	Jonathan WORGAN (W)	Brecon	5.28	+3.7	5.54	+6.1	5.30	+2.0	5.54	5	4.93	+5.1	5.36	+3.7	3.50	+4.5	5.54	+6.1	5
7	222	James GARDNER (W)	City of Stoke	6.33	+3.5	6.36	+5.4	6.58	+3.9	6.58	2	6.57	+6.6	6.67	+4.2	6.43	+3.2	6.67	+4.2	2
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FULL RESULTS											JUDGES' SIGNATURES			
No.	NAME	CLUB	Perf		No.	NAME	CLUB	Perf						
1	215	Thomas KIVELL (W)	Newport	6.80	9									
2	222	James GARDNER (W)	City of Stoke	6.67	10									
3	50	Carwyn MILBURN (W)	Menai T&F	6.45	11									
4	214	Stephen JEFFREYS (W)	Brecon	5.75	12									
5	216	Jonathan WORGAN (W)	Brecon	5.54	13									
6	49	Adam JONES (W)	Barry & Vale	5.53	14									
7					15									
8					16									

Welsh Athletics : Distance Card

Meeting		Welsh Junior Track & Field Championships		Time	Venue			Deeside		Date	Saturday 14th July		
Event		F15 - U20M Discus (1.75kg) 3 + 3 Trials		1:00 PM	Outdoor			Brett MORSE Cardiff, 59.59, 2008					
					WCBP			Bret MORSE Cardiff, 53.39, 2007					
					2007 Welsh Champion			Brett MORSE Cardiff, 53.39					
Order	BIB	Name	Club	1st Trial	2nd Trial	3rd Trial	Best of 3	Pos aft 3	4th Trial	5th Trial	6th Trial	Best Perf	Final Position
				Metres	Metres	Metres			Metres	Metres	Metres		
1	234	Philip BROWN	Blaydon Harriers										
2	235	Jacob MATTHEWS (W)	Newport	33.04	45.35	NT	45.35	1	44.00	NT	42.52	45.35	1
3	240	Allan MACKAY	Shettleston Harriers										
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FULL RESULTS											JUDGES' SIGNATURES		
No.	NAME	CLUB	Perf		No.	NAME	CLUB	Perf					
1	235	Jacob MATTHEWS (W)	Newport	45.35	9								
2					10								
3					11								
4					12								
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7					15			REFEREE SIGNATURE					
8					16								

Welsh Athletics : Distance Card

Meeting		Welsh Junior Track & Field Championships				Time		Venue				Deeside		Date		Saturday 14th July				
Event		F18 - U20M Triple Jump 3 + 3 Trials				2:30 PM		Outdoor				Steven SHALDERS Cardiff, 15.99, 2000		WCBP		Steven SHALDERS Cardiff, 15.47, 1999				
								2007 Welsh Champion				Adam WILLIAMS Menai T&F, 13.13								
Order	BIB	Name	Club	1st Trial		2nd Trial		3rd Trial		Best of 3	Pos aft 3	4th Trial		5th Trial		6th Trial		Best Perf	W/s Best	Final Positio
				Metres	w/s	Metres	w/s	Metres	w/s			Metres	w/s	Metres	w/s	Metres	w/s			
1	49	Adam JONES (W)	Barry & Vale																	
2	111	Jamie STEDMAN (W)	Llanelli	11.01	-0.2	11.19	+4.0	11.13	+1.6	11.19	9	NJ	+4.9	11.16	+3.4	RET		11.19	+4.0	9
3	186	Mike EHLEN	Sale	13.89	+3.0	NJ	+2.1	RET		13.89	2						13.89	+3.0	2	
4	191	Gawain ROGERS (W)	Wrexham	11.55	+3.1	11.63	+5.5	12.15	+3.5	12.15	6	NJ	+3.6	11.72	+2.2	11.75	+3.2	12.15	+2.2	6
5	214	Stephen JEFFREYS (W)	Brecon	11.25	+7.8	11.36	+5.9	11.45	+6.3	11.45	8	11.80	+4.3	11.59	+2.6	11.75	+3.2	11.80	+4.3	8
6	215	Thomas KIVELL (W)	Newport	13.46	+2.0	NJ	+1.8	13.53	+4.4	13.53	4	13.54	+4.6	13.32	+3.3	NJ	+2.0	13.54	+4.6	4
7	216	Jonathan WORGAN (W)	Brecon	NJ	+4.7	11.56	+4.8	11.89	+4.5	11.89	7	11.98	+4.1	NJ	+4.6	11.77	+4.5	11.98	+4.1	7
8	222	James GARDNER (W)	City of Stoke	12.65	+1.1	NJ	+5.0	RET		12.65	5						12.65	+1.1	5	
9	223	Alex OBIAKO (W)	Cardiff	14.66	+0.8	NJ	+3.4	13.69	+3.5	14.66	1	NJ	+2.4	NJ	+2.2	14.11	+18	14.66	+0.8	1
10	224	Adam WILLIAMS (W)	Menai	13.75	+1.7	13.56	+1.9	13.38	+3.5	13.75	3	12.02	+3.5	12.84	+4.9	RET		13.75	+1.7	3
11																				
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FULL RESULTS											JUDGES' SIGNATURES			
No.	NAME	CLUB	Perf		No.	NAME	CLUB	Perf						
1	223	Alex OBIAKO (W)	Cardiff	14.66	9	111	Jamie STEDMAN (W)	Llanelli	11.19					
2	186	Mike EHLEN	Sale	13.89	10									
3	224	Adam WILLIAMS (W)	Menai	13.75	11									
4	215	Thomas KIVELL (W)	Newport	13.54	12									
5	222	James GARDNER (W)	City of Stoke	12.65	13									
6	191	Gawain ROGERS (W)	Wrexham	12.15	14							REFEREE SIGNATURE		
7	216	Jonathan WORGAN (W)	Brecon	11.98	15									
8	214	Stephen JEFFREYS (W)	Brecon	11.80	16									

Welsh Athletics : Distance Card

Meeting		Welsh Junior Track & Field Championships		Time	Venue			Deeside		Date	Saturday 14th July		
Event		F22 - U20M Javelin (800g) 3 + 3 Trials		3:00 PM	Outdoor			Jonathan CLARKE Swansea, 68.74, 1986					
					WCBP			Jonathan CLARKE Swansea, 63.14, 1986					
					2007 Welsh Champion			Garth LOUGHRAN Carmarthen, 60.15					
Order	BIB	Name	Club	1st Trial	2nd Trial	3rd Trial	Best of 3	Pos aft 3	4th Trial	5th Trial	6th Trial	Best Perf	Final Position
				Metres	Metres	Metres			Metres	Metres	Metres		
1	189	Josh MADDEN (W)	Carmarthen	53.20	53.96	52.39	53.96	1	54.70	52.33	53.11	54.70	1
2	250	Garth LOUGHRAN (W)	Carmarthen										
3	251	Joshua WILLIAMS (W)	Aberdare	44.10	44.97	43.97	44.97	2	45.79	41.47	43.12	45.79	2
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5													
6													
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FULL RESULTS											JUDGES' SIGNATURES		
No.	NAME	CLUB	Perf		No.	NAME	CLUB	Perf					
1	189	Josh MADDEN (W)	54.70	9									
2	251	Joshua WILLIAMS (W)	45.79	10									
3				11									
4				12									
5				13									
6				14									
7				15									
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REFEREE SIGNATURE

Welsh Athletics : Distance Card

Meeting		Welsh Junior Track & Field Championships				Time		Venue				Deeside		Date		Saturday 14th July				
Event		F24 - U20W Triple Jump 3 + 3 Trials				4:00 PM		Outdoor				Sally PEAKE Liverpool, 12.24, 2005		WCBP		Sally PEAKE Liverpool, 12.02, 2005				
								2007 Welsh Champion				Hannah PICK Carmarthen, 9.53								
Order	BIB	Name	Club	1st Trial		2nd Trial		3rd Trial		Best of 3	Pos aft 3	4th Trial		5th Trial		6th Trial		Best Perf	W/s Best	Final Position
				Metres	w/s	Metres	w/s	Metres	w/s			Metres	w/s	Metres	w/s	Metres	w/s			
1	107	Hannah PICK (W)	Carmarthen	9.46	+3.5	9.38	+4.9	NT	+2.7	9.46	5	NT	+3.0	9.43	+3.0			9.46	+3.5	5
2	185	Hawys PRICE (W)	Menai																	
3	209	Amy CAMPAGNE (W)	Deeside	10.39	+3.6	10.42	+3.1	10.19	+3.1	10.42	4	10.58	+2.8	10.38	+5.1	10.24	+3.2	10.58	+2.8	3
4	210	Fiona HUNTER JOHNSTON (W)	Forest of Dean	11.11	+4.3	10.76	+1.8	11.37	+3.8	11.37	1	11.34	+6.8	11.38	+4.8	11.19	+3.2	11.38	+4.8	1
5	220	Natalie DELAHUNTY	Oxford City	10.46	+4.4	NJ	+5.4	10.63	+3.8	10.63	2	10.73	+3.5	10.64	+4.1	NJ	+3.2	10.73	+3.5	2
6	221	Donna JONES (W)	Llanelli	10.21	+2.2	10.47	+3.2	NJ	+3.5	10.47	3	10.47	+3.7	10.20	+7.1	10.50	+1.2	10.50	+1.2	4
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FULL RESULTS											JUDGES' SIGNATURES			
No.	NAME	CLUB	Perf		No.	NAME	CLUB	Perf						
1	210	Fiona HUNTER JOHNSTON (W)	Forest of Dean	11.38	9									
2	220	Natalie DELAHUNTY	Oxford City	10.73	10									
3	209	Amy CAMPAGNE (W)	Deeside	10.58	11									
4	221	Donna JONES (W)	Llanelli	10.50	12									
5	107	Hannah PICK (W)	Carmarthen	9.46	13									
6					14									
7					15									
8					16									

Welsh Athletics : Distance Card

Meeting		Welsh Junior Track & Field Championships		Time	Venue			Deeside		Date	Saturday 14th July		
Event		F26 - U20W Javelin (600g) 3 + 3 Trials		4:00 PM	Outdoor			Lianne CLARKE Neath, 50.95, 2004					
					WCBP			Lianne CLARKE Neath, 47.95, 2004					
					2007 Welsh Champion			Danielle HAMER Carmarthen, 41					
Order	BIB	Name	Club	1st Trial	2nd Trial	3rd Trial	Best of 3	Pos aft 3	4th Trial	5th Trial	6th Trial	Best Perf	Final Positio
				Metres	Metres	Metres			Metres	Metres	Metres		
1	247	Danielle HAMER (W)	Carmarthen										
2	248	Robyn PURCHASE (W)	Wrexham	NT	NT	34.11	34.11	2	34.10	NT	37.15	37.15	2
3	249	Claire WILLIAMS (W)	Swansea	39.81	38.26	43.13	43.13	1	39.07	39.53	41.52	43.13	1
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FULL RESULTS											JUDGES' SIGNATURES		
No.	NAME	CLUB	Perf		No.	NAME	CLUB	Perf					
1	249	Claire WILLIAMS (W)	Swansea	43.13	9								
2	248	Robyn PURCHASE (W)	Wrexham	37.15	10								
3					11								
4					12								
5					13								
6					14								
7					15								
8					16								

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