

NJL Northern Mersey Div Round:4 RESULTS
 Connah's Quay, Deeside, Sun 27 July 2008

M 100m A		M 100m B	
1 Liam Clowes	CTS 11.2	1 Nathan Hilton	LVP 11.4
2 Harry Doran	LVP 11.3	2 Jack Andrew	CTS 11.6
3 Jake Collins	WIR 11.4	3 Craig Obrien	WIR 11.9
4 Ryan Fahey	SHS 12.1	4 Scott Roberts	NW 12.5
5 Daniel Burton	NW 12.5		
M 200m A		M 200m B	
1 Nathan Hilton	LVP 22.9	1 Thomas Snowdon	NW 27.9
2 Liam Clowes	CTS 22.9		
3 Craig Obrien	WIR 23.8		
4 Ryan Fahey	SHS 25.1		
5 Cunan Evans	NW 26.8		
M 400m A		M 400m B	
1 Harry Doran	LVP 50.4	1 Wayne Ashall	LVP 50.6
2 Cunan Evans	NW 51.0	2 Lewis Emmitt	CTS 54.4
3 Chris Bennett	CTS 56.9	3 Tim Davies	NW 55.1
M 800m A		M 800m B	
1 Danny Meadows	CTS 2.05.6	1	SHS 2.12.1
2 David McArdle	NW 2.07.3		
3 Steven Clague	SHS 2.12.1		
M 1500m A		M 1500m B	
1 Ben Costello	WIR 4.36.8	Not timetabled	
2 David McArdle	NW 5.07.8		
M 3000m A		M 3000m B	
1 Phil Edge	NW 9.33.2	1 Steve McOrmack	NW 10.36.7
M 110mH A		M 110mH B	
1 Patrick Cook	SHS 16.3	1 Alex Dean	NW 20.6
2 Tom Booth	CTS 18.7		
3 Scott Roberts	NW 20.6		
M 400mH A		M 400mH B	
1 Tom Booth	CTS 60.9	1 Alex Dean	NW 69.5
2 Steven Clague	SHS 63.3		
3 Daniel Burton	NW 66.6		
M 2000m Sc A		M 2000m Sc B	
1 Matthew Jackson	SHS 6.06.8	1 Alex Dean	NW 8.41.6
2 Lewis Myatt	NW 7.08.3		
3 Tom Booth	CTS 7.41.4		
M Discus Throw A		M Discus Throw B	
1 Jack Titlow	CTS 24.97	1 Alan Littler	CTS 14.29
2 David McArdle	NW 19.76		
M High Jump A		M High Jump B	
1 Billy Williams	LVP 1.80	1 Lewis Myatt	NW 1.55
2 Patrick Croom	SHS 1.60		
3 Scott Roberts	NW 1.60		
4 Alan Littler	CTS 1.55		
M Javelin Throw A		M Javelin Throw B	
1 Adam Edgar	CTS 38.46	1 Jack Andrew	CTS 36.39
2 Alex Dean	NW 31.21		

M Long Jump A		M Long Jump B	
1 Jack Andrew	CTS 6.53	1 Ryan Fahey	SHS 4.93
2 Patrick Cook	SHS 6.10		
3 Adam Williams	NW 5.99		
4 Billy Williams	LVP 5.10		
M Shot Putt A		M Shot Putt B	
1 Adam Edgar	CTS 9.83	Not timetabled	
M Triple Jump A		M Triple Jump B	
1 Adam Williams	NW 13.15	1 Thomas Snowdon	NW 11.57
W 100m A		W 100m B	
1 Sian Kelman	CTS 12.6	1 Sam Galley	CTS 12.9
2 Hannah Pendlebury	NW 12.6	2 Emma Roberts	NW 13.7
W 200m A		W 200m B	
1 Hannah Pendlebury	NW 26.0	1 Emma Roberts	NW 27.9
2 Shona Valentine	CTS 27.4		
3 Heather Drillington	SHS 28.8		
W 400m A		W 400m B	
1 Rebecca Nuttall	NW 63.3	Not timetabled	
W 800m A		W 800m B	
1 Heather Drillington	SHS 2.35.7	Not timetabled	
2 Nicole Garner	LVP 2.38.4		
W 1500m A		W 1500m B	
1 Emily Murphy	WIR 5.18.5	Not timetabled	
W 3000m A		W 3000m B	
1 Kate Titlow	CTS 10.43.2	Not timetabled	
2 Toria Swift	LVP 12.40.5		
W 400mH A		W 400mH B	
1 Grace Stewart	LVP 76.1	Not timetabled	
2 Patricia Byrne	NW 76.2		
W Discus Throw A		W Discus Throw B	
1 Lauren Hunt	CTS 35.28	1 Grace Stewart	LVP 11.51
2 Jenna Sherratt	NW 28.28		
3 Nicole Garner	LVP 13.89		
W High Jump A		W High Jump B	
1 Sian Swanson	NW 1.60	Not timetabled	
W Javelin Throw A		W Javelin Throw B	
1 Alex Elliott	NW 21.61	Not timetabled	
2 Mariella Catton	WIR 15.03		
3 Nicole Garner	LVP 13.73		
W Long Jump A		W Long Jump B	
1 Sian Kelman	CTS 5.61	1 Amy Hankinson	NW 4.17
2 Alex Elliott	NW 4.84		
W Shot Putt A		W Shot Putt B	
1 Lauren Hunt	CTS 9.50	Not timetabled	
2 Jenna Sherratt	NW 9.37		
3 Mariella Catton	WIR 8.16		
W Triple Jump A		W Triple Jump B	
1 Amy Hankinson	NW 9.65	1 Grace Stewart	LVP 8.45
2 Heather Drillington	SHS 9.01		
3 Toria Swift	LVP 8.48		

W 4x100m Relay

1 NW 53.1 1 Emma Roberts 2 Alex Elliott
 3 Rebecca Nuttall 4 Hannah Pendlebury

M 4x100m Relay

1 LVP 46.3 1 Ross Nelms 2 Callum Burns
 3 Harry Doran 4 Nathan Hilton
2 NW 48.1 1 Adam Williams 2 Scott Roberts
 3 Cynan Evans 4 Daniel Burton
3 CTS 51.5 1 Lewis Emmitt 2 Liam Clowes
 3 Tom Booth 4 Tom Walley

M 4x400m Relay

1 LVP 3.39.3 1 Wayne Ashall 2 Ross Nelms
 3 Harry Doran 4 Nathan Hilton
2 NW 3.53.5 1 David McArdle 2 Callum Bennett
 3 Lewis Myatt 4 Thomas Snowdon

After 27 of 38 events

	Event	Lge
1 North Wales	388	8
2 Cheshire Tigers AC	271	7
3 Liverpool Pemb & Sefton H	200	6
4 St. Helens Sutton AC	157	5
5 Wirral AC	101	4
6 Southport Waterloo	0	0

Athlete of the Match

Sian Kelman CTS LJ 5.61
Harry Doran LPS 400m 50.4

NJL Northern Mersey Div Round:4 GUEST EVENTS
Connah's Quay, Deeside, Sun 27 July 2008

400m		400m	
1 Tom Snowden	NWA 58.1	1 Alan Littler	CTS 60.5

200
1 Danny Meadows CTS 26.7

Team	CTS	LVP	NW	SPW	SHS	WIR	POINTS			
							Used	Waste	Tot	
No's	1 11	2 22	3 33	4 44	5 55	6 66	66	66	66	66

M 100m	A	11	9	6	0	7	8	41	5	46
	B	7	9	5	0	0	6	27	7	34
Cumulative		18	18	11	0	7	14	68	12	80

M 200m	A	9	11	6	0	7	8	41	5	46
	B	0	0	9	0	0	0	9	25	34
Cumulative		27	29	26	0	14	22	118	42	160

M 400m	A	8	11	9	0	0	0	28	18	46
	B	7	9	6	0	0	0	22	12	34
Cumulative		42	49	41	0	14	22	168	72	240

M 800m	A	11	0	9	0	8	0	28	18	46
	B	0	0	0	0	9	0	9	25	34
Cumulative		53	49	50	0	31	22	205	115	320

M 1500m	A	0	0	9	0	0	11	20	26	46
	B	0	0	0	0	0	0	0	0	0
Cumulative		53	49	59	0	31	33	225	141	366

M 3000m	A	0	0	11	0	0	0	11	35	46
	B	0	0	9	0	0	0	9	25	34
Cumulative		53	49	79	0	31	33	245	201	446

M 110mH	A	9	0	8	0	11	0	28	18	46
	B	0	0	9	0	0	0	9	25	34
Cumulative		62	49	96	0	42	33	282	244	526

M 400mH	A	11	0	8	0	9	0	28	18	46
	B	0	0	9	0	0	0	9	25	34
Cumulative		73	49	113	0	51	33	319	287	606

M 2000Sc	A	8	0	9	0	11	0	28	18	46
	B	0	0	9	0	0	0	9	25	34
Cumulative		81	49	131	0	62	33	356	330	686

M DT	A	11	0	9	0	0	0	20	26	46
	B	9	0	0	0	0	0	9	25	34
Cumulative		101	49	140	0	62	33	385	381	766

M HT	A	0	0	0	0	0	0	0	0	0
	B	0	0	0	0	0	0	0	0	0
Cumulative		101	49	140	0	62	33	385	381	766

Team	CTS	LVP	NW	SPW	SHS	WIR	POINTS			
							Used	Waste	Tot	
No's	1 11	2 22	3 33	4 44	5 55	6 66	66	66	66	

M HJ	A	7	11	8	0	9	0	35	11	46
	B	0	0	9	0	0	0	9	25	34
Cumulative		108	60	157	0	71	33	429	417	846

M JT	A	11	0	9	0	0	0	20	26	46
	B	9	0	0	0	0	0	9	25	34
Cumulative		128	60	166	0	71	33	458	468	926

M LJ	A	11	7	8	0	9	0	35	11	46
	B	0	0	0	0	9	0	9	25	34
Cumulative		139	67	174	0	89	33	502	504	1006

M PV	A	0	0	0	0	0	0	0	0	0
	B	0	0	0	0	0	0	0	0	0
Cumulative		139	67	174	0	89	33	502	504	1006

M SP	A	11	0	0	0	0	0	11	35	46
	B	0	0	0	0	0	0	0	0	0
Cumulative		150	67	174	0	89	33	513	539	1052

M TJ	A	0	0	11	0	0	0	11	35	46
	B	0	0	9	0	0	0	9	25	34
Cumulative		150	67	194	0	89	33	533	599	1132

W 100m	A	11	0	9	0	0	0	20	26	46
	B	9	0	7	0	0	0	16	18	34
Cumulative		170	67	210	0	89	33	569	643	1212

W 200m	A	9	0	11	0	8	0	28	18	46
	B	0	0	9	0	0	0	9	25	34
Cumulative		179	67	230	0	97	33	606	686	1292

W 400m	A	0	0	11	0	0	0	11	35	46
	B	0	0	0	0	0	0	0	0	0
Cumulative		179	67	241	0	97	33	617	721	1338

W 800m	A	0	9	0	0	11	0	20	26	46
	B	0	0	0	0	0	0	0	0	0
Cumulative		179	76	241	0	108	33	637	747	1384

W 1500m	A	0	0	0	0	0	11	11	35	46
	B	0	0	0	0	0	0	0	0	0
Cumulative		179	76	241	0	108	44	648	782	1430

W 3000m	A	11	9	0	0	0	0	20	26	46
	B	0	0	0	0	0	0	0	0	0
Cumulative		190	85	241	0	108	44	668	808	1476

Team	CTS	LVP	NW	SPW	SHS	WIR	POINTS			
							Used	Waste	Tot	
No's	1 11	2 22	3 33	4 44	5 55	6 66				

W 100mH A	0	0	0	0	0	0	0	0	0	0
B	0	0	0	0	0	0	0	0	0	0
Cumulative	190	85	241	0	108	44	668	808	1476	

W 400mH A	0	11	9	0	0	0	20	26	46	
B	0	0	0	0	0	0	0	0	0	0
Cumulative	190	96	250	0	108	44	688	834	1522	

W 1500Sc A	0	0	0	0	0	0	0	0	0	0
B	0	0	0	0	0	0	0	0	0	0
Cumulative	190	96	250	0	108	44	688	834	1522	

W DT A	11	8	9	0	0	0	28	18	46	
B	0	9	0	0	0	0	9	25	34	
Cumulative	201	113	259	0	108	44	725	877	1602	

W HT A	0	0	0	0	0	0	0	0	0	0
B	0	0	0	0	0	0	0	0	0	0
Cumulative	201	113	259	0	108	44	725	877	1602	

W HJ A	0	0	11	0	0	0	11	35	46	
B	0	0	0	0	0	0	0	0	0	0
Cumulative	201	113	270	0	108	44	736	912	1648	

W JT A	0	8	11	0	0	9	28	18	46	
B	0	0	0	0	0	0	0	0	0	0
Cumulative	201	121	281	0	108	53	764	930	1694	

W LJ A	11	0	9	0	0	0	20	26	46	
B	0	0	9	0	0	0	9	25	34	
Cumulative	212	121	299	0	108	53	793	981	1774	

W PV A	0	0	0	0	0	0	0	0	0	0
B	0	0	0	0	0	0	0	0	0	0
Cumulative	212	121	299	0	108	53	793	981	1774	

W SP A	11	0	9	0	0	8	28	18	46	
B	0	0	0	0	0	0	0	0	0	0
Cumulative	223	121	308	0	108	61	821	999	1820	

W TJ A	0	8	11	0	9	0	28	18	46	
B	0	9	0	0	0	0	9	25	34	
Cumulative	223	138	319	0	117	61	858	1042	1900	

W 4x1	0	0	11	0	0	0	11	35	46	
Cumulative	223	138	330	0	117	61	869	1077	1946	

W 4x4	0	0	0	0	0	0	0	0	0	0
Cumulative	223	138	330	0	117	61	869	1077	1946	

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|      Team| CTS | LVP | NW  | SPW | SHS | WIR |      POINTS      |
|      No's| 1 11| 2 22| 3 33| 4 44| 5 55| 6 66|Used Waste Tot|
|-----+-----+-----+-----+-----+-----+-----+-----+-----|
|M 4x1    |    8|   11|    9|    0|    0|    0| 28| 18| 46|
|Cumulative| 231| 149| 339|    0| 117|   61| 897|1095|1992|
|-----+-----+-----+-----+-----+-----+-----+-----+-----|
|M 4x4    |    0|   11|    9|    0|    0|    0| 20| 26| 46|
|Cumulative| 231| 160| 348|    0| 117|   61| 917|1121|2038|
|-----+-----+-----+-----+-----+-----+-----+-----+-----|
|      Add|   40|   40|   40|    0|   40|   40|   0|   0|   0|
| subtract|    0|    0|    0|    0|    0|    0|   0|   0|   0|
|Cumulative| 271| 200| 388|    0| 157|  101| 917|1121|2038|
|-----+-----+-----+-----+-----+-----+-----+-----+-----|
|      TOTALS| 271| 200| 388|    0| 157|  101| 917|1121|2038|
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Pos	Team	Points	Add	Sub	Total
1	North Wales	348	40	0	388
2	Cheshire Tigers AC	231	40	0	271
3	Liverpool Pemb & Sefton H	160	40	0	200
4	St. Helens Sutton AC	117	40	0	157
5	Wirral AC	61	40	0	101
6	Southport Waterloo	0	0	0	0
After 27 of 38 events					
Used + add - sub = total		917	200	0	1117
Unused points		1121			1121
(Used+unused)+add-sub=total		2038	200	0	2238

Team	1st	2nd	3rd	4th	5th	6th	1st	2nd	3rd	4th	5th	6th
NW	A 8	13	4	0	2	0	B 9	1	1	1	0	0
CTS	A 12	3	3	1	0	0	B 3	2	0	0	0	0
LVP	A 6	3	3	1	0	0	B 4	0	0	0	0	0
SHS	A 3	4	2	2	0	0	B 2	0	0	0	0	0
WIR	A 2	1	3	0	0	0	B 0	0	1	0	0	0
SPW	A 0	0	0	0	0	0	B 0	0	0	0	0	0

Men	Event	Women	Event
1 North Wales	212	1 North Wales	136
2 Cheshire Tigers AC	158	2 Cheshire Tigers AC	73
3=Liverpool Pemb & Sefton H	89	3 Liverpool Pemb & Sefton H	71
3=St. Helens Sutton AC	89	4=St. Helens Sutton AC	28
5 Wirral AC	33	4=Wirral AC	28
6 Southport Waterloo	0	6 Southport Waterloo	0