

NJL Northern Mersey Div Round:3 RESULTS
 Liverpool, Wavertree, Sun 29 June 2008

M 100m A

1 Thaddeus Anim-Somuah SHS 11.6
 2 Harry Doran LVP 11.6
 3 Tom Cusworth NWA 11.9
 4 Craig O'Brien WIR 11.9
 5 Liam Clowes U17 CTS 12.2

M 100m B

1 Nathan Hilton LVP 11.7
 2 Jake Collins WIR 12.0
 3 Ryan Fahey U17 SHS 12.4
 4 Colin Hornby U17 CTS 12.6
 5 Daniel Burton NWA 12.8

M 200m A

1 Cynan Evans NWA 22.9
 2 Marty Corcoran U17 SHS 23.1
 3 Danny Higham LVP 23.3
 4 Craig O'Brien WIR 23.6
 5 Liam Clowes U17 CTS 24.8

M 200m B

1 Harry Doran LVP 22.9
 2 Tom Cusworth NWA 23.0
 3 Thaddeus Anim-Somuah SHS 23.4
 4 Jake Collins WIR 25.6
 5 Aamir Walwyn U17 CTS 25.7

M 400m A

1 Nathan Hilton LVP 49.5
 2 Cynan Evans NWA 50.2
 3 Aamir Walwyn U17 CTS 53.2
 4 Danny Hughes SHS 58.3

M 400m B

1 Callum Bennett NWA 54.7
 2 Ross Nelms LVP 56.4
 3 Alan Littler CTS 61.1

M 800m A

1 Harry Boyd SPW 2.05.3
 2 Lewis Myatt NWA 2.06.6
 3 Chris Bennett U17 CTS 2.10.8
 4 Danny Hughes U17 SHS 2.13.2
 5 Mike McCarten U17 LVP 2.15.7
 6 Eamon Foster U17 WIR 2.15.9

M 800m B

1 David McArdle NWA 2.08.3
 2 Jake Healey U17 SHS 2.13.5
 3 David Rampling WIR 2.19.9
 4 John Meakin U17 LVP 2.26.4

M 1500m A

1 Jamie Wright NWA 4.16.6
 2 Andrew Gawne U17 WIR 4.22.0
 3 Jake Healey U17 SHS 4.42.4

M 1500m B

1 David Rampling WIR 4.24.2

M 3000m A

1 Ricky Challinor NWA 9.08.7
 2 Matthew Hughes WIR 10.14.5

M 3000m B

1 Phil Edge NWA 9.44.7
 2 David Rampling WIR 11.02.2

M 110mH A

1 Alex Dean NWA 22.2

M 110mH B

1 Scott Roberts NWA 22.2

M 400mH A

1 Daniel Burton NWA 60.6
 2 Steven Clague SHS 65.7

M 400mH B

1 Tom Tilson NWA 66.5

M 2000m Sc A

1 Steven Clague SHS 7.26.3
 2 Scott Roberts NWA 7.32.5
 3 Dave Gough U17 SPW 7.33.3
 4 Liam Dyer CTS 8.56.5

M 2000m Sc B

M Discus Throw A

1 Liam Dyer U17 CTS 20.25
 2 Scott Roberts NWA 19.52
 3 Gareth Nuttall WIR 16.62

M Discus Throw B

1 Matty Walker NWA 17.38
 2 Alan Littler CTS 15.12

M Hammer Throw A

1 Tony West U17 LVP 37.69
 2 Steven Clague SHS 21.75
 3 Alan Littler CTS 13.83

M Hammer Throw B

No competitors

M High Jump A

1=Jordan Kelly SPW 1.55
 1=Alan Littler CTS 1.55

M High Jump B

No competitors

M Javelin Throw A		M Javelin Throw B	
1 Tony West U17	LVP 39.35	1 Lewis Myatt	NWA 14.16
2 Tom Cusworth	NWA 35.62	2 Ryan Jackson U17	CTS 4.25
3 Rob Hamilton	CTS 29.80		
4 Gareth Nuttall	WIR 28.44		
M Long Jump A		M Long Jump B	
1 Tom Cusworth	NWA 6.20	1 Adam Williams	NWA 5.83
2 Ryan Jackson U17	CTS 4.33		
M Pole Vault A		M Pole Vault B	
No competitors		No competitors	
M Shot Putt A		M Shot Putt B	
1 Tony West U17	LVP 9.17	1 Alex Dean	NWA 8.03
2 Scott Roberts	NWA 8.05		
3 Ryan Jackson U17	CTS 6.59		
M Triple Jump A		M Triple Jump B	
1 Adam Williams	NWA 13.61	No competitors	
2 Aamir Walwyn U17	CTS 12.60		
3 Jordan Kelly	SPW 12.34		
4 Martin Corcoran	SHS 11.78		
W 100m A		W 100m B	
1 Hannah Pendlebury	NWA 12.7	1 Rachel Stoakley	CTS 13.3
2 Sam Galley	CTS 13.0	2 Emma Roberts	NWA 14.0
3 Rebecca Blacklock 17	WIR 13.4		
W 200m A		W 200m B	
1 Hannah Pendlebury	NWA 26.5	1 Llio Flur Evans	NWA 27.6
2 Emily Done	CTS 27.2		
W 400m A		W 400m B	
1 Llio Flur Evans	NWA 64.3	No competitors	
2 Pippa Stott	WIR 72.5		
W 800m A		W 800m B	
1 Abi Oliver U17	NWA 2.22.2	1 Emma Binns U17	LVP 2.46.6
2 Grace Stewart U17	LVP 2.25.7		
3 Pippa Stott	WIR 2.38.0		
4 Katy Phipps	CTS 2.51.7		
W 1500m A		W 1500m B	
1 Amy Rose Talbot	SHS 4.53.2	No competitors	
2 Jess Schofield U17	WIR 5.09.1		
W 3000m A		W 3000m B	
1 Kate Titlow	CTS 11.01.3	1 Rachael Patterson	WIR 12.09.0
2 Emily Murphy	WIR 11.31.9		
W 100mH A		W 100mH B	
No competitors		No competitors	
W 400mH A		W 400mH B	
1 Rebecca Grimes	CTS 75.4	No competitors	
2 Grace Stewart U17	LVP 77.9		
W Discus Throw A		W Discus Throw B	
1 Brea Lung U17	NWA 37.45	1 Rebecca Chin U17	NWA 34.27
2 Claire Jones	WIR 27.49	2 Mariella Catton U17	WIR 18.20
W Hammer Throw A		W Hammer Throw B	
1 Charlotte Christian	LVP 34.34	1 Rachel Hutchinson	LVP 32.25
2 Brea Lung U17	NWA 25.92		

W High Jump A
1 Samantha Fraser U17 SHS 1.56
2 Rebecca Blacklock 17 WIR 1.53
3 Chevaune Halewood CTS 1.45
4 Emma Garstang NWA 1.45

W High Jump B
No competitors

W Javelin Throw A
1 Claire Jones WIR 27.16
2 Rebecca Grimes CTS 23.76
3 Charlotte Christian LVP 19.37

W Javelin Throw B
1 Rachel Hutchinson LVP 14.77
2 Mariella Catton U17 WIR 9.86
3 Emily Done CTS 9.05

W Long Jump A
1 Sian Kelman CTS 5.16
2 Amy Campagne NWA 4.84
3 Rebecca Blacklock 17 WIR 4.74

W Long Jump B
1 Emily Clarke CTS 4.81
2 Emma Garstang NWA 4.70

W Pole Vault A
1 Rebecca Davies U17 NWA 3.20

W Pole Vault B
No competitors

W Shot Putt A
1 Rachel Everett SPW 9.39
2 Rebecca Chin U17 NWA 9.16
3 Samantha Fraser U17 SHS 9.09
4 Charlotte Christian LVP 8.33
5 Claire Jones WIR 7.38
6 Emily Clarke CTS 6.98

W Shot Putt B
1 Rachel Hutchinson LVP 7.94
2 Mariella Catton U17 WIR 7.20

W Triple Jump A
1 Amy Campagne NWA 10.49
2 Eleanor Owen CTS 10.07

W Triple Jump B
1 Emily Clarke CTS 9.33

W 4x100m Relay

1 NWA 52.3	1 Llio Flur Evans	2 Emma Roberts
	3 Emma Garstang	4 Hannah Pendlebury
2 CTS 52.5	1 Emily Clarke	2 Rachel Stoakley
	3 Sam Galley	4 Rebecca Grimes
3 WIR 58.7	1 Jess Schofield U17	2 Rachael Patterson
	3 Pippa Stott	4 Rebecca Steen

W 4x400m Relay

1 WIR 4.39.5	1 Jess Schofield U17	2 Rachael Patterson
	3 Pippa Stott	4 Rebecca Steen

M 4x100m Relay

1 LVP 45.1	1 Danny Higham	2 Ross Nelms
	3 Harry Doran	4 Nathan Hilton
2 NWA 46.0	1 Cynan Evans	2 Tom Cusworth
	3 Adam Williams	4 Scott Roberts
3 WIR 48.5	1 Andrew Gawne U17	2 Jake Collins
	3 Craig O'Brien	4 Gareth Nuttall
4 CTS 51.2	1 Aamir Walwyn	2 Colin Hornby
	3 Alan Littler	4 Rob Hamilton

M 4x400m Relay

1 LVP 3.31.8	1 Ross Nelms	2 Danny Higham
	3 Nathan Hilton	4 Harry Doran
2 NWA 3.50.2	1 Daniel Burton	2 David McArdle
	3 David Mountford	4 Lewis Myatt
3 WIR 3.58.3	1 Andrew Gawne U17	2 Eamon Foster U17
	3 Shaun Egan U17	4 David Rampling
4 SHS 3.59.6	1 Thaddeus Anim-Somuah	2 Jake Healey U17
	3 Ryan Fahey U17	4 Steven Clague

After 37.5 of 38 events

PRIOR STANDINGS			MATCH RESULT		LEAGUE STANDINGS			
	Event	Lge		Event	Lge		Event	Lge
1	NWA 931	16	1	NWA 433	8	1	North Wales	1364 24
2	CTS 772	14	2	CTS 300	7	2	Cheshire Tigers AC	1072 21
3	LVP 503	11	3	WIR 272	6	3	Liverpool Pemb & Sefton H	737 16
4	WIR 361	10	4	LVP 234	5	4	Wirral AC	633 16
5	SHS 364	9	5	SHS 164	4	5	St. Helens Sutton AC	528 13
6	SPW 111	6	6	SPW 83	3	6	Southport Waterloo	194 9

Athletes of the match

Nathan Hilton LPS 400m 49.5
Brea Lung North Wales Discus 37.45m

Note(s)

CTS Includes + 35pts,
LVP Includes + 35pts,
NWA Includes + 30pts,
SPW Includes + 35pts,
SHS Includes + 30pts,
WIR Includes + 35pts,

NJL Northern Mersey Div Round:3 GUEST EVENTS

400mH men
1 Alex Dean NWA 67.0
100m men
1 Mike Howard U17 SHS 12.1
2 Gareth Nuttall WIR 12.3

200m men
1 Mike Howard U17 SHS 24.3
2 Tom Tilston NWA 24.9
800m men
1 Alec Beaney CTS 2.07.0

3000m women
1 Rebecca Steen U17 WIR 12.26.5

NJL Northern Mersey Div Round:3 SCORING SHEETS
 Liverpool, Wavertree, Sun 29 June 2008

Team	CTS	LVP	NWA	SPW	SHS	WIR	POINTS				
							Used	Waste	Tot		
No's	1 11	2 22	3 33	4 44	5 55	6 66	66	66	66	66	
M 100m	A	6	9	8	0	11	7	41	5	46	
	B	5	9	4	0	6	7	31	3	34	
Cumulative		11	18	12	0	17	14	72	8	80	
M 200m	A	6	8	11	0	9	7	41	5	46	
	B	4	9	7	0	6	5	31	3	34	
Cumulative		21	35	30	0	32	26	144	16	160	
M 400m	A	8	11	9	0	7	0	35	11	46	
	B	6	7	9	0	0	0	22	12	34	
Cumulative		35	53	48	0	39	26	201	39	240	
M 800m	A	8	6	9	11	7	5	46	0	46	
	B	0	5	9	0	7	6	27	7	34	
Cumulative		43	64	66	11	53	37	274	46	320	
M 1500m	A	0	0	11	0	8	9	28	18	46	
	B	0	0	0	0	0	9	9	25	34	
Cumulative		43	64	77	11	61	55	311	89	400	
M 3000m	A	0	0	11	0	0	9	20	26	46	
	B	0	0	9	0	0	7	16	18	34	
Cumulative		43	64	97	11	61	71	347	133	480	
M 110mH	A	0	0	11	0	0	0	11	35	46	
	B	0	0	9	0	0	0	9	25	34	
Cumulative		43	64	117	11	61	71	367	193	560	
M 400mH	A	0	0	11	0	9	0	20	26	46	
	B	0	0	9	0	0	0	9	25	34	
Cumulative		43	64	137	11	70	71	396	244	640	
M 2000Sc	A	7	0	9	8	11	0	35	11	46	
	B	0	0	0	0	0	0	0	0	0	
Cumulative		50	64	146	19	81	71	431	255	686	
M DT	A	11	0	9	0	0	8	28	18	46	
	B	7	0	9	0	0	0	16	18	34	
Cumulative		68	64	164	19	81	79	475	291	766	
M HT	A	8	11	0	0	9	0	28	18	46	
	B	0	0	0	0	0	0	0	34	34	
Cumulative		76	75	164	19	90	79	503	343	846	

Team		CTS	LVP	NWA	SPW	SHS	WIR	POINTS			
No's		1 11	2 22	3 33	4 44	5 55	6 66	Used	Waste	Tot	
+-----+											
M HJ	A	10	0	0	10	0	0	20	26	46	
	B	0	0	0	0	0	0	0	34	34	
Cumulative		86	75	164	29	90	79	523	403	926	
+-----+											
M JT	A	8	11	9	0	0	7	35	11	46	
	B	7	0	9	0	0	0	16	18	34	
Cumulative		101	86	182	29	90	86	574	432	1006	
+-----+											
M LJ	A	9	0	11	0	0	0	20	26	46	
	B	0	0	9	0	0	0	9	25	34	
Cumulative		110	86	202	29	90	86	603	483	1086	
+-----+											
M PV	A	0	0	0	0	0	0	0	46	46	
	B	0	0	0	0	0	0	0	34	34	
Cumulative		110	86	202	29	90	86	603	563	1166	
+-----+											
M SP	A	8	11	9	0	0	0	28	18	46	
	B	0	0	9	0	0	0	9	25	34	
Cumulative		118	97	220	29	90	86	640	606	1246	
+-----+											
M TJ	A	9	0	11	8	7	0	35	11	46	
	B	0	0	0	0	0	0	0	34	34	
Cumulative		127	97	231	37	97	86	675	651	1326	
+-----+											
W 100m	A	9	0	11	0	0	8	28	18	46	
	B	9	0	7	0	0	0	16	18	34	
Cumulative		145	97	249	37	97	94	719	687	1406	
+-----+											
W 200m	A	9	0	11	0	0	0	20	26	46	
	B	0	0	9	0	0	0	9	25	34	
Cumulative		154	97	269	37	97	94	748	738	1486	
+-----+											
W 400m	A	0	0	11	0	0	9	20	26	46	
	B	0	0	0	0	0	0	0	34	34	
Cumulative		154	97	280	37	97	103	768	798	1566	
+-----+											
W 800m	A	7	9	11	0	0	8	35	11	46	
	B	0	9	0	0	0	0	9	25	34	
Cumulative		161	115	291	37	97	111	812	834	1646	
+-----+											
W 1500m	A	0	0	0	0	11	9	20	26	46	
	B	0	0	0	0	0	0	0	34	34	
Cumulative		161	115	291	37	108	120	832	894	1726	
+-----+											
W 3000m	A	11	0	0	0	0	9	20	26	46	
	B	0	0	0	0	0	9	9	25	34	
Cumulative		172	115	291	37	108	138	861	945	1806	

Team		CTS	LVP	NWA	SPW	SHS	WIR	POINTS		
No's		1 11	2 22	3 33	4 44	5 55	6 66	Used	Waste	Tot

W 100mH	A	0	0	0	0	0	0	0	46	46
	B	0	0	0	0	0	0	0	34	34
Cumulative		172	115	291	37	108	138	861	1025	1886

W 400mH	A	11	9	0	0	0	0	20	26	46
	B	0	0	0	0	0	0	0	34	34
Cumulative		183	124	291	37	108	138	881	1085	1966

W 1500Sc	A	0	0	0	0	0	0	0	0	0
	B	0	0	0	0	0	0	0	0	0
Cumulative		183	124	291	37	108	138	881	1085	1966

W DT	A	0	0	11	0	0	9	20	26	46
	B	0	0	9	0	0	7	16	18	34
Cumulative		183	124	311	37	108	154	917	1129	2046

W HT	A	0	11	9	0	0	0	20	26	46
	B	0	9	0	0	0	0	9	25	34
Cumulative		183	144	320	37	108	154	946	1180	2126

W HJ	A	8	0	7	0	11	9	35	11	46
	B	0	0	0	0	0	0	0	34	34
Cumulative		191	144	327	37	119	163	981	1225	2206

W JT	A	9	8	0	0	0	11	28	18	46
	B	6	9	0	0	0	7	22	12	34
Cumulative		206	161	327	37	119	181	1031	1255	2286

W LJ	A	11	0	9	0	0	8	28	18	46
	B	9	0	7	0	0	0	16	18	34
Cumulative		226	161	343	37	119	189	1075	1291	2366

W PV	A	0	0	11	0	0	0	11	35	46
	B	0	0	0	0	0	0	0	34	34
Cumulative		226	161	354	37	119	189	1086	1360	2446

W SP	A	5	7	9	11	8	6	46	0	46
	B	0	9	0	0	0	7	16	18	34
Cumulative		231	177	363	48	127	202	1148	1378	2526

W TJ	A	9	0	11	0	0	0	20	26	46
	B	9	0	0	0	0	0	9	25	34
Cumulative		249	177	374	48	127	202	1177	1429	2606

W 4x1		9	0	11	0	0	8	28	18	46
Cumulative		258	177	385	48	127	210	1205	1447	2652

W 4x4		0	0	0	0	0	11	11	35	46
Cumulative		258	177	385	48	127	221	1216	1482	2698

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|      Team| CTS | LVP | NWA | SPW | SHS | WIR |      POINTS |
|      No's| 1 11| 2 22| 3 33| 4 44| 5 55| 6 66|Used Waste Tot|
|-----+-----+-----+-----+-----+-----+-----+-----+-----+-----|
|M 4x1    |    7|   11|    9|    0|    0|    8| 35| 11| 46|
|Cumulative| 265| 188| 394|  48| 127| 229|1251|1493|2744|
|-----+-----+-----+-----+-----+-----+-----+-----+-----+-----|
|M 4x4    |    0|   11|    9|    0|    7|    8| 35| 11| 46|
|Cumulative| 265| 199| 403|  48| 134| 237|1286|1504|2790|
|-----+-----+-----+-----+-----+-----+-----+-----+-----+-----|
|      Add|  35|   35|   30|   35|   30|   35|  0|  0|  0|
| subtract|   0|   0|   0|   0|   0|   0|  0|  0|  0|
|Cumulative| 300| 234| 433|  83| 164| 272|1286|1504|2790|
|-----+-----+-----+-----+-----+-----+-----+-----+-----+-----|
|      TOTALS| 300| 234| 433|  83| 164| 272|1286|1504|2790|
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Pos	Team	Points	Add	Sub	Total
1	North Wales	403	30	0	433
2	Cheshire Tigers AC	265	35	0	300
3	Wirral AC	237	35	0	272
4	Liverpool Pemb & Sefton H	199	35	0	234
5	St. Helens Sutton AC	134	30	0	164
6	Southport Waterloo	48	35	0	83
After 37.5 of 38 events					
Used + add - sub = total		1286	200	0	1486
Unused points		1504			1504
(Used+unused)+add-sub=total		2790	200	0	2990

Team	1st	2nd	3rd	4th	5th	6th	1st	2nd	3rd	4th	5th	6th
NWA	A 15	11	1	1	0	0	B 11	3	0	0	1	0
CTS	A 5	7	6	3	2	1	B 3	2	2	1	1	0
WIR	A 2	7	7	3	1	1	B 2	5	1	1	0	0
LVP	A 7	3	2	1	1	0	B 6	1	0	1	0	0
SHS	A 4	3	2	4	0	0	B 0	1	2	0	0	0
SPW	A 3	0	2	0	0	0	B 0	0	0	0	0	0

Men	Event	Women	Event
1	North Wales	1	North Wales
2	Cheshire Tigers AC	2	Wirral AC
3	Liverpool Pemb & Sefton H	3	Cheshire Tigers AC
4	St. Helens Sutton AC	4	Liverpool Pemb & Sefton H
5	Wirral AC	5	St. Helens Sutton AC
6	Southport Waterloo	6	Southport Waterloo

Results by www.Resultsbox.co.uk and Athletics Weekly